CANADA'S MOST RELIABLE NETWORK.†

BEST SURFING. START TO FINISH.™

Visit rogers.com/reliable for details.

ROGERS

†Most reliable network refers to call clarity and dropped calls (voice) and to session completion rate (data) as measured within Rogers HSPA footprint and comparing with competitors' voice and data 1xEvdo networks. Rogers HSPA network not available in all areas. See rogers.com/reliable for details. ™Rogers, Mobius Design & Best Surfing. Start to Finish. are trademarks of or used under license from or with permission of Rogers Communications Inc. or an affiliate. Google and the Google logo are trademarks of Google Inc. The HTC logo HTC Dream™ are trademarks of HTC Corporation used under license or with permission. All other brand names and logos are trademarks of their respective owners. © 2009 Rogers Wireless.

FRIDAY'S JACKPOT

Lotto MAX

$20 MILLION

estimated

The world's largest global newspaper

metro®

TO RSDAY, OCTOBER 8, 2009 met ca

50-70% off fall travel.*

Last day to save.

WESTJET

*Visit westjet.com for details.

Toronto man finds black widow spider

SURPRISE Brett James brought the mother of all show-and-tell novelties to his Yorkville office yesterday: A live black widow spider he had found in his fridge.

James was fetching a bunch of U.S. organic red seedless grapes Tuesday night when he discovered the dime-sized invader. It's not all that unusual for the venomous spider to a hitch a ride north.

In fact, the Canadian Food Inspection Agency has a section on their website with tips if you come across a black widow in your grapes.

TORSTAR NEWS SERVICE

RENE JOHNSTON/TORSTAR NEWS SERVICE

Oshawa Rock City KISS fans Jenny Cory, left, Kim Dufoe, Emma Sughrue and Jessy Dufoe ready for the big show in Oshawa last night. Earlier this year, Kiss asked fans to vote online for their hometown to be included in the band's next big tour. Oshawa finished first, but when the dates for the Kiss Alive 35 tour were announced, the city was left off the list. After a public outcry, the band said it always planned on playing Oshawa but hadn't finalized the date.

McGuinty blamed

Auditor general's eHealth report ties premier to problems

A lack of oversight by the Ontario government allowed consultants to run amok as the province spent $1 billion in the past decade trying to create electronic health records, a goal that is still years away, Auditor General Jim McCarter said yesterday.

McCarter's damning report into eHealth Ontario and its predecessor, Smart Systems for Health, also carte blamed the awarding of millions of dollars in untendered contracts to Premier Dalton McGuinty's role in the hiring of eHealth Ontario's chief executive.

Auditor General Jim McCarter

The board of directors at eHealth felt CEO Sarah Kramer had blanche to operate because she had been hired by chairman Alan Hudson "with the support of the premier," McCarter wrote in the 50-page special report.

"When you have a lack of oversight that's a lack of appropriate management," McCarter said.

In the legislature, Progressive Conservative Leader Tim Hudak attacked McGuinty's leadership on the wasted money and untendered contracts.

McGuinty responded by saying he would implement all of the auditor general's recommendations. THE CANADIAN PRESS

MORE COVERAGE, PAGE 3

B.C. cancer researchers make major discovery

SCIENCE In a world first, Canadian scientists have decoded all three billion letters in the DNA sequence of a metastatic breast cancer tumour and identified the mutations that caused the original tumour to spread.

The landmark study by researchers at the B.C. Cancer Agency is a major step towards unravelling the mysteries of how cancer begins and what makes it move to other parts of the body.

"I never thought I would see it in my lifetime," co-principal investigator Dr. Samuel Aparicio, head of the agency's breast cancer research program, said of the ability to decode the breast tumour's DNA.

Aparicio said the DNA-mapping should help researchers develop new breast cancer treatments based on the genetic makeup of both primary and metastatic tumours.

The study is the cover story in this week's issue of the prestigious journal Nature. THE CANADIAN PRESS

Drugs

- The lead investigator said the discovery has big implications for the development of new cancer drugs, which may need to be designed to deal with the various genetic mutations.

News on the Move

What's this barcode for?

Learn how to scan the barcode with the instructions at the top of pg 3

Comment pg 18

Dealing with the turkey dump

On the web

Visit metronews.ca for news updates

Aphrodite SPA & NAILS

GRAND OPENING TODAY!

APHRODITE SPA & NAILS - 43 Clock Tower Road

At the new 'Shops at Don Mills' *(Don Mills Rd south of Lawrence)*

Call today! 416-785-9208

STORE HOURS

Mon - Fri: 10 AM - 9 PM

Sat: 9:30 AM - 6 PM

Sun: 11 AM - 5 PM

Free Daily News Group Inc., operating as Metro Toronto 1 Concorde Gate, Suite 703, Toronto, Ontario M3C 3N6. Publisher: Bill McDonald

"AN EXUBERANT CAST!
THEIR POWER EXPLODES ON STAGE. FROM TENDER BALLADS TO AN EXPLOSIVE SOCCER GAME, THRILLS WITH JOY AND ENERGY!"
- GLORIA MARTIN, 680 NEWS

"A SHOW THAT GRABS AT YOUR HEART STRINGS AND CARRIES YOU THROUGH TO THE LAST MINUTE!"
- BEVERLY THOMSON, CANADA AM

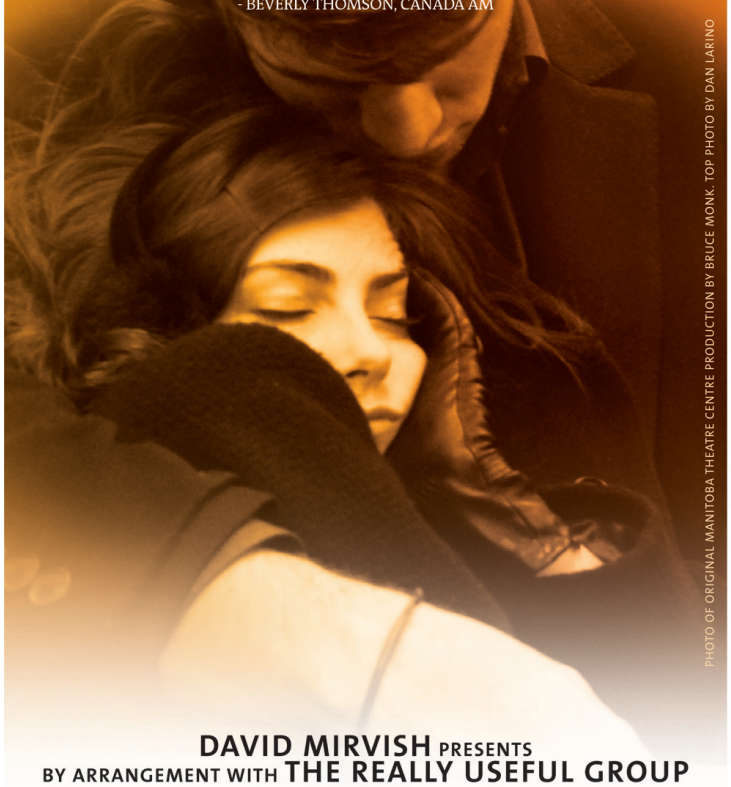


PHOTO OF ORIGINAL MANITOBA THEATRE CENTRE PRODUCTION BY BRUCE MONK. TOP PHOTO BY DAN LARINO

DAVID MIRVISH PRESENTS
BY ARRANGEMENT WITH THE REALLY USEFUL GROUP

THE BOYS IN THE PHOTOGRAPH

MUSIC
ANDREW LLOYD WEBBER

BOOK & LYRICS
BEN ELTON

NOW ON STAGE UNTIL NOV 1

ROYAL ALEXANDRA THEATRE
260 KING STREET WEST

416-872-1212 1-800-461-3333
MIRVISH.COM

AIR CANADA PRESENTING SEASON SPONSOR

PRODUCED IN ASSOCIATION WITH THE MANITOBA THEATRE CENTRE

The SOUND of MUSIC

PHOTO OF ELICIA MacKENZIE AND THE VON TRAPP CHILDREN BY GEORGEWHITESIDE.COM PHOTO OF BURKE MOSES BY CYLLA VON TIEDEMANN ORIGINAL TORONTO CAST

SO LONG, FAREWELL!
YOUR LAST CHANCE TO SEE THIS BREATHTAKING MUSICAL

FINAL BLOCK OF TICKETS NOW ON SALE
FOR PERFORMANCES UNTIL JANUARY 3, 2010!

PRINCESS OF WALES THEATRE
300 KING STREET WEST, TORONTO

416-872-1212 1-800-461-3333
mirvish.com

AIR CANADA OFFICIAL SPONSOR OF THE SOUND OF MUSIC CANADA

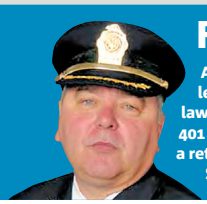
News on the Move IN THREE EASY STEPS

1 DOWNLOAD THE **FREE** SCANLIFE APPLICATION WITH YOUR SMARTPHONE AT 2DSCAN.COM

2 USE THE SCANLIFE APPLICATION ON YOUR SMARTPHONE TO SCAN 2D BARCODES IN METRO

3 THE CODES WILL DIRECT YOUR MOBILE BROWSER TO RELEVANT CONTENT AT M.METRONEWS.CA

Local



Fire official pleads guilty to speeding

A top Toronto fire official charged under street-racing laws has pleaded guilty to a lesser charge of speeding. Deputy Fire chief Daryl Fuglerud, 53, admitted through his lawyer in provincial court in Cobourg yesterday that he drove over the limit on Highway 401 near Port Hope in June. He was fined $343. Fuglerud was on his way to the funeral of a retired firefighter in the Kingston area when police clocked him driving a department SUV at 150 km/h.

TORSTAR NEWS SERVICE

AWARDS
METRO INTERNATIONAL
NEWSPAPER OF THE YEAR
2009 Festival of Media Awards

INDEX

Canada Pg 10
World Pg 15
Comment Pg 18
Sports Pg 22
Metro Homes Pg 25
Style Pg 38
Entertainment Pg 44
Celebrity Buzz Pg 53

New Online

Family matters

Everyone hates lawyers — until they need one for a divorce, says our new family law columnist Brahm Siegel. He makes his case for taking legal advice at **metronews.ca/familymatters**

metronews.ca
What's online today.

Video Garneau is new Liberal point man in Quebec, at **metronews.ca/canada**

Video Ontario government 'should have known' about scandal at eHealth, McGuinty says, at **metronews.ca/canada**

Lotteries

Lotto 6/49: 2, 4, 12, 24, 36, 38 Bonus 16
Ontario 49: 6, 16, 18, 21, 25, 42 Bonus 33
Ontario Pick 3: 2 3 3; Ontario Pick 4 : 9 0 7 7
Encore: 4214085
Daily Keno: 11, 12, 14, 16, 20, 21, 22, 28, 31, 35, 37, 39, 41, 46, 49, 54, 60, 64, 70
These results are not official.

ADVERTISE TODAY!
1 888 91 metro (63876)

Premier shuffles cabinet

Critics clamour for former health minister's head as well

Premier Dalton McGuinty's right-hand man must share the blame and step down in the wake of a scathing report on troubled eHealth Ontario that prompted another senior minister to quit, critics demanded yesterday.

Deputy premier George Smitherman presided over health for four years before David Caplan took over as health minister in 2008, and should also take responsibility for the millions of dollars wasted in the push to create electronic health records under his watch, opposition parties said.

"It seems very clear … that David Caplan simply got caught carrying a lot of George Smitherman's dirty laundry," said Conservative Leader Tim Hudak.

At the same time as auditor general Jim McCarter was delivering his damning report, Deb Matthews was being sworn in behind closed doors as Caplan's replacement.

Laurel Broten, a former environment minister who had languished for years in the Liberal backbenches, took over Matthews's job as minister of children and youth services.

McGuinty defended his choice in allowing Caplan to take the fall, suggesting it was his job as the current health minister to offer his resignation, not Smitherman's.

THE CANADIAN PRESS

m.metronews.ca

Scan this barcode for more Local news on your smartphone.
Learn how to scan the barcode with the instructions at the top of this page.

News in brief

CONTRACTS The auditor general's report criticizes how sole-sourced contracts were awarded. It notes that eHealth's procurement policies allowed sole-source contracts in urgent circumstances, or when only one vendor was available. "The sole-source contracts we reviewed did not meet these criteria," it says. In one case, despite the appearance of a tendering process, "senior management knew to whom it wanted to award the contract." A firm was selected as the successful bidder, although its bid price of $3.1 million was more than five times higher than another qualified bidder's.

TORSTAR NEWS SERVICE

TONY BOCK/TORSTAR NEWS SERVICE

Premier Dalton McGuinty leaves a press conference yesterday with reporters still shouting questions at him, after Auditor General Jim McCarter released his report into the funding of eHealth.

4 changes McCarter would like to see

Four recommendations Auditor General Jim McCarter makes in his report:

1 **Strategic plan:** eHealth Ontario should develop a comprehensive plan that addresses the electronic health record (EHR) target, takes Ontario beyond 2012, and lays out the path for its implementation by 2015.

2 **Accountability:** Three mechanisms should be established — the board of directors should specify the performance, operational and financial information they need from senior management to meet oversight responsibilities; benchmarks, including timelines and estimated costs, should be established; progress towards it should be in writing to the board and the health minister.

3 **External consultants and internal expertise:** A project-resourcing plan should be developed that ensures that internal staff are hired to oversee completion of the EHR.

4 **Procurement policies:** Review and approval mechanisms should be established to ensure that procurement policies are followed and that any exceptions are made for sound business reasons.

TORSTAR NEWS SERVICE

Cancer Care had same problems, audit finds

DOCUMENTS A new audit of Cancer Care Ontario shows the provincial agency suffered from many of the same problems that plagued eHealth Ontario.

The Liberal government released thousands of pages of documents from Cancer Care yesterday at the exact moment the auditor general was releasing his report into untendered contracts and expense abuses at eHealth and the Ministry of Health.

Government officials dumped a third box full of thousands of more pages of Cancer Care documents at 6 p.m., saying they weren't ready when the others were delivered to reporters.

Some of the newly released documents show that Cancer Care spent nearly $75 million on consultants over the last two years, but didn't always follow the rules on competitive tendering. The just completed audit found one consulting firm received single-sourced contracts from the agency worth $18.7 million over a three-year period.

THE CANADIAN PRESS

Audit

- The audit found none of the expenses billed by consultants at Cancer Care were pre-approved and almost none were backed up by receipts.
- Other documents show that several executives were paid hundreds of thousands of dollars each to leave Cancer Care this year.

FOR A LIMITED TIME
THE FOUR PACK IS BACK!
4 ADMISSIONS FOR ONLY $120 OR UPGRADE TO ROYALTY FOR $140
Must mention discount code **4PMET99** at time of purchase. Valid for any combination of 4 adult or child admissions. All 4 admissions must be applied to a single reservation with a single payment. Not valid with groups, special offers or other discounts. Not valid on holidays or special shows. Upgrade packages are additional. Valid only at the Toronto Castle. Some restrictions may apply. **Offer expires 9/27/2009.**
1-888-WE-JOUST
MEDIEVALTIMES.COM
10 Dufferin St. Exhibition Place
Toronto, ON
Medieval Times®
DINNER & TOURNAMENT

Police seek suspects in stabbing

Toronto police are looking for at least two male suspects who stabbed a 17-year-old in a parking lot at Jane Street and Finch Avenue West on Tuesday evening. Police said a fight had broken out before the victim was stabbed twice. TORSTAR NEWS SERVICE

Khadr a concern for Feds: Files

The Harper government has taken a keener interest in the simmering Omar Khadr file than it publicly lets on, newly obtained documents indicate.

The Conservatives have repeatedly rebuffed calls to bring the Toronto-born teen home from a U.S. military prison, saying American proceedings against Khadr must run their course.

But it seems much more has been happening behind the scenes.

Records obtained under the Access to Information Act show federal officials sent at least five diplomatic notes to the United States about the Khadr case over a one-year period shortly after the Tories took office.

Officials also buttonholed a visiting U.S. diplomat to raise concerns in January 2007, expressed frustration at lack of access to court documents, and weighed the legal aspects of subjecting Khadr to judicial proceedings in Canada.

The Canadian Press obtained hundreds of pages of heavily censored records about the Khadr case from the Foreign Affairs Department. It took a complaint to the federal information commissioner to dislodge the files, initially requested in early May 2008.

Khadr, 22, is being held by the Americans at Guantanamo Bay for allegedly throwing a grenade that killed a U.S. soldier in Afghanistan seven years ago. THE CANADIAN PRESS

Legal advice

- The files reveal government lawyers have provided secret advice on the Khadr case in the face of pressure from rights groups, parliamentarians, and academics to intervene more forcefully.

CLARINS
THE RIGHT TO CHOOSE
ONLY AT THE BAY

On now until October 17th, 2009
With the purchase of any two CLARINS products, one of which is skin care, you will get to choose a **FREE** 2-week supply of CLARINS skin care products adapted for your skin type **(Value up to $70*).**
*One gift per person while quantities last. Values are based on our per mL and/or g price for regular-sized products.

YOUR CHOICE:

REGENERATING

SUPER RESTORATIVE

NORMALIZING

HYDRATING

ASK FOR YOUR 2ND GIFT!
Reveal your beauty with a **FREE** 20-minute discovery treatment.
Book your appointment with your Clarins beauty advisor.

For your purchase, may we suggest:
CLARINS Multi-Active Skin Renewal Serum 30 mL **$63**

PLUS, ONLY AT THE BAY WITH YOUR **CLARINS GIFT,** RECEIVE A
15% OFF SAVINGS CARD†
on women's fashions by **JONES NEW YORK Collection,** Signature & Sport fall fashions. Off our regular prices.

the Bay

†Redeemable only at the Bay until Oct. 15th, 2009. Offer excludes Jones New York Luxe and Jones New York Sport with 99¢ price endings. This offer is valid only with your Clarins Right to Choose promotion purchase.

Showbiz **The latest addition**

JOHN R. KENNEDY/FOR METRO NEWS

Jason Priestley and his wife Naomi arrive at Pearson airport last night with their daughter Ava, 2, and two-month-old son Dashiell. The 40-year-old actor will walk the red carpet tonight at the Bell Celebrity Gala in support of the SickKids Foundation.

Kuebler dropped from Khadr's team of lawyers

LAW A high-profile lawyer appointed by the Pentagon to defend Canadian Omar Khadr against charges he killed an American soldier was dismissed yesterday amid accusations he put his own interests before those of his client, and two civilian lawyers appointed to the case.

At a hearing in Guantanamo Bay, Lt.-Cmdr. Bill Kuebler, who became a familiar face and voice in advocating for Khadr, was formally dropped from the defence team, which has been racked by infighting over the past year.

High-powered Washington, D.C., attorney Barry Coburn and partner Kobie Flowers were formally appointed to take over the complex file.

Dennis Edney, one of Khadr's Canadian lawyers, expressed satisfaction with the dismissal.

"Mr. Kuebler was relieved by U.S. authorities and by Mr. Khadr, (which had) very much to do with the fact that he put his own self-interest at the expense of a legal-team approach to assist Mr. Khadr," Edney said.

"We brought on new civil lawyers. It is my belief that this will be clearly a stronger team."

Edney said he invited Coburn, who is working pro bono, to join the team in the belief it would benefit Khadr. THE CANADIAN PRESS

Dogs may hit city beaches — in winter

PETS After a fight broke out over a ban on dogs at a Toronto beach last year, the city has come up with a new compromise proposal — allowing leashed dogs on swimming beaches during the winter months.

The proposal, which goes to the parks and environment committee for consideration Oct. 15, says dogs on leashes should be allowed from Nov. 1 to March 31 on the city's 11 swimming beaches, including those with the special blue flag designation, which connotes an especially clean beach.

That would give dog owners and commercial dog walkers access during the cold months while ensuring the city would have enough time to clean up before swimming season begins.

Last year, city council approved a ban on dogs at Kew-Balmy beach, which got the blue flag designation last year. It had previously been a popular off-leash area in the winter.

TORSTAR NEWS SERVICE

DANIER
leather factory outlet

ONE WEEK ONLY!

YELLOW DOT SALE

TAKE AN EXTRA 20% OFF

THE LOWEST TICKETED PRICE ON ALL CLEARANCE MERCHANDISE

1000'S OF ITEMS ALREADY REDUCED BY UP TO 70%

STARTS TODAY

FACTORY OUTLET LOCATIONS ONLY

AJAX	
durham centre	905-426-5181
ANCASTER	
meadowlands power centre	905-304-6436
BRAMPTON	
trinity commons power centre	905-789-6933
CAMBRIDGE	
cambridge power centre	519-620-2864
MARKHAM	
hwy. 7 & woodbine	905-940-4660
MISSISSAUGA	
heartland shopping centre	905-501-1333
winston churchill at hwy. 401	905-824-8073
DIXIE OUTLET MALL - NEW	905-486-0002
NIAGARA FALLS	
canada one	905-358-0127
PICKERING	
brock / 401 power centre	905-683-8886
SCARBOROUGH	
eglinton town centre	416-751-4083
TORONTO HEAD OFFICE FACTORY OUTLET	
2650 st. clair ave. w. at jane st.	416-762-6631
WOODBRIDGE	
westbridge shopping centre	905-264-6079

www.danier.com
danier customer service department
1-877-9danier

Police search for collision witnesses

Traffic police are looking for witnesses to a collision that hospitalized an elderly woman. On Tuesday the 85-year-old woman was crossing Centre Avenue when she was struck by a southbound Acura on Willowdale Avenue. TORSTAR NEWS SERVICE

ENE JOHNSTON/TORSTAR NEWS SERVICE

Yonge and Bloor streets will soon receive a scramble crossing, much like the one at Yonge and Dundas streets, shown here.

Yonge, Bloor set to scramble

CROSSING Starting Friday, pedestrians will be able to cross the intersection of Yonge and Bloor streets in any direction — north-south, east-west, or diagonally — when traffic lights give the signal.

Yonge and Bloor will become Toronto's second "scramble" crossing, following the intersection of Yonge and Dundas streets, which has had a scramble crossing since August 2008.

The signals allow vehicles to cross the intersection in one direction, and then the other, just as regular traffic lights do now.

But with the new signals there's a third phase that halts vehicles in all directions and allows pedestrians to cross any way they want, whether it's directly across or diagonally.

"We've been waiting for ages" for it, said Councillor Kyle Rae.

TORSTAR NEWS SERVICE

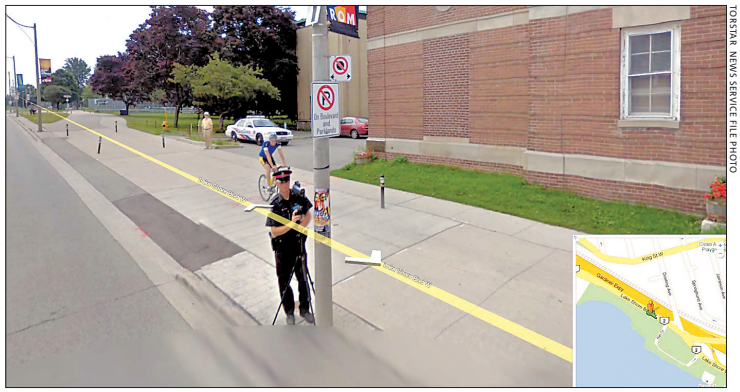
News in brief

DRUGS Det. Robin Dey said residents of 201 Sherbourne St., a concrete highrise building near Dundas Street East, tipped off police, allowing them to make a Monday drug bust. "It was nice to see the community come forward," said Dey. The bust netted 80 grams of marijuana and 240 grams of powder cocaine, police said. TORSTAR NEWS SERVICE

Toronto at your fingertips

Google Maps adds Big Smoke to its Street View application

Garfield Peart, owner of M&M Garage Door Services, was inside the garage of a home near Pearson International Airport about four months ago when he heard the voice of a child coming from the other side of the door he was installing.



TORSTAR NEWS SERVICE FILE PHOTO

A Google Street View frame of a radar trap on Lakeshore Boulevard. Toronto is one of the newest cities added to the popular application, which shows 360-degree snapshots of the city.

"Suddenly, a kid runs up," Peart said, "and he said, 'Sir, your van is on fire!' There was a window above the garage door; I went up top, and I look out, and yes, there it is, on fire — actually the van of the owner of the house — beside my truck. So I had to rush outside while the fire was gushing from the side of the van to move my truck. And as soon as I moved my truck, the van blew up."

Nobody was hurt in the explosion, so Peart laughed loudly when he was told why he was being asked about this peculiar chain of events so long after it unfolded: a Google Street View camera car, we now know, drove by the Robinglade Drive house minutes before the explosion, photographing the flames before Peart was made aware of them — and then, apparently, proceeding on its merry way.

Fortunately for the world, Google is better at creating cool things than at telephoning fire departments.

The company launched the GTA edition of Street View yesterday.

Using the free service, which can be accessed through Google Maps, Torontonians can view high-quality 360-degree snapshots of everything visible from almost every street in the city and its suburbs: homes, stores, parks, restaurants, tourist attractions, soon-to-be-toast vehicles.

As depicted by Street View, Toronto seems clean and orderly. Tourism honchos, however, will surely not be thrilled to see the municipal workers' strike memorialized by photos depicting Christie Pits as a dumpsite. And fans of the type of humour that is funny because it involves innocent people getting embarrassed by big corporations — and who isn't a fan, really? — will delight in a photo of a man in a loud sweatshirt walking away from an adult video store on Yonge Street.

TORSTAR NEWS SERVICE

Lust Conquers All.

The 2010 Chevrolet Camaro. Standard 304 horsepower, V6 engine. Plus you get the best coverage in Canada – 5 Year/160,000km powertrain component warranty including roadside assistance and courtesy transportation.Δ And if you don't love it, our 60-Day Satisfaction Guarantee lets you bring it back.‡ Put us to the test against anyone. And may the best car win. Visit chevrolet.gm.ca.

Chevrolet Camaro

CHEVROLET
MAY THE BEST CAR WIN.

ΔWhichever comes first, see your dealer for details. ‡Return between 30-60 days with less than 4,000km. Vehicle usage fee and other restrictions apply. Take retail delivery by 11/30/09.
*Chevrolet is a brand of General Motors of Canada, the Official Vehicle Partner of the Vancouver 2010 Olympic and Paralympic Winter Games. TM© 2009, VANOC. Used under Licence.

AK ANNE KLEIN

$69.99
The fall cardigan
Reg. $125-$135

PLUS,
40%off
All other **AK ANNE KLEIN** women's fall fashions
Off our regular prices.

Selection will vary by store.
Available in our AK Anne Klein department.

SALE STARTS OCTOBER 8TH UNTIL OCTOBER 15TH

the Bay

Attack of gay man prompts community support of victim

It's the immense outpouring of support for a Toronto-raised gay man who was beaten in what friends describe as a hate crime in Thunder Bay that reveals the true spirit of that community, not the attack itself, say friends and local politicians. John (Jake) Raynard, 30, was attacked by a group of men last month. THE CANADIAN PRESS

Muslim group wants to ban burka and niqab

COVERING Middle Eastern garments designed to cover a woman's face are "medieval" and "misogynist" symbols of extremism with no basis in Islam, a Canadian Muslim lobby group said yesterday as it urged Ottawa to ban the burka and the niqab.

The Muslim Canadian Congress called on the federal government to prohibit the two garments in order to prevent women from covering their faces in public — a practice the group said has no place in a society that supports gender equality.

"To cover your face is to conceal your identity," congress spokeswoman Farzana Hassan said.

The tradition of Muslim women covering their faces in public is a tradition rooted more in Middle Eastern culture than in the Islamic faith, Hassan added. THE CANADIAN PRESS

Cell video use questioned

Recording may have heightened problems, trustee says

An incident involving a student and police officer at a Toronto high school is raising questions about the role students' cell-phone videos may play in inflaming incidents.

A 16-year-old student was charged with assaulting a police officer at Northern Secondary on Friday — an arrest now viewed by thousands on YouTube — and has been transferred to another school, says the local trustee.

"(The student) seemed to be playing up to the camera when arrested."
Trustee Josh Matlow

While the arrest was said to be "for no reason" by the friend who posted it on the popular video-sharing website, Trustee Josh Matlow says the teen acted inappropriately and had "heckled" the officer beforehand.

"(The student) seemed to be playing up to the camera when arrested," said Matlow, who represents St. Paul's for the Toronto District School Board.

Const. Ali Moosvi, who was assigned to the school in September as part of a city-wide initiative that began in 2008 to build relationships between police and youth, acted responsibly and kept his cool despite being surrounded by a growing group of teens who hurled insults as the drama unfolded, Matlow said.

The officer returned to the school Monday.

Const. Wendy Drummond, a spokeswoman for Toronto police, said Moosvi saw a teen loitering in the hallway during classes and asked him for identification. After flashing his ID the student would not answer questions and fled from the officer, Drummond said. TORSTAR NEWS SERVICE

100% PERMANENT HAIR REMOVAL

A YOU YOU YOU!!! That's all OMI cares about and have proven it since 1979.

B The only dissatisfied clients OMI treats have come to us from others who overcharge for poor results or undercharge for no results.

Most ... of OMI consultations were treated by doctors and others without success. Don't waste your money like they did. Come to OMI first! (most OMI clients are male)

C Save Your Money! Come to OMI first!

OMI on Rogers TV Channel 5

EXCLUSIVELY

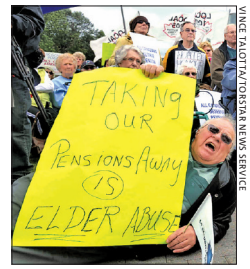
OMI MEDICAL INC.
416•223•5500
www.omihair.com
OPEN 7 DAYS A WEEK

Nortel employees demand pension protection

PROTEST Hundreds of Nortel's retired, long-term disabled and former employees gathered at Queen's Park yesterday.

They demanded that the provincial government step in to secure their rights to full and protected pensions, severance pay and benefits during the veritable yard sale of Nortel's global assets after the company entered creditor protection earlier this year.

Currently, under terms of the Companies' Creditors Arrangement Act, Nortel does not need to give notice of termination or severance pay, and people laid off in the current restructuring receive only 69 per cent of their earned pension assets. There are now more former Nortel employees receiving pensions in Ontario than are currently paying in. METRO NEWS SERVICES



VINCE TALOTTA/TORSTAR NEWS SERVICE

Nortel retirees rally at Queens Park for full pension benefits.

MEN & WOMEN NEEDED

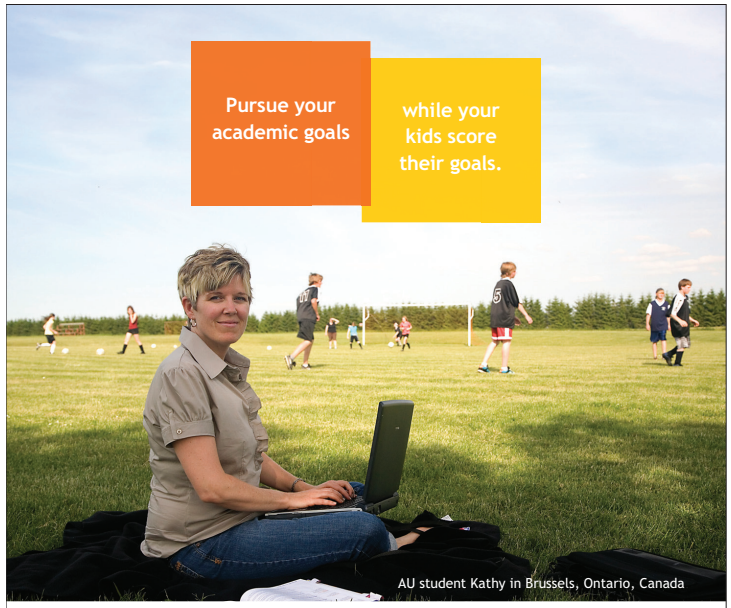
We are looking for healthy volunteers to participate in clinical studies

You may be financially compensated up to $2500 upon completion of the study

If you are 18 to 55 years old and want to see if you qualify please contact us

416.759.5554
1.866.759.5554
www.pharmamedica.com

PHARMA MEDICA RESEARCH INC.



AU student Kathy in Brussels, Ontario, Canada

Fit your degree into your schedule with Athabasca University.

▪ At Athabasca University, flexible study times mean you can spend time with your family, work at your job, and pursue your education as well. ▪ That's exactly what AU student Kathy is doing. She works full-time in the HR field, and is also pursuing her AU Bachelor of Human Resources and Labour Relations degree. ▪ Kathy fits in her study time at home at night, during her kids' sporting events, and even completed an essay during her vacation while sitting around the pool. ▪ Academic flexibility. Another reason why AU stands out as a global leader in distance learning excellence.

standout: www.athabascau.ca 1-800-788-9041

Athabasca University

Woman dies in car crash
A Pickering woman, 23, was killed after crashing on Highway 407. THE CANADIAN PRESS

CHRIS YOUNG/THE CANADIAN PRESS

Aaron Wheeler, a researcher at University of Toronto, poses for a photo at his work space yesterday. Canadian researchers have developed a prototype device that could one day be used to more quickly assess a woman's risk of developing breast cancer.

Chip could diagnose breast cancer

U of T researchers build prototype of 'lab-on-a-chip'

Canadian researchers have developed a "lab-on-a-chip" device that measures estrogen from minuscule samples of blood and tissue — a technology they believe could one day be used to more quickly assess a woman's risk of developing breast cancer.

While only a prototype now, scientists at the University of Toronto predict a more refined version of the gadget could become a routine screening tool in doctors' offices and clinics within five years.

The chip can analyze blood or tissue samples a thousand times smaller than those required for conventional laboratory testing, said co-principal investigator Aaron Wheeler. That would mean a small prick of a needle could capture enough for analysis, as opposed to drawing vials of blood or performing a scar-leaving tissue biopsy, possibly under general anesthetic.

The amount of blood or tissue needed for assessing levels of estrogen or other hormones would be comparable to "a droplet of rain on your windshield," said Wheeler, a professor of biomedical engineering.

"So what we've done is replace the technician and a several-hour procedure with what we call a lab-on-a-chip device," said Wheeler, noting that the technology can produce results in minutes.

The credit card-sized gadget uses a method called digital microfluidics. Minute droplets of fluid containing tissue are manipulated electrically on the surface to pull out the hormone so it can be measured. THE CANADIAN PRESS

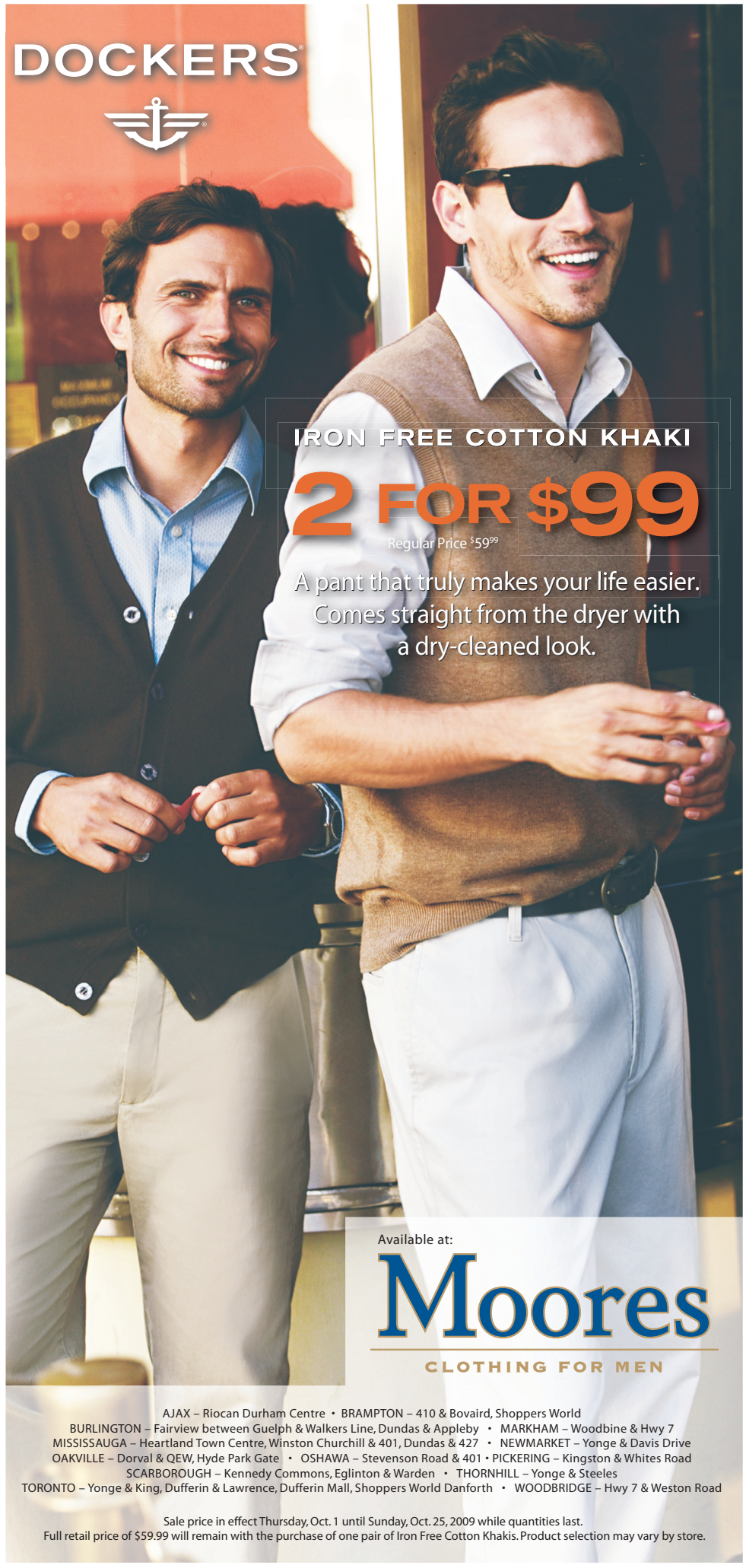
Councillor fights planned arena

HOCKEY Plans for a long-promised four-pad hockey arena in the waterfront area are moving ahead, but the latest proposal is already drawing criticism.

"It's stupid," said Coun. Adam Vaughan, who blasted the $34 million plan to build the arena in a prime spot at the corner of Don Roadway and Commissioners Street, just south of the Keating Channel.

The project, dubbed a regional sports complex, has already faced repeated delays, with the city stepping in last fall to take over construction from Waterfront Toronto. And the clock is ticking now because $12.3 million earmarked for the project by the federal government disappears if it can't be substantially completed by March 2011.

TORSTAR NEWS SERVICE



Flaherty seeks to stop banks from selling insurance online

The federal government intends to stop Canada's banks from using the Internet to promote and sell insurance on their websites. Finance Minister Jim Flaherty said yesterday he intends to pass legislation to make the practice illegal in the future. THE CANADIAN PRESS

Canada

Animal welfare reform urged

A government-led report on Quebec's puppy mill problem says the province must make major changes to its animal welfare rules. Among the recommendations in the report released yesterday is an increase in the number of inspectors that enforce the province's animal-health protection act. The province employs a skeleton crew of just five inspectors, compared with nearly 200 in Ontario. THE CANADIAN PRESS

Politicians get crack at tickets

Nearly 2,000 coveted seats bought on behalf of government

VANCOUVER 2010 **Games**

Members of Parliament and senators will be able to attend some of the most sought-after events at the Vancouver Olympics thanks to a $447,000 purchase of tickets by the Canadian Heritage Department.

A spokesman for Canadian Heritage said the parliamentarians will pay the department for the tickets, among nearly 2,000 Olympics and Paralympics tickets Heritage purchased on behalf of an undisclosed number of departments and agencies.

It was not immediately clear how many tickets will be available to the 304 current MPs and 105 senators.

A spokesman initially said politicians and their staff would be able to buy a majority of the 1,494 tickets, but later retracted the statement.

Olympics tickets are effectively sold out for Canadian residents after two intensive sales phases that included the use of a lottery because of demand.

DARRYL DYCK/THE CANADIAN PRESS

Of the 1.6-million tickets printed, only 896,000 were available to Canadian residents. The rest were reserved for government and corporate sponsors, Olympic and sport organizations of other countries, athletes and their families, media broadcasting the games, and residents of other countries.

Canadian Heritage concentrated its purchase on the most popular and expensive Olympic events, including the opening and closing ceremonies.

More than 1,200 of the Olympics tickets were for hockey, alpine skiing, figure skating, speed skating and curling, with smaller numbers for low-profile events such as luge, skeleton and cross-country skiing.

THE CANADIAN PRESS

Resales possible

- Anyone with much-coveted Olympic tickets wanting to resell them at a profit may be able to do so with the blessing of Vancouver 2010 organizers. The deputy CEO for the Games, Dave Cobb, says Games organizers will decide in the next few weeks whether to allow resellers to make money if they use the official Vancouver 2010 resale site.

m.metronews.ca

Scan this barcode for more Canada news on your smartphone.
Learn how to scan the barcode with the instructions at the top of pg 3

Broadcasters keeping $450M in licence fees

DEAL The federal government has agreed to forgive $450 million in fees it is owed by the country's broadcasters and cable industry, but will set up a new funding structure that would see them pay up to $100 million a year.

Ottawa said yesterday it will not seek the money held in escrow by the broadcasting industry on the so-called "Part 2 Licence Fees," which the government levies to raise money to help run Canadian airwaves and which have been bitterly disputed by the industry since they began in 1997.

"Under this settlement, our government is recommending that the CRTC develop a new, forward-looking fee regime that would be capped at $100 million per year," Heritage Minister James Moore said yesterday in a statement.

$910M

The amount paid to the federal government since the fee regime began in 1997, according to the Canadian Association of Broadcasters.

In return, the industry will drop a court action that claimed the fees were illegal because they exceeded the cost to the government of running the airways; it has also complained that the money went into general government coffers, unlike other fees.

The deal comes at a critical time for the industry, particularly over-the-air broadcasters, which have been hard hit by the recession and the splintering of advertising dollars.

THE CANADIAN PRESS

Calgary woman found guilty in death of teen daughter

CRIME A Calgary woman has been found guilty of manslaughter for strangling her 14-year-old daughter with a scarf after a judge ruled there was no evidence she was acting in self-defence.

Aset Magomadova had originally been charged with second-degree murder after her only daughter, Aminat, was found dead in the family's home.

Crown prosecutor Mac Vomberg argued it was obvious the woman meant to kill the girl because she would have had to apply pressure for several minutes to strangle her. Magomadova, a Chechen immigrant, testified she couldn't remember how long she tightened the scarf around her daughter's neck.

But Justice Sal LoVecchio ruled that the Crown failed to prove the mother intended to kill the girl, so he chose to convict the woman on the lesser charge.

The daughter was portrayed during trial as a troubled teenager with a history of violence, including assaulting a teacher and uttering threats to kill school staff.

THE CANADIAN PRESS

Mountie who used Taser did everything right, lawyer says

INQUIRY The RCMP officer who fired his Taser five times within seconds of confronting Robert Dziekanski at Vancouver's airport did everything right, his lawyer said yesterday at the inquiry into Dziekanski's death.

In his final submission to the inquiry, Ravi Hira said Const. Kwesi Millington was justified both when he used the Taser after Dziekanski picked up a stapler, and when he pulled the trigger four more times as the Polish immigrant screamed and writhed on the airport floor.

"Const. Millington acted in accordance with his training," said Hira.

"Const. Millington ... did not misconduct himself in any way." THE CANADIAN PRESS

"Are you kidding me? The big TV networks want me to pay up to an extra $120 a year to pad their profits?"

It's hard to believe Canada's big TV networks like CTV and Global are now asking the CRTC to impose a TV tax of up to $10/month on every cable and satellite subscriber in the country. Aren't these the same networks that made a combined total of almost $400 million in operating profit last year alone?

Come on Canada. Make your voice heard.

STOPtheTVTAX.ca

Bell BellAliant COGECO EASTLINK ROGERS TELUS

GET OUR EMPLOYEE FAMILY DISCOUNT...

THIS WEEK SAVE 10% 20% 30% UP TO 55% EMPLOYEE FAMILY DISCOUNT SALE!

DON'T PAY TIL APRIL, 2010 0% INTEREST FINANCING ASK FOR DETAILS IN-STORE

See our ONLINE FLYER: www.2001audiovideo.com

Canon 12.1 Megapixel Digital Still Camera

IN SILVER OR BLUE ...
- 4X Optical Zoom
- FACE DETECTION

A1100SIL/BLU
• movies w/ audio • USB • 2-1/2" LCD • motion detection • A/V output

WAS $199 SAVE $25
174.50 EA.
YOUR FAMILY PRICE

SAMSUNG 50" PLASMA HDTV COMPATIBLE 600Hz

WAS $1500 SAVE $506
994.00
YOUR FAMILY PRICE

PN50B430
Hi-Definition Plasma
• 2x HDMI inputs • 2,000,000:1 dynamic contrast • 100,000 Hr. Panel life • 600Hz sub-field drive • 1024 x 768 pixels • Game mode

SAMSUNG SMFX30 SERIES SD CARD CAMCORDER

• Easy uploads to YouTube

• CHOOSE FROM RED, BLUE OR SILVER

World class Schneider optics, 42X Intelli-Zoom Lens, Advanced Image Stabilizer and 720 x 480 pixel CCD with SDHC memory slot. Click on the Web & Mobile shooting mode and you have the exact format and resolution required by YouTube, giving you faster uploading for sharing with friends and family.

WAS $299 SAVE $52
247.99 EA.
YOUR FAMILY PRICE

SHARP AQUOS 32"

WAS $799 SAVE $205
594.00
YOUR FAMILY PRICE

LC32D47
Hi-Definition Ready LCD
• 3x HDMI inputs & PC input • 4 other video inputs • Energy Star compliant

LG 42" Full HD 1080p

WAS $1199 SAVE $311
888.00
YOUR FAMILY PRICE

42LH30
1080p Hi-Def LCD • 3x HDMI
• PC & USB Inputs • 1920 x 1080 pix. • SIMPLINK

DON'T FORGET ... NEW CELL PHONE LAW IN EFFECT OCT. 26

NOKIA Bluetooth MOBILE PHONE HEADSET & CHARGER

WAS $49 SAVE $20
29.99

BH101 • Easy to use & comfortable! • talk up to 8 hrs, up to 180 hours on standby • adjust the earloop to wear it nicely in either ear

• Includes charger (MODEL: DC4)

SONY BRAVIA 46" Full HD 1080p

WAS $1799 SAVE $504
1296.00
YOUR FAMILY PRICE

KDL46S510
1080p Hi-Defi LCD • 3x HDMI
• 4 other video inputs, PC Input • Detachable stand

SHARP AQUOS 52" Full HD 1080p

WAS $2199 SAVE $522
1677.00
YOUR FAMILY PRICE

LC52D65
1080p Hi-Def LCD • 5x HDMI
• PC Input • Dynamic Contrast of 10,000:1

LG Blu-ray DVD Player

WAS $249 SAVE $60
188.50
YOUR FAMILY PRICE

BD350 • HDMI Upscale to 1080p • Dolby sound • Multiformat playback includes DivX/JPEG etc.

5.1 Ch. ONKYO HOME THEATRE AUDIO SYSTEM

• Receiver, 5 speakers & Sub

FINAL CLEARANCE
FINAL CLEARANCE
399.99
YOUR FAMILY PRICE
(All with original manufacturers' warranty, including display models)

HTS3100 • 700W Total Power
• HDTV capable switching • Ipod compatible • 4x composite, 3x component inputs

Panasonic VIERA 54" PLASMA Full HD 1080p

60 payments of $57.00* AccordD Desjardins

WAS $3399 SAVE $923
2477.00 PKG. PRICE
YOUR FAMILY PRICE

(iPod NOT INCLUDED)

TCP54S1 **1080p Hi-Definition Plasma** • 3x HDMI Inputs
• SD card slot • 2,000,000:1 dynamic contrast • Energy star 3.0compliant

SCPT960 **Wireless rear speakers • 5.1 Ch.** • iPod dock
• Built-in 5-Disc DVD • Rear/Front spk. stands • HDMI with Viera Link • 1080p up-conversion • wireless multi-room spk. kit SH-FX85 (optional)

2001 AUDIO VIDEO

Ontario's Home Entertainment Experts ... www.2001audiovideo.com

TORONTO

1032 BLOOR ST. W.
(416) 536-2001

SCARBOROUGH

EGLINTON TOWN CENTRE
(416) 757-2008

SCARBOROUGH

1420 KENNEDY RD.
(416) 755-2001

MILTON

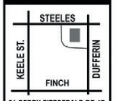
1155 MAPLE AVE.
(905) 864-9160

MISSISSAUGA

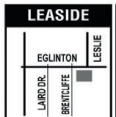
765 BRITANNIA RD. W.
(905) 567-7001

MISSISSAUGA

1995 DUNDAS E.
(905) 629-2001

NORTH YORK


81 GERRY FITZGERALD DR #7
(416) 663-2001

LEASIDE


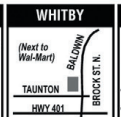
953 EGLINTON AVE E.
(416) 422-2004

NEWMARKET

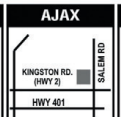
18166 YONGE ST.
(905) 895-3661

MARKHAM

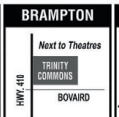
8502 WOODBINE AVE.
(905) 479-2001

WHITBY


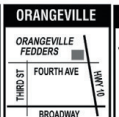
4160 Baldwin Street
(905) 655-2251

AJAX


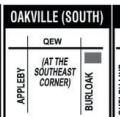
170 KINGSTON RD.
(905) 426-7499

BRAMPTON


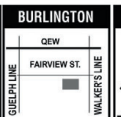
TRINITY COMMONS
(905)-799-2092

ORANGEVILLE


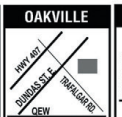
65 FOURTH AVE #C2
(519) 941-2051

OAKVILLE (SOUTH)


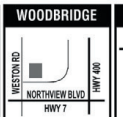
3517 Wycroft Rd.
(905) 469-2210

BURLINGTON


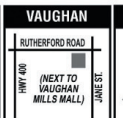
3350 FAIRVIEW ST.
(905) 637-2003

OAKVILLE


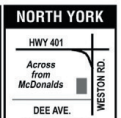
2431 TRAFALGAR RD
(905) 257-5701

WOODBRIDGE


7887 WESTON #1&2
(905) 264-0300

VAUGHAN


9100 JANE ST.
(905) 761-7660

NORTH YORK


2610 WESTON RD.
(416) 245-2001

ALSO LOCATED IN: ***BARRIE:*** 56 BARRIE VIEW DR. UNIT 3 (705) 726-3633 • ***CAMBRIDGE:*** 55 PINEBUSH RD. (519) 624-8791 • ***KITCHENER:*** 4396 KING ST. E. (HWY 8) (519) 650-2001 • ***LONDON:*** WELLINGTON SOUTHDALE PLAZA (519) 685-2001
For CLEARANCE DEALS ... Visit our ***CLEARANCE CENTRE*** 1911 KENNEDY RD. (416) 299-4021 • ***CORPORATE PURCHASES*** 905-532-9844 • ***FOR PROFESSIONAL INSTALLATION CALL:*** 416-755-0600 Ext. 21

STORE HOURS:
MON TO FRI 10-9
SATURDAY 9:30-6
SUNDAY 11-5:30

*PRICE GUARANTEE REFERS TO OTHER AUTHORIZED DEALER'S "ADVERTISED" PRICES ON IN-STOCK MERCHANDISE ONLY." WE WILL BEAT AUTHORIZED DEALERS' "ADVERTISED PRICE" UNDER SAME TERMS & CONDITIONS BASED ON LOCATION SPECIFIC "IN-STOCK" SUPPLY. OUR GUARANTEE DOES NOT INCLUDE COMPETITORS "INTERNET PRICING", OR "TIMED SPECIALS, DOORCRASHERS, LIMITED QUANTITY SPECIALS, ADDED VALUE GIVE-AWAY" PROMOTIONS. BONUS OFFER IS 1-PER CUSTOMER. NOT VALID WITH ANY OTHER PROMOTIONAL OFFER OR PREVIOUS PURCHASES. "FLOOR MODEL" & "CLEARANCE" ITEMS SUBJECT TO PRIOR SALE. INVENTORY MAY VARY BY STORE & IS SUBJECT TO PRIOR SALE. †† **DON'T PAY TIL 2010: 0% Financing** O.A.C.. **No Payment till Mar./2010** where indicated in this ad. Enjoy what you want today! Taxes down. Administration fees are $99.99 on items over $1000.00 / $49.99 on items under $999.99. Unpaid balances are calculated at an interest rate of 13.50%.ASK US IN-STORE ABOUT: * **TAKE UP TO 60 MONTHS TO PAY** – EQUAL MONTHLY PAYMENTS: Taxes must be paid at time of purchase. On approved credit only. FINANCING NOT AVAILABLE AT OUR 3 SCARBOROUGH LOCATIONS. HDTV Sources available separately.

Man accused of online luring

A Halifax man is facing Internet luring charges as a result of a week-long investigation by municipal police and the RCMP. Edgar Troy Barrington, 33, was arrested at a Halifax residence. THE CANADIAN PRESS

Body bags: It wasn't 'ill will'

No sign of "ill will." That's the finding of a probe into why dozens of body bags were sent to some Manitoba reserves.

Flu Outbreak

Health Canada investigated last month's body bag shipment — what some took as a grim prognosis for the flu season.

It acknowledges the order of body bags for a remote nursing station was "disproportionately high in comparison to quantities in stations across the country."

Leona Aglukkaq

But its report says that's because nursing stations were advised to "order generously and fill supply rooms" ahead of a possible second wave of the H1N1 influenza virus (also known as swine flu).

"While body bags are an important medical supply (e.g., to prevent transmission of infection from a deceased person to others), the amount ordered for Wasagamack was a clear over-estimation," the report says.

"There was no evidence, however, of ill will …"

The nurse in charge for the Wasagamack First Nation in northern Manitoba initially ordered 100 body bags. Only 38 were delivered.

But that was still more body bags than other nursing stations on reserves.

Health Minister Leona Aglukkaq said she's satisfied with the findings: "I am confident everything possible has been done to ensure that it will not happen again."

THE CANADIAN PRESS

ADRIAN WYLD/THE CANADIAN PRESS

Liberal Leader Michael Ignatieff pats Quebec MP Pablo Rodriguez on the back on Parliament Hill yesterday after he was elected as the chair of the Quebec caucus. With them, is former astronaut Marc Garneau, who is to become Ignatieff's point man in Quebec.

Garneau soars as Iggy's man

POLITICS Former astronaut Marc Garneau is Michael Ignatieff's new point man in Quebec.

The Liberal leader has chosen Garneau, a "Canadian hero" and Montreal MP, to be his representative in the province.

Garneau ostensibly replaces Denis Coderre, who quit in a huff as Ignatieff's Quebec lieutenant after the leader overruled his choice of candidate for the Outremont riding.

But Garneau's powers will be considerably less than those of Coderre.

Garneau, though, is a stark contrast to the brash Coderre, a bare-knuckle, hyper-partisan politician.

After his appointment, Garneau resigned as chairman of the Liberals' Quebec caucus.

Montreal MP Pablo Rodriguez replaces him.

THE CANADIAN PRESS

Mom charged after infant left in car at casino

PARENTING A 32-year-old woman has been charged with abandonment after allegedly leaving her baby in a car in a casino parking lot.

Police say they responded to a report yesterday of an infant left in a vehicle at the OLG Slots at Kawartha Downs, just outside Peterborough.

They allege the eight-month-old boy had been left unattended and secured in a child safety seat for about 50 minutes.

The mother was to appear in court in Peterborough today.

The infant has been turned over to his father and police say the Children's Aid Society is assisting with the investigation. THE CANADIAN PRESS

News in brief

TRADE Canada is asking the World Trade Organization to intervene in a dispute with the United States over cattle and hog exports. Ottawa says U.S. curbs impose unfair and unnecessary costs on Canadian exports. THE CANADIAN PRESS

BEST BUY CELLULAR POINT FUTURE SHOP Walmart Zellers

Koodo shop

Bramalea City Centre, Burlington Mall, Cambridge Centre, Centerpoint Mall, Devonshire Mall, Dixie Outlet Mall, Dufferin Mall, Eastgate Square, Fairview Mall, Fairview Park Mall, Georgian Mall, Lime Ridge Mall, Lynden Park Mall, Mapleview Shopping Centre, Markville Shopping Centre, Masonville Place, Northgate Shopping Centre, Oakville Place, Oshawa Centre, Pen Centre, Pickering Town Centre, Scarborough Town Centre, Sherway Gardens, Square One, Stone Road Mall, Tecumseh Mall, The Promenade, Toronto Eaton Centre, Upper Canada Mall, Vaughan Mills, Westmount Shopping Centre, White Oaks Mall, Woodbine Centre, Yorkdale Mall

(1) Subject to approved credit.

SUV rollover kills one near Kitchener
One person has died after an SUV rollover on Highway 7/8 west of Kitchener. Police say an eastbound SUV drove onto the right shoulder of the highway east of Wilmot Centre Road. THE CANADIAN PRESS

UN wants aircraft to fly into green zone

ENVIRONMENT The United Nations body that oversees civil aviation is putting the finishing touches to a plan that would see it aim to slash carbon emissions from the world's aircraft by 60 per cent by mid-century.

The International Civil Aviation Organization plan calls for more energy-efficient aircraft engines, operational improvements at airports and better navigational corridors to make flights shorter so planes will consume less fuel.

"We may never have another opportunity such as this one to influence global decisions affecting aviation and climate change," president Roberto Kobeh Gonzalez said yesterday. "We have to do our share to protect life on the planet."

The organization is holding high-level meetings in Montreal to hone its set of proposals for a climate summit later this year in Copenhagen.

The ICAO governing council approved, in June, the broad goal of a 13 per cent cut from 2005 emission levels by 2012, a 26 per cent cut by 2020, and a 60 per cent cut by 2050.

The countries at the three-day meeting represent 85 per cent of civil aviation traffic in the world.

THE CANADIAN PRESS

News in brief

SMUGGLING People would have got a real charge out of a shipment of mobile phones from China. Canada Border Services Agency says officers found a shipment of prohibited stun guns disguised as cellphones when they examined a package that arrived in Vancouver. The package was destined for Hamilton. A man has been charged.

CRIME Police are asking people in northeast B.C. to be vigilant as a deadline draws near on a self-imposed "ceasefire" from a person claiming to be responsible for six unsolved pipeline bombings over the last year. THE CANADIAN PRESS

Afghan torture quiz in limbo

In Commons, Harper denies legal delays amount to obstruction

SEAN KILPATRICK/THE CANADIAN PRESS

Military Police Complaints Commission chair Peter Tinsley walks past a row of documents relating to the alleged torture of Afghan prisoners.

A military watchdog has adjourned public hearings into the alleged torture of Afghan prisoners while lawyers battle over the scope of its investigation.

The chair of the Military Police Complaints Commission, Peter Tinsley, said he would rule next week on whether the hearings will continue.

A Federal Court ruling slapped restrictions on the commission last month.

But an appeal throws the current investigation into limbo.

The commission has been probing what military police knew about the possible abuse of prisoners Canadian soldiers handed over to Afghanistan.

Prime Minister Stephen Harper denied in the Commons that the legal moves amount to obstruction.

"The government's been very clear in its intention to co-operate at every stage with this commission," Harper said in response to a question.

THE CANADIAN PRESS

Saving couldn't be easier for you.

And the guy reading over your shoulder.

Yeah, you.

Turn 5 debit purchases a week into $910 in annual savings* with our free *Bank The Rest*® savings program. Visit your local branch to find out how.

banktherest.com

® Registered trademarks of The Bank of Nova Scotia.
* Based on debit purchases using your *ScotiaCard* of $6.50, 5 times a week, rounded up to the next multiple of $5.

You're richer than you think.®

Scotiabank®

B.C. government picks Surrey for new jail

Surrey, B.C., will be the home of Metro Vancouver's new 180-cell, 360-person jail. The facility was originally slated for Burnaby, B.C., but a public outcry last spring forced the B.C. government to seek other locations. THE CANADIAN PRESS

| The Right People
| The Right Skills
| The Right Attitudes

NATIONAL CAREER EVENT
WHERE LEADING ORGANIZATIONS RECRUIT SKILLED PROFESSIONALS
Sponsored by
THE GLOBE AND MAIL
A multitude of career opportunities!
Come Fast Track your Career!
Hilton Toronto
145 Richmond Street West
October 14th, 2009
From 9:30 a.m.
to 4:30 p.m.
Free Entrance
Bring many copies of your résumé!
Baxter
Public Works and Government Services Canada
Travaux publics et Services gouvernementaux Canada
Canada
toronto hydro corporation
metro
CASIP
Toronto
Ottawa
Montreal
Quebec City
10 YEARS
NATIONAL CAREER EVENT
Register now! www.nationalcareerevent.com

Trucker gets 8 years

A cement truck driver who killed five people when he rear-ended and completely demolished their car listened intently but showed no emotion as he was sentenced yesterday to eight years in prison.

But Daniel Tschetter, who was convicted of five counts of manslaughter, will serve no more than 5½ years.

Judge Bruce Fraser reduced the sentence because Tschetter had tried to plead guilty to criminal negligence causing death, which the judge said was essentially the same as the manslaughter charge. He also credited him with five and a half months for pre-trial custody.

Two adults and three children, including a toddler, were killed.

THE CANADIAN PRESS

Background

- Court was told Daniel Tschetter was speeding and driving his massive cement truck erratically for 20 km on Dec 7, 2007, before he slammed into a car stopped at a red light. Witnesses saw him throw a vodka bottle into the back of his truck.

Grimsby residents hunt meteorites

CAMERAS Astronomers at the University of Western Ontario are asking residents around Grimsby to help in the hunt for one or more possible meteorites.

The university says its network of all-sky cameras recorded a "brilliant fireball" over the west end of Lake Ontario on Sept. 25 at 9:03 p.m.

Camera images and other data indicate the meteoroid, originally the size of a tricycle, dropped meteorites that may weigh up to several kilograms in a region south of Grimsby on the Niagara Peninsula.

THE CANADIAN PRESS

Montreal City workers protest

THE CANADIAN PRESS/RYAN REMIORZ

Montreal blue collar workers, led by their union president Michel Parent, centre, march in Old Montreal yesterday during a four-hour strike to press the city for a new contract. They were joined by 2,000 Canadian Union of Public Employees delegates attending their national convention in Montreal.

FLIGHT CENTRE® Unbeatable

Airfares

Quebec City $49 one-way
Travel Oct 27/ws + taxes & fees $53

Orlando $49
Travel Oct 15 - Oct 22/c6 + taxes & fees $230

Vancouver one-way $119
Travel Oct 30/ws + taxes & fees $62

Fort Lauderdale $149
Travel Dec 3 - Dec 10/ts + taxes & fees $221

Atlantic City $158
Travel Nov 3 - Nov 10/ws + taxes & fees $115

Glasgow $199
Travel Nov 17 - Nov 25/ts + taxes & fees $397

London $199
Travel Nov 9 - Nov 17/ts + taxes & fees $395

New York $249
Travel Nov 5 - Nov 11/aa + taxes & fees $116

Paris $325
Travel Oct 17 - Oct 25/ts + taxes & fees $347

Kingston $465
Travel Nov 12 - Nov 19/wg + taxes & fees $255

Rio de Janeiro $469
Travel Nov 5 - Nov 30/la + taxes & fees $254

Moscow $569
Travel Nov 5 - Nov 28/ua + taxes & fees $385

Sydney $1099
Travel Nov 3 - Nov 17/fj + taxes & fees $225

Holidays

Las Vegas
Air + 3 Nights 4-Star
$275
Flamingo + taxes & fees $241
Departs Nov 27/swg/wg.

Orlando Family Special
Air + 7 Nights $159*
Best Western Lakeside + taxes & fees $231
INCLUDES accom near *Walt Disney World* Resort. Departs Oct 15/ggv/ts. ADD 7-day *Magic Your Way* Base Ticket for $231 per child.

Ft Lauderdale Air + Car $279
+ taxes & fees $124
INCLUDES 7-day car rental with unlimited mileage. Departs Nov 7/ggv/ws. ADD Jungle Queen Riverboat dinner cruise for $48.

Glasgow Air + 2 Nights $339
Holiday Inn Express + taxes & fees $397
INCLUDES accom with breakfast. ADD Hop on, Hop off tour of Glasgow for $20. Travel Nov 17 - Nov 25/ggv/ts.

Atlantic City Air + 3 Nights $419
Bally's Atlantic City + taxes & fees $97
Departs Oct 22/ggv/ws.

Miami Weekend Air + 3 Nights $479
Mimosa Hotel + taxes & fees $115
Departs Nov 5/ggv/aa. ADD Key West day trip from Miami for $79

Cruise Holidays

FREE^ Gratuities
on all Royal Caribbean, Celebrity, NCL, and Azamara cruise bookings.^

Eastern Caribbean
Air + 7-Night Cruise $555
Norwegian Pearl + taxes & fees $330
HIGHLIGHTS Samana Bay, St Thomas, Tortola and Great Stirrup Cay. Roundtrip Miami. Sails Nov 28/ncl.

Mediterranean 10-Night Cruise $629
Vision of the Seas + taxes & fees $59
HIGHLIGHTS Rhodes, Crete, Katakolon, Malta, Tunis/Tunisia, Malaga, Lisbon. Departs Athens. Sails Nov 9/rcl.

Exotic Asia 13-Night Cruise $739
Legend of the Seas + taxes & fees $132
HIGHLIGHTS Mumbai (Bombay) India, Goa India, Cochin India, Phuket Thailand, Kuala Lumpur (Port Kelang) Malaysia and Singapore. Departs Dubai. Sails Nov 4/rcl.

Ski Holiday

Whistler 3 Nights
4-Star + Lift Passes $539
Summit Lodge taxes & fees included
INCLUDES accom at the Summit Lodge and 3-day lift pass at Whistler Blackcomb. BONUS roundtrip transfers from Vancouver airport to Whistler. Travel Nov 13/ggv.

All-inclusive Holidays

Samana
7 Nights 4-Star
$438
Grand Paradise Samana + taxes & fees $313
Departs Oct 25/acv/ac.

Varadero 7 Nights 4-Star $465
Oasis Turquesa + taxes & fees $210
Departs Oct 26/swg/wg.

Riviera Maya 7 Nights 4-Star $497
Catalonia Yucatan + taxes & fees $272
Departs Oct 18/nol/ts.

Puerto Vallarta 7 Nights 4-Star $498
Holiday Inn Puerto Vallarta + taxes & fees $272
Departs Oct 22/vat/c6.

Panama 7 Nights 4-Star $597
Royal Decameron + taxes & fees $196
Departs Oct 26/nol/c6/ts.

Punta Cana 7 Nights 4.5-Star $597
Catalonia Bavaro Beach + taxes & fees $320
Departs Oct 23/nol/ts.

Asia Holiday

Japan Air + Rail $1259
+ taxes & fees $110
INCLUDES air to Narita and 7-day consecutive Japan Rail Pass. Travel Feb 20 - 28/ggv/jl.

PERFECT HOLIDAY PROMISE
Enjoy your holiday or we'll give you $100 towards another one!

1 866 317 09 59 | flightcentre.ca

Conditions apply. Ex:Toronto. USA and international air only prices are per person for return travel unless otherwise stated. Domestic air only prices are per person for one-way travel unless otherwise stated. Package, cruise, tour, rail & hotel prices are per person, based on double occupancy. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, GST and fuel supplements and are approximate and subject to change. *Family price is per person based on 2 adults and 2 children 17 years and under. Child Magic Your Way Base Ticket rate based on ages 3 to 9. ^Valid for new bookings made through a Flight Centre consultant between October 5-10. Applicable on all 7 day or longer cruises with Royal Caribbean, Celebrity, NCL, and Azamara.vat/ts=transat, swg/wg=sunwing, ua=united, aa=american, la=lan, ws=westjet, fj=air pacific, c6=canjet, ggv=gogo, nol=noltours, rcl=royal caribbean, ncl=norwegian, itp=intrepid, acv/ac=air canada, jl=japan. † The Perfect Holiday Promise applies to bookings made at Flight Centre shops within Canada. A $100 voucher for future travel will be provided to customers who experience an unwanted deviation from their paid itinerary. For full details visit www.flightcentre.ca or speak to a Flight Centre consultant. Head office address: 1 Dundas St W Suite 200, Toronto, ON. Call for retail locations. ONT. REG #4671384
TICO

Moroccan government discriminatory: Watchdog
Human Rights Watch says Moroccan authorities are flouting laws and discriminating against groups supporting minorities or fighting corruption. In a report released yesterday it says local officials have refused to register associations "when a group's objectives or membership displeases the authorities." THE ASSOCIATED PRESS

World

Berlusconi defiant, won't resign

Italian Premier Silvio Berlusconi says he will not resign even though a top court has overturned an immunity law shielding him from a corruption trial in Milan. Berlusconi told reporters outside his Rome residence that he felt "invigorated" after the ruling. He said, "We go ahead," and that any trial against him is a "farce." The constitutional Court said yesterday that the immunity law was unconstitutional, paving the way for the corruption proceedings against Berlusconi to resume. THE ASSOCIATED PRESS

Pakistan balks at U.S. strings

Pakistan's military yesterday rejected U.S. attempts to link billions of dollars in foreign aid to increased monitoring of its anti-terror efforts, complicating American attempts to strike al-Qaida and Taliban fighters on the Afghan border.

Although the U.S.-backed government of President Asif Ali Zardari has the final say on whether to accept the money, the unusual public criticism threatens to force its hand and undermine military co-operation with the Americans just as the Pakistani army prepares for what could be its most important offensive against extremists since the U.S.-led anti-terror campaign began exactly eight years ago.

Any breakdown in intelligence sharing and other types of co-operation would hurt the American fight against a resurgent Taliban in Afghanistan. U.S. and NATO commanders say the war there cannot be won unless Islamabad does more to tackle extremists on its side of the border.

Among other strings, the bill conditions U.S. aid on whether Pakistan's government maintains effective control over the military, including its budgets, the chain of command and top promotions.

The military is believed to have increased its co-operation with U.S. forces over the past year, shared intelligence for numbers of U.S. missile strikes on militant targets — most notably the one which killed Pakistani Taliban leader Baitullah Mehsud.

The aid bill, which U.S. President Barack Obama is expected to sign, would triple American nonmilitary assistance to Pakistan, providing $1.5 billion a year over the next five years. U.S. officials say the goal is to alleviate widespread poverty, lessening the allure of Islamist extremists. THE ASSOCIATED PRESS

KHALID TANVEER/THE ASSOCIATED PRESS

Pakistani protesters rally against the U.S. in Multan yesterday.

m.metronews.ca

Scan this barcode for more World news on your smartphone.
Learn how to scan the barcode with the instructions at the top of pg 3

Bragging about sex earns man 5 years, 1,000 lashes

SAUDI ARABIA A Saudi court yesterday convicted a man for publicly talking about sex after he bragged on a TV talk show about his exploits, sentencing him to five years in jail and 1,000 lashes, his lawyer said.

Talking about sex publicly is a taboo in ultraconservative Saudi Arabia.

Sulaiman Al-Jumeii maintains that his client, Mazen Abdul-Jawad, was duped by the Lebanese LBC satellite channel which aired the talk show and was unaware in many cases he was being recorded.

The program, which aired July 15 in Saudi Arabia, scandalized the country where such frank talk is rarely heard in public. Some 200 people filed legal complaints against Abdul-Jawad.

The Saudi government moved swiftly in the wake of the case, shutting down LBC's two offices in the kingdom. THE ASSOCIATED PRESS

The crime

- The TV program, called Bold Red Line, began with Mazen Abdul-Jawad, dubbed a "sex braggart" by the media, describing the first time he had sex at 14. He then led viewers into his bedroom, dominated by red accessories, and then shows off blurred sex toys.

Russia **Calls for justice**

SERGEY PONOMAREV/THE ASSOCIATED PRESS

Hundreds of people rallied in Moscow yesterday on the third anniversary of journalist Anna Politkovskaya's killing, calling on authorities to find and punish the killers of journalists and human rights activists in Russia.

News in brief

NOBEL Two Americans and an Israeli won the 2009 Nobel Prize in chemistry yesterday. Venkataraman Ramakrishnan, Thomas Steitz and Israeli Ada Yonath's work on ribosomes has been fundamental to the scientific understanding of life. Yonath, 70, is the fourth woman to win the Nobel chemistry prize and the first since 1964. THE ASSOCIATED PRESS

Envoys launch talks in Honduras

CRISIS Diplomats from around the hemisphere flew to Honduras yesterday and told the coup-imposed government to reinstate President Manuel Zelaya and restore democracy to the impoverished Central American country.

Tensions rose before the meeting began as riot police fired tear gas to disperse about 200 Zelaya supporters.

Delegates from Canada, the United States, and eight Latin American countries were mediating negotiations between representatives of Zelaya, who was ousted by the military three months ago, and interim President Roberto Micheletti.

Canada's minister of state for the Americas, Peter Kent, said it was imperative for an agreement to be reached before November elections.

"I sense that everybody involved understands that we are nearly out of time and this crisis needs to be resolved now," Kent said. THE ASSOCIATED PRESS

Make your escape, no matter where you're heading.

With VIA Rail, you'll enjoy peace of mind, unparalleled comfort, and the unique service that makes for a memorable journey. Whether you travel for business, culture or satisfying an irresistible urge to shop, VIA Rail will take you there, with a difference.

Toronto – Montréal from **$69***

Book now at viarail.ca

A GREEN CHOICE

* One-way fares, excluding taxes. Other conditions apply. ™ Trademark owned by VIA Rail Canada Inc.

A MORE HUMAN WAY TO TRAVEL VIA Rail Canada

Taliban marks anniversary with statement

Afghanistan's insurgent Taliban marked the eighth anniversary of the U.S. invasion yesterday saying they have no "agenda" to harm other countries but would continue fighting as long as America and its allies remain in the troubled nation. THE ASSOCIATED PRESS

Nurse may have exposed patients

FLORIDA A nurse at a South Florida hospital is being investigated by police who say she may have exposed more than 1,800 patients to HIV and hepatitis.

Officials in Fort Lauderdale said earlier this week the hospital found Qui Lan, 59, was reusing catheter tubing and saline bags during cardiac chemical stress tests, potentially exposing 1,851 patients to diseases from January 2004 until early September.

THE ASSOCIATED PRESS

Man sentenced in chicken scam

NEW ORLEANS A man who duped the Egyptian government into paying more than $7 million US for a shipment of frozen chicken he never delivered was sentenced yesterday to seven years in prison and fined $15,000.

Alexander Legault pleaded guilty to federal fraud charges in July and was sentenced by U.S. District Judge Kurt Engelhardt under terms of his plea deal.

In 1981, the Egyptian government agreed to buy 5,000 metric tons of frozen chicken from Legault and wired more than $7 million to his corporate account. But he created fake documents to make it appear the chicken was aboard a Swedish vessel bound for Egypt.

Legault, 59, also awaits a trial in Florida on charges that he conspired to swindle about 300 elderly investors.

While living in Canada, he was one of seven charged in 1997 with racketeering. Between 1993 and 1996, Legault and others allegedly conspired to lure victims into investing about $11 million US in unregistered securities. THE ASSOCIATED PRESS

Ordered deported

- Alexander Legault had moved from Louisiana to Canada before a federal grand jury in New Orleans indicted him in 1986. Ordered deported by Canada in 2002, he was a fugitive until his arrest last year.

China **Soldiers strike a pose**

THE ASSOCIATED PRESS PHOTO

Chinese military personnel who took part in China's 60th National Day Parade on Oct. 1 pose for photos before leaving from a training base near Beijing yesterday.

Troops getting better tips: Commander

It's one of the basic tenets of counter-insurgency, and it's being deployed aggressively in the dangerous regions southwest of Kandahar city: Drive out the enemy, make the area safe for the locals, and then stay there as long as you can.

Creating a base of operations and making it secure is considered one of the first major rules in defeating groups like the Taliban. As part of the Afghan effort, Canadian forces have cleared a handful of villages in the Dand and Panjwaii districts in recent months and simply moved in.

The hope is that as that military "footprint" continues to grow, the effect of marginalizing insurgents will grow with it.

"At the end of the day, the approach that we took is pure counter-insurgency," said Lt.-Col. Joe Paul, 42, the commander of Canada's battle group in Afghanistan, known as Task Force Kandahar.

It's part of a larger strategy being employed by Gen. Stanley McChrystal, the top U.S. commander in Afghanistan and the man who has been urging President Barack Obama in recent weeks to send tens of thousands of additional troops to the country.

"Everything that Gen. McChrystal is trying to implement right now is doctrine that has been taught in command staff college," Paul said.

Villages like Salavat and Salakhan, as well as the so-called "model village" in Deh-e-Bagh in the Dand district, have been the earliest beneficiaries of Canada's presence, said Paul. Deh-e-Bagh, where the strategy was first used, has seen relative peace and prosperity.

As trust of the coalition grows, other villages will follow suit, he said — but only if Canadian forces remain a significant and visible presence.

Lt.-Col. Joe Paul

The good news, however, is that it seems to be working.

Canadian troops are getting dramatically better intelligence from villagers now than they were before the summer, and they're getting more of it, said Paul. Company commanders are in the process of conducting a census of the local population, he added.

"We are now reaching that level of knowledge which is unprecedented," Paul said as he described his "dossier" of local villagers in the area, comprised of digital photographs and information on each one.

"I got a report with lists of names of who is who: 'X is an insurgent, Y is a sympathizer and Z is sitting on the fence.' And the only reason why we can get there is because we live there."

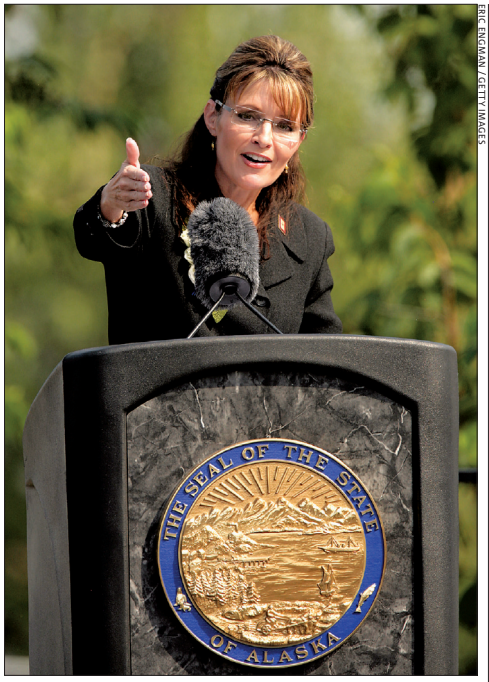
THE CANADIAN PRESS

News in brief

PAKISTAN A Swedish official says a 19-year-old Swede and her child will "shortly" be released after being held by Pakistani authorities for more than a month. Safia Benaouda and her son were among a group of foreigners arrested near Pakistan's northwestern tribal regions on Aug. 28 on suspected al-Qaida links.

THE ASSOCIATED PRESS

Somali pirates target the wrong ship
Somali pirates in two skiffs fired on a French navy vessel early yesterday after apparently mistaking it for a commercial boat, the French military said. The French ship gave chase and captured five suspected pirates. THE ASSOCIATED PRESS


ERIC ENGMAN / GETTY IMAGES

Sarah Palin gives her farewell speech as she officially resigns during the annual Governor's Picnic on July 26 in Fairbanks, Alaska.

GOP brass fear Palin campaign

She's poised to become the best-selling author in the United States, has a devoted base of supporters and is considered a front-runner to lead the Republicans into the next election in 2012 — and yet key party strategists are tormented by the popularity of Sarah Palin.

The very notion of a Palin candidacy has been derided in recent days by some of the brightest minds in the party even as the former governor of Alaska outlines her policies on Afghanistan, energy and other issues.

"Were she to be the nominee, we could have a catastrophic election," Steve Schmidt, John McCain's presidential campaign manager last year, said recently.

John Weaver, McCain's closest political adviser for years, also weighed in earlier this week about a Palin candidacy. "It would surely mean a political apocalypse is upon us," he said.

Yet from her unlikely pulpit — Facebook, and not the governor's office in Wasilla, Alaska — Palin is getting her message out on everything from healthcare reform and energy while assailing U.S. President Barack Obama for his position on Afghanistan. Many of her 900,000-plus "friends" on the social networking site are cheering her every word.

Palin's star quality is undisputed. No matter, say some observers: there's a gaping disconnect between her fans and those who know what it takes to run a successful political campaign. THE ASSOCIATED PRESS

News in brief

ABUSE Ireland's senior Roman Catholic bishops yesterday met campaigners for thousands of children assaulted, terrorized or molested while in church care — but didn't address victims' key demand for the church to admit responsibility for decades of abuse. Members of four victims groups spent three hours talking with the bishops at Maynooth, the Republic of Ireland's only remaining seminary, and pledged to meet again in coming months. It was the first such meeting since a string of child-abuse scandals began to engulf the Irish church in the mid-1990s.

POLITICS Poland's prime minister accepted the resignation of two Cabinet ministers and fired the head of the country's anti-corruption office yesterday in a shakeup over an illegal lobbying scandal. In moves that Donald Tusk said were meant to save his party's image, Interior Minister Grzegorz Schetyna and Justice Minister Andrzej Czuma resigned while anti-corruption office director Mariusz Kaminski was fired. THE ASSOCIATED PRESS

Saudi king's visit to Syria signals thaw

DAMASCUS Saudi Arabia's king yesterday made his first visit to Syria since becoming monarch, the strongest indication yet of thawing relations between the two rival nations following years of tension.

King Abdullah's visit is also the first by a Saudi ruler since the 2005 assassination of former Lebanese prime minister Rafik Hariri, a close Saudi ally.

Syria was widely blamed for his death, which came only months before Abdullah became king, but Damascus has denied any responsibility.

Presidential adviser Buthaina Shaaban said yesterday's talks between Abdullah and Assad focused on the need for Arab solidarity in view of the numerous challenges facing the Arab world — particularly the recent unrest in Jerusalem and Israeli attacks against Palestinians. THE ASSOCIATED PRESS

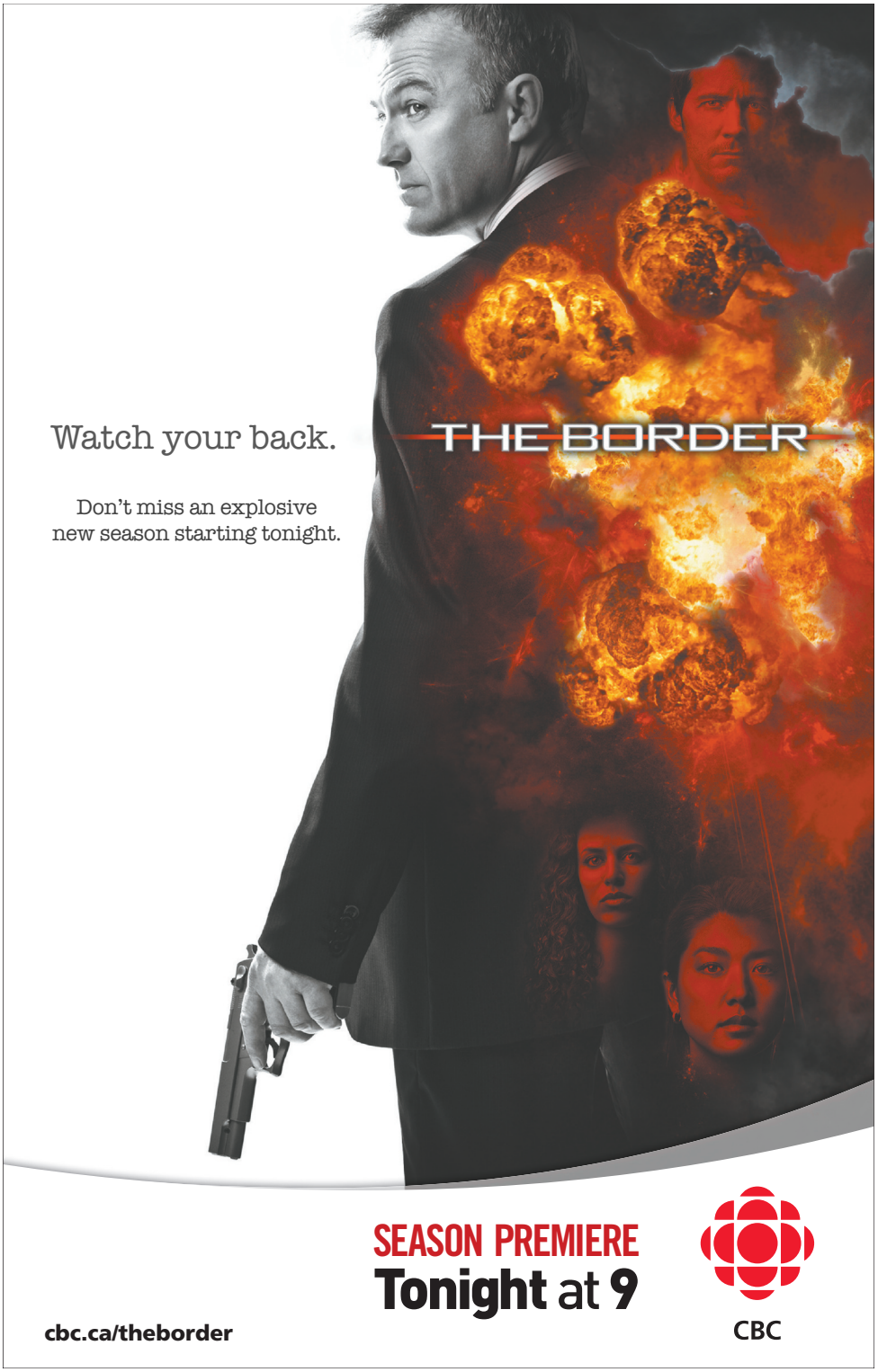
Ties to Iran

- The two Arab countries have been at odds over several regional issues, including Syria's close ties with Shiite Muslim Iran.

Online Exclusive

Queen Rania of Jordan, Wendi Murdoch and Pepsi CEO Indra Nooyi make the case for preventing maternal mortality. Visit **metronews.ca/world** for the exclusive video.

Share Your Views
torontoletters@metronews.ca



TORONTO
Associate Publisher, Irene Patterson
Managing Editor, Jim Reyno
Retail Sales Director, Tracy Day
Prod/Distribution Director, Gerry Moher
METRO CANADA
Group Publisher, Bill McDonald
Editor-in-Chief, Dianne Rinehart
Assoc Managing Editor, Tarin Elbert
Enter/Lifestyle Editor, Dean Lisk
Asst Managing Editor, Amber Shortt
Art Director, Laila Hakim
National Sales Director, Peter Bartrem
Interactive/Mrktng Director, Jodi Brown

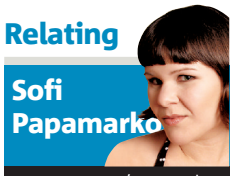
Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA
METRO CANADA: TORONTO | OTTAWA | MONTREAL | HALIFAX | EDMONTON | CALGARY | VANCOUVER

Comment

Embrace breakups

Relating



Sofi Papamarko

metronews.ca/papamarko

You've only just begun university, but you're already a superstar. You've gotten the hang of classes, joined intramural basketball and made new friends. Your roommate is awesome. Your long-distance relationship is going well. University life is just a big fluffy cakewalk with vanilla frosting and a million cherries on top.

Until you head home for Thanksgiving.

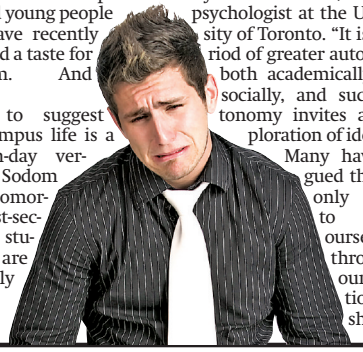
"Listen," he says. "We need to talk."

It's called the Turkey Dump. Like the delicious fowl for which it is named, the Turkey Dump is a clumsy and vicious beast. And you are now among its casualties.

Once upon a time, high school sweethearts married as a matter of course. This has since become something of an anomaly; only the strongest of high school relationships can withstand post-secondary education.

Let's face it: colleges and universities are essentially alcohol-fuelled sex buffets. Lectures and assignments fit in there someplace, sure, but for the most part, you've got a small geographical area crammed with thousands of open-minded young people who have recently acquired a taste for freedom. And tequila.

Not to suggest that campus life is a modern-day version of Sodom and Gomorrah. Post-secondary students are generally intelligent and responsible — that's how they got there in the first place. It's just that they're surrounded by a lot of eye candy. A lot of beer. A lot of flirting. And if they are in a relationship, a lot of temptation. (Nobody brings a sandwich to a buffet.)



On the web

- For more views on relating, go to Love Bytes at metronews.ca/blogs

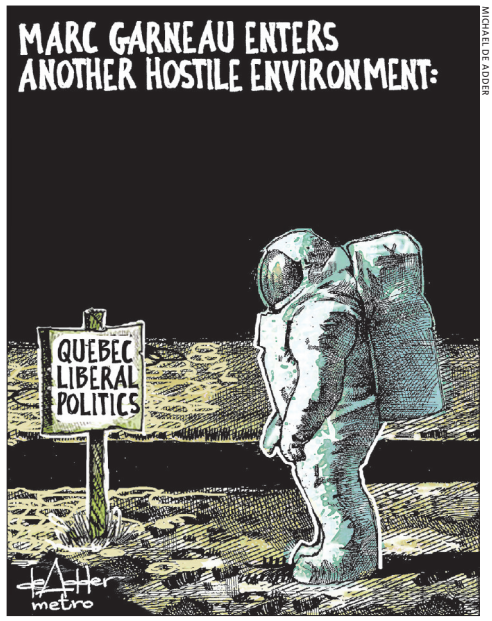
"Attending university is a developmental transition," says Dita Everett, clinical psychologist at the University of Toronto. "It is a period of greater autonomy both academically and socially, and such autonomy invites an exploration of identity. Many have argued that we only come to know ourselves through our relationships with others, and this is a time for experimenting in that arena. "

Everett encourages students who are having difficulty dealing with the end of a relationship to make full use of the resources available to them.

"(It's) important to normalize and to anticipate the kind of emotions that students often feel in the aftermath of a break-up," Everett says. "Supporting and exploring such feelings through counselling is an entirely appropriate use of a university counselling service."

Maybe the dreaded Turkey Dump is a blessing in disguise. It gives the freshly single student the opportunity to focus on their studies, get to know new people and learn about themselves. And that's what higher education is all about.

Sofi Papamarko is a 20-something writer based in Toronto. Her heroes include Desmond Morris and Nancy Sinatra.



MICHAEL DE ADDER

Views

Finding role models off the beaten path

Melinda Mattos
Broad Minded

Growing up feminist comes with its own unexpected challenges.

My parents raised me in a bedroom wallpapered with "Girls Can Do Anything" posters, never daydreaming aloud about my wedding or future grandkids. Being smart always trumped being pretty, and they weren't the least bit fazed when I grew up to be a hard-drinking, foul-mouthed journalist.

But as my twenties roll to an end and I watch yet another one of my friends get married, I have to admit I'm freaking out about my future.

I have more opportunities available to me than my mother or grandmother did, and I'm thankful for the hell-raising my feminist forebears did to provide this, but some days it feels like I'm idling in front of 800 on-ramps, all headed in different directions.

Without the guaranteed personal landmarks of past generations — you meet a nice man, you get married, you have children — it's easy to feel lost and overwhelmed by choices. While I wouldn't trade my personal freedoms for a cookie-cutter future, I'd kill for a better sense of direction.

A few weeks ago, the media was buzzing about a University of Pennsylvania study called "The Paradox of Declining Female Happiness," which suggested that over the past 35 years, as women's opportunities have increased, their happiness level has decreased. If this study is accurate, it's likely because women are still expected to be the primary caregiver at home, nurturing a spouse, children and aging parents, while holding their own in the boardroom.

But what about those of us who are unmarried and childless and don't do it all? What's our excuse?

I think part of it is a lack of female mentorship. I had to laugh this weekend when I read Caitlin Moran's column in U.K. paper The Times, where she admitted she found more inspiration in bad-ass Courtney Love than she did in any of history's great women. (Moran writes, "I needed a hero who'd repeatedly done incredibly embarrassing things, yet had signally failed to die of mortification.")

Though I wouldn't recommend Love as a role model, I do like the idea of connecting with women so far off the beaten path that they seem to have forgotten there ever was a path.

So I'm giving myself some homework: Find women who are blazing their own trails and let their successes, failures and adventures fuel my own.

I'll let you know how it goes.

Melinda Mattos is a Toronto-based writer, editor and co-founder of feminist teen magazine Shameless (www.shamelessmag.com).

Worth mentioning

Pull sex-workers out of 'killing fields': Lawyer

Courts must move swiftly to protect sex trade workers in the face of government inaction and horrific crimes on Canada's streets, the Ontario Court of Justice has been told.

"Working on a dark street exposes you to the most misogynistic and psychopathic people on the planet," Osgoode Hall law professor Alan Young argued yesterday in the first major attack on Canada's prostitution laws in a generation.

Young said that the situations on many Canadian streets are nothing less than "killing fields," and argued that sex workers must to be allowed to work indoors in a place of their choosing, around people they trust.

Challenge

- Young is arguing that the current law makes it impossible for sex workers to conduct business in a safe indoor environment, unlike sex trade workers in New Zealand, Australia, Germany and Holland.

"This (violence) is not stopping," Young said. "I'm not using a histrionic device."

As Young made his arguments, his client, dominatrix Terri-Jean Bedford, 49, blended in with lawyers in the back of the University Avenue courtroom, dressed in a conservative business suit. She is challenging the constitutionality of the federal laws on prostitution.

TORSTAR NEWS SERVICE

We Know What You're Thinking

56% The number of Canadians who support abolishing the Canadian 1-Cent piece, the penny.

IPSOS REID

Tell us your views by email to torontoletters@metronews.ca or comment on metronews.ca or on Twitter @metrotoronto
Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

METRO Toronto 1 Concorde Gate, Suite 703, Toronto, ON M3C 3N6, Tel: 416-486-4900; Fax: 416-482-8097; Advertising: 416-486-4900 ext. 316 • adinfotoronto@metronews.ca; toronto_distribution@metronews.ca; News: jim.reyno@metronews.ca

STOP HAIR LOSS

BIO-FEN PLUS™ is a natural health product used in the treatment of hereditary androgenic alopecia *(AGA)* in adults ***(male or female pattern baldness.)*** It contains scientifically calculated proportions of extracts of fenugreek seeds, saw palmetto berries and flax lignans. Each are known to possess an inhibitor of the enzyme responsible for causing male or female pattern baldness. It also contains a mixture of B vitamins, folate and biotin to help metabolize these herbal extracts so that they are more bio-available, and to support the growth of strong and healthy hair.

What causes hereditary hair loss?

Each hair grows from a pocket in the skin called the hair follicle. During its growing phase, the follicle has a bulb-shaped bottom, the center of which is called the dermal papilla. The papilla is fed by very small blood vessels, which bring it food & oxygen and remove wastes. The papilla is highly sensitive to hormones and chemicals secreted by the body *(or ingested as a medicine)* which impacts hair growth.

It is believed that some individuals have a genetic predisposition to a receding hairline *(most common in men)* or hair/follicle thinning over larger areas of scalp *(more common in women)*. These conditions result from hormonal changes caused by an enzyme in the dermal papilla called 5-alpha-reductase. This enzyme breaks down the hormone testosterone into dihydrotestosterone *(DHT)*.

Over a period of time, an over abundance of DHT causes the hair follicle to degrade and shortens the active phase of the hair, eventually leading to thinner hair and eventual hair loss.

How does BIO-FEN PLUS™ *work?*

Specific compounds within the herbal extracts inhibit the 5-alpha-reductase *(and therefore reduce DHT)* to prevent or slow down the rate of hair loss. This process is the principle by which the prescription drugs such as Propecia *(finasteride)* work. However, BIO-FEN PLUS™ also contains additional compounds which remove excess cholesterol and testosterone – the building blocks of DHT.

BIO-FEN PLUS™ also contains vitamins to increase blood flow to the small capillaries that feed the hair roots, to deliver the active herbal compounds and remove waste. **Therefore, BIO-FEN PLUS™ provides a natural, safer alternative to expensive drugs, and/or expensive & painful hair transplants.** As with the prescription alternatives, results vary from person to person, and no one product will work for everyone.

How long must I use BIO-FEN PLUS™ *?*

BIO-FEN PLUS™ capsules are usually effective at stopping hair loss within the first two months. However, since healthy hair grows only about 1 cm each month, it may take up to three months before you notice that hair growth is increased or further hair loss is stopped.

Anyone experiencing new growth will see it within four to six months. Once results become apparent, some users are able to reduce their BIO-FEN PLUS™ supplement dose to one capsule every second or every third day. Some clients will continue to take BIO-FEN PLUS™ daily. Once you stop completely, however, your hair growth pattern will slowly go back to the point where you started.

How safe is BIO-FEN PLUS™ *?*

The ingredient combination in BIO-FEN PLUS™ is generally safe for most adults. However, the following cautions are advised:

Folic acid: Consult a health care practitioner if you are uncertain whether or not you are taking adequate vitamin B12, as folate supplementation can mask a Vitamin B12 deficiency.

Vitamin B3: Consult a health care practitioner prior to use if you have impaired liver function.

Vitamin B6: Consult a health care practitioner prior to use if you are taking levodopa.

What is the quality of BIO-FEN PLUS™ *?*

BIO-FEN PLUS™ is manufactured in Canada according to a quality assurance program called Good Manufacturing Practices *(GMP)*. This ensures that the ingredients are tested for their level of quality, potency & purity, prior to production and again prior to sale.

See our website to locate your nearest Health Food Store or Pharmacy that offers BIO-FEN PLUS™ and other quality products from Hair Grow Technology. If you have any questions or comments about our products that target hair loss and support the growth of strong, healthy hair, please do not hesitate to contact us.

Each BIO-FEN PLUS™ *capsule contains (mg/capsule):*

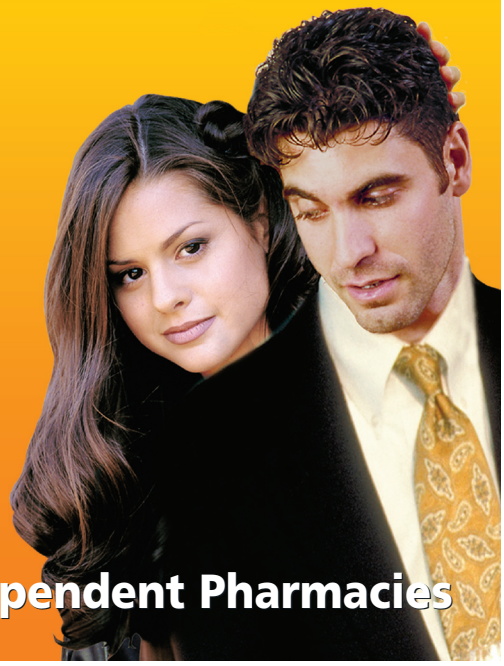
Fenugreek *(Trigonella feonum graecum)* seed extract 4:1	260 mg
Saw palmetto berry extract contains 45% powder, esters & sterols	160 mg
Flax lignans, standardized to 20% secoisolariciresinol diglucoside *(SDG)*	100 mg
D-calcium pantothenate *(Vitamin B5)*	10.40 mg
Niacinamide *(Vitamin B3)*	10.25 mg
Pyridoxine HCl *(Vitamin B6)*	2.00 mg
Riboflavin *(Vitamin B2)*	1.58 mg
Folic acid	0.095 mg
Biotin	400 mcg

Non-medicinal ingredients: inert microcrystalline cellulose and vegetable-based magnesium stearate in a veggie-based capsule.

Recommended adult dose: one capsule per day

BIO-FEN PLUS

www.biofen.com



Available at Health Food stores and Independent Pharmacies

U.S. company shutting down Canadian factories
Washington State-based Port Townsend Paper is closing two Canadian factories. The company confirms its corrugated box production plants in Kelowna, B.C., and Calgary will shut down in early December. THE CANADIAN PRESS

Business

DOLLAR	GAS	OIL	TSX
US 94.13¢	US $4.904	US $69.57	11,349.88
US 0.25¢	US 2.4¢	US 1.31¢	101.91

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Investors feel rebound has staying power

TSX The Toronto stock market saw its third consecutive day of triple-digit gains yesterday in a week that has already seen the index climb 3.6 per cent.

The TSX added 101.91 points to 11,349.88. Most sectors turned positive towards the end of the day on continuing strength in metals prices and investor confidence that the economic rebound has staying power.

Oil

- Crude oil fell $1.31 to $69.57 US a barrel as investors focused on U.S. government data that showed Americans still have little appetite for more petroleum.

The price of gold continued its upward climb to close at another record high on the New York Mercantile Exchange, gaining $4.70 to $1,044.40 US an ounce. The Toronto gold sector gained 1.1 per cent.

The information technology sector led the market, adding 2.4 per cent, while the base metals sector gained 1.8 per cent.

THE CANADIAN PRESS

Anheuser-Busch Trading rides for cash

SCOTT R. BROWN/THE ASSOCIATED PRESS

Visitors ride the Loch Ness Monster roller coaster at Busch Gardens in Williamsburg, Va. in this undated promotional image. Anheuser-Busch InBev SA, the world's largest brewer, said yesterday that it will raise $2.7 billion US from selling its U.S. theme parks to the Blackstone Group.

Business in brief

MINING New Dawn Mining Corp. says it plans to dispose of its South African project to focus on expanding its output at its Turk and Angelus Mine in Zimbabwe, as well as further exploration and potential acquisitions in that country. In focusing on Zimbabwe, Toronto-based New Dawn said yesterday it has shut down the company's Blue Dot mine development project in South Africa and will wind up the business. In trading on the TSX yesterday, New Dawn shares fell one cent to $1.39.

THE CANADIAN PRESS

Nortel asset deal in works

Ciena Corp. is offering cash and stock worth $521 million US to acquire some of fallen technology giant Nortel Network Corp.'s most prized businesses units, intellectual property and employees.

The deal covers substantially all of the Nortel Optical Networking and Carrier Ethernet businesses, including the rights to technology that enhances the speed and capacity of current fibre optic networks by as much as 10 times.

"This is a unique and exciting opportunity for us..."
Gary Smith, CEO
Ciena Corp.

Ciena, which had announced earlier this week that it was in advanced talks with Nortel, has agreed to offer jobs to at least 2,000 employees, or more than 85 per cent of the total at Nortel's Optical Networking and Carrier Ethernet business units.

"This is a unique and exciting opportunity for us to accelerate our existing strategy and the pace of our growth plans by two to three years," Gary Smith, Ciena's CEO and president, said in a statement.

The addition of 2,000 employees from Nortel would roughly double the size of Ciena's global workforce.

However, there's no guarantee the deal announced yesterday won't change, since Ciena's offer will be used as an opening bid for an auction by Toronto-based Nortel under supervision of courts in the United States and Canada.

THE CANADIAN PRESS

m.metronews.ca

Scan this barcode for more Business news on your smartphone.
Learn how to scan the barcode with the instructions at the top of pg 3

State Bank of India (Canada)
CDIC Member
TOLL FREE: 1-866-SBIC-NOW
www.sbicanada.com
Invest in TFSA
SBIC Power GIC account at
1.75%*
Conditions apply. Interest rates subject to change*

learn to turn income tax into income
H&R Block needs tax professionals. Study with us.
- Choose a class schedule and location convenient to you.
- Receive high quality training.
- Start a rewarding career.*

Register online at hrblock.ca or call 1-877-32BLOCK (322-5625) for details.
*Enrolment in, or completion of, the course is neither an offer nor guarantee of employment. Some restrictions apply.
H&R BLOCK

OWN A HOME • NO MONEY DOWN
Artisan Financial Services Inc.
"Turning more renters into home owners than anyone else since 1995"
Do You Spend $1150 On Rent?
You CAN Own A Home!
Let Us Show You How...
Apply Today: www.ArtisanFinancial.ca
or call: 416-679-9799 • 1-866-993-0099

Certificate in Event Planning & Management for Professionals
Become a Professional Event Planner
Turn your passion for planning events into a rewarding and successful career by gaining specialized knowledge and skills from industry leaders.
Register today.
Continuing Education
Faculty of Liberal Arts & Professional Studies
416-736-5616 | dce@yorku.ca
www.coned.yorku.ca
YORK UNIVERSITÉ UNIVERSITY
redefine THE POSSIBLE.

Small company to supply gas system to Columbia

ProSep Inc., a promising small technology company said it will supply a gas treatment system to Colombia's state-owned Ecopetrol S.A. THE CANADIAN PRESS

Costco **Profit falls, but beats estimates**

DAMIAN DOVARGANES/THE ASSOCIATED PRESS

People shop at the Costco Wholesale Burbank store this week in Burbank, Calif. Costco Wholesale Corp. said yesterday that its fiscal fourth-quarter profit fell six per cent, partly on the stronger U.S. dollar and increased employee benefit costs, but results beat analysts' estimates.

Air Canada shares plummet on equity deal to raise cash

Air Canada shares fell nearly 18 per cent in trading yesterday as investors expressed concerns about a $260-million equity offering by Canada's largest airline.

The airline's class B shares dropped 33 cents to $1.51 on 1.5 million shares traded on the Toronto Stock Exchange.

The financing will dilute the existing share pool and create an overhang as Air Canada issues 160.5 million units made up of shares and warrants at a price of $1.62 per unit.

Air Canada currently has about 100 million shares outstanding.

Airline analyst Jacques Kavafian of Research Capital Corp. called the agreement "opportunistic" for Air Canada, which has struggled to consistently generate cash.

"It's very good for Air Canada because they're getting more money," he said, adding he can't find any reason why anyone should own the stock. But he warned it doesn't indicate the airline faces new troubles it needs to brace for. THE CANADIAN PRESS

Business in brief

SETTLEMENT Sprint Nextel Corp. said yesterday it has reached a "memo of understanding" that would settle a series of shareholder lawsuits challenging its $483 million US acquisition of Virgin Mobile USA. THE ASSOCIATED PRESS

STILL overpaying for your Home Phone Line?

HOME PHONE LINES

ALL FEATURES FREE!

Enhanced	Unlimited Canada	One-Rate	Global
$14.95/month	$19.95/month	$29.95/month	$39.95/month
Unlimited Local Calling	Unlimited Calling to Canada	Unlimited Calling to Canada & U.S.A.	Unlimited Calling to 25 Countries!
✓ All Features FREE	✓ All Features FREE	✓ All Features FREE	✓ All Features FREE

- Caller ID
- Voicemail
- Call Forwarding
- Call Waiting
- Keep Your Existing Phone Number

FREE Cordless Phone System with your Comwave Home Phone

DECT 6.0 DIGITAL

3 Handset Cordless Phone System

- Interference free
- Speaker Phone
- VoiceMail Indicator
- Caller ID/Call Waiting

Call Comwave Today For our Guaranteed Lowest Long Distance Rates

NEW LOW RATE INDIA 2.9¢/min

Comwave will remain open on Thanksgiving, Monday October 12th for your convenience

comwave 1-866-543-5097

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. HOME PHONE LINES: VoIP 911 has certain limitations versus traditional 911. The Global Home Phone plan and is limited to 3000 minutes per month. Excess minutes used will be billed at 3.99 cents per minute. The rates are based on a 3 year term. Satisfaction Guaranteed within 90 days. If you are not 100% satisfied, you may cancel your home phone service no questions asked. By accepting the free cordless phone set, you commit to a 3 year term and waive the Satisfaction Guarantee period. Coupon must be redeemed in 120 days from date of activation.. Terms and conditions apply, see www.comwave.net for details

Graduating from high school or rethinking a career path? Are you or is someone you know creative? Artistic?

Join us at Explore Design

North America's only Design and Art Education Fair

Explore Design'09

The Design & Art Education Fair for Youth

Presented by Microsoft

ED

Wednesday Oct 14 9am to 5pm

Thursday Oct 15 9am to 3pm

Metro Toronto Convention Centre South Building

Tickets: $15

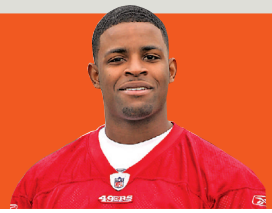
Includes seminars, workshops, speakers and exhibits. Group rates available.

For schedule and more info, visit ExploreDesign.ca

Microsoft CINEPLEX dose.ca IKEA globecampus treehugger PRODUCED BY MMPI CANADA

It's Called Football goes daily
The It's Called Football show is now broadcasting daily. From MLS to EPL and everything in between,get your daily soccer fix at **metronews.ca/itscalledfootball**

Sports



Crabtree ends holdout

The San Francisco 49ers and receiver Michael Crabtree, left, have agreed to a six-year contract after several months of difficult negotiations. Terms of the deal were not disclosed. The 10th overall draft pick had balked at an offer of five years and $20 million US, instead seeking money comparable to higher draft picks. THE ASSOCIATED PRESS

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Wilson keeps his promise

Buds skate hard in practice after Tuesday's lacklustre loss to Senators

Ron Wilson made good on his promise to give the Toronto Maple Leafs a hard skate.

The coach was much calmer the morning after a 2-1 loss to Ottawa, but that didn't keep him from sending a message at practice yesterday. The Leaf players faced more than 10 minutes of straight skating to kick things off and had other tough drills sprinkled throughout practice.

Leafs fined for tampering

- The Toronto Maple Leafs have been fined an undisclosed amount of money by the NHL following the Vancouver Canucks' allegations of tampering.

NHL deputy commissioner Bill Daly said in a release Wednesday that Leafs coach Ron Wilson was guilty of tampering when he made reference to his team's interest in Henrik and Daniel Sedin during an interview prior to the Vancouver players becoming free agents.

Even though the team has played just three games so far, many of the players didn't object to the timing of such a hard workout.

"It's never too early," said forward Alexei Ponikarovsky. "It's just the way it is. You play a bad game, you just have to set your mind straight. To do that, you go through a hard practice and you know what needs to be done."

Added linemate Niklas Hagman: "It had quite a bit of skating. It was fairly tough."

Wilson was visibly upset in the wake of Tuesday's loss to the Senators, saying the team "stunk" while promising a tough practice to try and wake his players up.

THE CANADIAN PRESS

m.metronews.ca

Scan this barcode for the most recent Sports updates on your smartphone.
Learn how to scan the barcode with the instructions at the top of pg 3

Roy pleads guilty, granted discharge

HOCKEY An on-ice assault case that served as a lightning rod in the national debate on fighting in hockey ended yesterday when a judge granted the son of NHL legend Patrick Roy an absolute discharge.

The sentence means ex-goaltender Jonathan Roy will have no criminal record and allows the budding singer to pursue his musical dreams in the United States.

Jonathan Roy

Roy, 20, caught people off guard by pleading guilty just as his two-day trial on a charge of assault was set to begin.

After entering the plea, a contrite-sounding Roy said he regretted his behaviour in March 2008 when he skated the length of the ice as a member of the Quebec Remparts and pummelled rival netminder Bobby Nadeau. THE CANADIAN PRESS

New Jays GM says he'll deal with clubhouse communication issues

BLUE JAYS New Blue Jays general manager Alex Anthopoulos acknowledges there was a breakdown in communication on the team and plans on doing something about it.

He said the situation, at the very least, needs some tweaking.

"It's fair to say that when you have a change in the leadership of the organization, there could be changes in thought process, the way we do things," he said. "I have certain beliefs and thoughts that I'd like to implement, and it will all tie into a philosophy of what we're trying to build here."

> **"It will all tie into a philosophy of what we're trying to build here."**
> Alex Anthopoulos, Toronto GM

Early last Friday, reports surfaced that up to half the players were upset with manager Cito Gaston's old-school style and his perceived negativity.

As details emerged, it became clear that several parties contributed to the souring of the clubhouse — Gaston for a lack of communication, players for failing to speak up, and coaches for not conveying the players' frustration to the manager.

Before putting his plans into action, Anthopoulos has to sit down with team ownership, a meeting he says will take place this week. TORSTAR NEWS SERVICE

MEL EVANS/THE ASSOCIATED PRESS

Philadelphia starting pitcher Cliff Lee waits to throw to a Colorado Rockies batter as fans cheer him on during the ninth inning of Game 1 of their playoff series. The Phillies won 5-1.

Lee dominates Rockies in first playoff start

BASEBALL Cliff Lee pitched like an ace instead of a post-season rookie.

Lee dominated the Colorado Rockies, tossing a six-hitter, and the Philadelphia Phillies began their World Series title defence with a 5-1 victory in their playoff opener yesterday.

Raul Ibanez had two hits and two RBIs, and Ryan Howard and Jayson Werth drove in runs with key extra-base hits off 15-game winner Ubaldo Jimenez.

Lee, the reigning AL Cy Young Award winner, struck out five and had no walks in his first career playoff start.

Yankees 7 Twins 2 — Derek Jeter and CC Sabathia got the New York Yankees off to a winning post-season start in their new ballpark. Even Alex Rodriguez broke out of his playoff rut against these tired Minnesota Twins.

Jeter tied it with a two-run homer, Sabathia was the ace the Yankees signed him to be, and New York romped over the Twins 7-2. THE ASSOCIATED PRESS

For results of yesterday's late game between the Cardinals and Dodgers, visit: **metronews.ca/sports**

Sports in brief

SOCCER At a conference in London yesterday, FIFA vice-president Jack Warner called for the introduction of a salary cap in soccer and the widespread introduction of technology. The CONCACAF president also openly questioned whether the number of players on the field should be reduced to 10 and the penalty area made smaller.

RAPTORS Newcomers Sonnie Weems and Marco Belinelli scored 12 points apiece, but the new-look Raptors dropped to 0-2 in the NBA pre-season with an 84-79 loss to the Philadelphia 76ers last night. Reggie Evans had nine points and a game-high nine rebounds in 21 minutes for the Raptors, who played for the second straight night without captain Chris Bosh and off-season acquisition Hedo Turkoglu. METRO NEWS SERVICES

Occupation-Specific Language Training
Business
- FREE workplace communication course for those with training or experience in:
  - running your own business
  - accounting
  - hospitality
- Permanent residents or protected persons
- Intermediate-level English (CLB 6 to 8)
- Classes are available daytime or evening

New classes start next week, and you can still register for classes that started in September. Call today!

Centennial College: 416.289.5000 x7540
George Brown College: 416.415.5000 x6457
Humber College: 416.675.6622 x5125
Seneca College: 416.491.5050 x2158
Sheridan College: 416 491.5050 x2158

OSLT Occupation-specific Language Training
FLAP Formation linguistique axée sur les professions
This project is made possible through funding from: Citizenship and Immigration Canada / Citoyenneté et Immigration Canada
COLLEGES ONTARIO | COLLÈGES ONTARIO

REAL ESTATE MILLIONAIRE SECRETS SEMINAR
MISSISSAUGA 6 Oct 2009 - 7pm-10pm Holiday Inn 2125 N Sheridan Way
TORONTO 7 Oct 2009 - 1pm-4pm and 7pm to 10pm Toronto Marriott Downtown Eaton Centre Hotel, 525 Bay St
SCARBOROUGH (401 & MARKHAM RD) 8 Oct 2009 - 7pm-10pm Holiday Inn Express Hotel, 50 Estate Drive
No Money Down!!! 100% Canadian Content!!! FREE
Navtaj Chandhoke Real Estate Mentor 416-409-7300
Gord Lemon Senior Real Estate Mentor 416-727-3222
CANADIAN WEALTH BUILDERS
Learn Amazing Non-conventional Out-Of-The-Box Real Estate Investing Strategies!
www.canadianwealthbuilders.com

FLIGHT CENTRE Unbeatable
Pick Up Your FREE copy of our NEW travel magazine *Footprints* at any of our Flight Centre locations.
1 877 923 2248 | flightcentre.ca
Head office address: 1 Dundas St W Suite 200, Toronto, ON. Call for retail locations. ONT. REG #4671384
TICO

Grant returns to Portsmouth
Avram Grant has returned to Portsmouth as director of football. The former Chelsea manager had a spell with the club alongside Harry Redknapp before moving on to Stamford Bridge in 2007. Portsmouth is last in the Premier League after losing its first seven games. THE ASSOCIATED PRESS

Argos coach, QB kiss and make up

Quarterback Kerry Joseph and Toronto Argonauts head coach Bart Andrus have kissed and made up.

The two met and cleared the air yesterday, a day after Joseph publicly criticized Andrus for not having named a starter for Toronto's game Saturday in Regina and called his two-season tenure with the Argos "a fiasco."

"I made the comments," Joseph said following practice. "It wasn't to take shots towards anybody, it's just I felt it was my opinion about some things.

"It wasn't to bring any type of distraction to this team or the quarterback position. We have a great group in that room and we have to continue to communicate. That was time for us this morning to sit in there and communicate and just clear the air about everything."

On Monday, a candid Joseph openly questioned Andrus's indecision. The CFL's 2007 outstanding player said having quarterbacks split reps in practice doesn't help either's confidence and also makes it difficult to create consistency on an offence struggling to develop familiarity because of a steady influx of new faces.

And Joseph added the only chance he's been given to succeed in Toronto came in the final games of last season when the Argos finished with a dismal 4-14 record.

"Other than that it's been frustrating. It's been a fiasco," Joseph told reporters. "I mean, seven wins in two years so far.

"That's not what you look for as a professional athlete."

Andrus, a former U.S. college quarterback and Toronto's offensive co-ordinator, said all is fine between himself and Joseph and added he knows firsthand the frustration both Joseph and current starter Cody Pickett are feeling.

"I played the position, I feel for them, I understand where they're coming from," he said. "I understand the frustration, that's something that's going to go hand in hand with where we're at right now."

THE CANADIAN PRESS

Presidents Cup **Two greats**

MARCIO JOSE SANCHEZ/THE ASSOCIATED PRESS

United States captain's assistant Michael Jordan, rear, watches as Tiger Woods putts during a practice round at the Presidents Cup yesterday in San Francisco. Play begins today with the U.S. taking on an international team of non-Europeans.

"ELECTRIFYING" – Los Angeles Times
"IRRESISTIBLE! A sure-fire crowd pleaser with a rock-and-roll heart!" – The New York Times
STOMP
BACK WITH NEW SURPRISES
ONE WEEK ONLY! OCTOBER 20–25
CANON THEATRE
244 VICTORIA STREET • TORONTO
416-872-1212
1-800-461-3333
MIRVISH.COM
$25 STUDENT RUSH
IN-PERSON 2 HOURS BEFORE SHOW
ONE TICKET PER PERSON WITH VALID ID

BUY ONE, GET ONE 50% OFF
Mix and Match Sport Nutrition Brands*
Choose from over 30 superior brands!
Never seen before — Buy any one product from over 30 cutting-edge sports brands and get a second at 50% off*.
Yes, you CAN Mix & Match... EVEN between brands!
And Gold Card members get an ADDITIONAL 20% OFF too!
Start saving today! Participating brands include —
ADS • Advanced Genetics • All American EFX • Amino Vital • Bio-X
Cellucor • CMI • Con-Cret • Cygen • Cytogenics • Cytosport • EAS
Gaspari Nutrition • GNC Amp • GNC Pro Performance • Infinite Labs
Isatori • Kaizen • MHP • MRI • Muscle Asylum Project • MusclePharm
MuscleTech • Nutrabolics • Nutrex • NxLabs • Optimum Nutrition
Precision • PVL • Rivalus • Starchem Labs • Strive • Thermolife
Ultimate Nutrition • VPX
But only for a limited time!*
GNC LiveWell.
Visit GNC.CA for the location nearest you
*Offer effective September 1 until October 26, 2009. Discount taken on second item of equal or lesser value. See sales associate for complete list of participating brands. Restrictions apply. See stores for complete details.

NOW UNDER CONSTRUCTION

SOUTH BEACH

condos + lofts

THE GRAND FINALE

Launch of the second and final tower

WINNER for the "2009 MOST OUTSTANDING HIGH-RISE BUILDING"
awarded by the Ontario Home Builders' Association

southbeachtoronto.com

Lakeview Living from $188,000

The Vibe of South Beach Comes Alive at Park Lawn and Lakeshore

Presentation Centre – 88 Park Lawn Road Open 7 Days 416 252 3000

South Beach Condos + Lofts is a trademark of Amexon Development Corporation

Specifications and prices are subject to change without notice. Illustrations are artist's impression. Brokers protected. © 2007. E. & O.E. All rights reserved.

5-year fixed mortgage rates
PROVIDED BY RATESUPERMARKET.CA

BMO	CIBC	HSBC	ICICI	ING	RBC	Scotia	TD	Broker
5.49%	5.49%	5.79%	5.85%	3.99%	5.49%	5.49%	5.55%	3.69%

Rates may vary by province; check RateSupermarket.ca for the best rates in your area.

RateSupermarket.ca
Canada's rate comparison website

Metro Homes

Spaces and Places

This week Metro Homes is launching a new feature called Spaces and Places. We send reporters into a different Toronto neighbourhood every week to dig out all the great spots and hidden gems that make your neighbourhood a great place to live.

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

5-year variable mortgage rates
PROVIDED BY RATESUPERMARKET.CA

BMO	CIBC	HSBC	ICICI	ING	RBC	Scotia	TD	Broker
2.25%	2.25%	2.50%	3.50%	2.35%	2.25%	2.25%	2.25%	2.20%

HANNAH ZITNER/FOR METRO CANADA

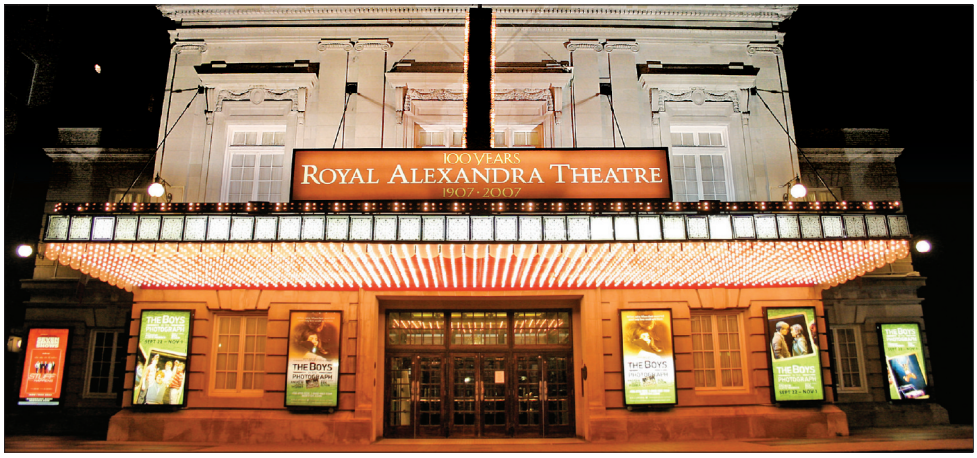
Scores of people are seen rushing through the Toronto Dominion Centre's food hall here.

Business and pleasure

Work hard, play harder, in Toronto's Financial and Entertainment District

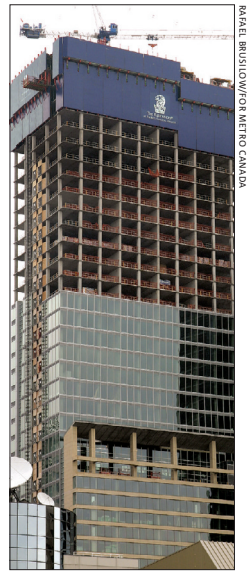
Financial and Entertainment
Places & Spaces

RAFAEL BRUSILOW
for Metro Canada



HANNAH ZITNER/FOR METRO CANADA

The Financial and Entertainment District is a place where you can live, work and play; from the Royal Alexandra Theatre, to sleek new condominium homes — like The Residences at The Ritz-Carlton, above right — and stylish restaurants, lounges and shops.



RAFAEL BRUSILOW/FOR METRO CANADA

Fun, finance and flexible living options — Toronto's Yonge-Spadina southern downtown corridor is all these things and more.

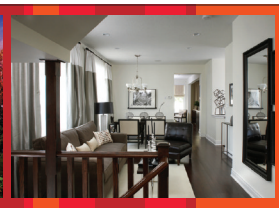
Encompassing T-Dot's Financial and Entertainment District, the jam-packed chunk of megacity running from Yonge & Dundas Square down to the Harbourfront and west to Spadina Avenue is a frantic fusion of lifestyles and demographics that somehow manage to weave together into a nervous, ever-changing harmony.

The area has served as Toronto's physical and emotional core since the city's incorporation in 1834 and contains some of its most notable landmarks and places like the CN Tower, Yonge & Dundas Square and the Toronto Stock Exchange.

It's also a demographically rich stretch of Toronto that also defies easy pigeonholing, as students and CEOs share the street with party-goers and panhandlers. To the east, the financial district keeps the engine of Canada's economy chugging with suits vastly outnumbering sneakers on the pavement, yet culture also flourishes in King Street's theatre and dining district converging on the sloping glass dome of Roy Thompson Hall.

CONTINUED ON NEXT PAGE>>

Fall Into... Design.



Evergreen™
It's Our Nature.

ENVIRONMENTALLY FRIENDLY 2-STOREY FREEHOLD TOWNHOMES & SINGLES

NEW RELEASE OF TOWNHOMES, 30', 35' & 40' SINGLES THIS WEEKEND.

FROM THE LOW $400,000's
MODEL HOMES TO VIEW!

- Easy access to &
- Double-car garages available
- Steps to St. Clair

Experience Centre:
1 Jeanette St., Scarborough
Mon.–Thurs.: 1p.m.– 8p.m.
Fri.: 12p.m.–5p.m.
Weekends & Holidays:
11a.m.– 6p.m.
Phone: 416.261.0707

monarchgroup.net

INDUSTRY LEADING LEED FOR HOMES CERTIFIED COMMUNITY

Prices, specifications and promos are subject to change without notice. The ENERGY STAR® Trade Symbol does not imply certification of this organization or its products. The ENERGY STAR® registered marks are administered and promoted in Canada by Natural Resources Canada. Project "registered under LEED® for Homes."

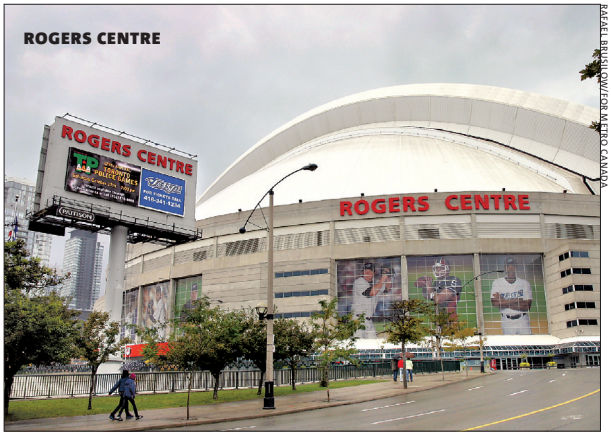
Monarch

TSO Afterworks

Check out Toronto Symphony Orchestra Afterworks: Mozart Clarinet Concerto on Oct. 21 at 6:30 p.m. at Roy Thomson Hall, 60 Simcoe St. Tickets range from $20 - $69. Purchase online at tso.ca. METRO NEWS SERVICES

CONDOS NEAR THE CN TOWER
RAFAEL BRUSILOW/FOR METRO CANADA

HOCKEY HALL OF FAME
RAFAEL BRUSILOW/FOR METRO CANADA



ROGERS CENTRE
RAFAEL BRUSILOW/FOR METRO CANADA

A centre of culture and class

<<CONT. FROM LAST PAGE

Union Station is Canada's largest railway station and serves as a hub for buses, trains and the main subway line in the downtown.

Heading south, the tall condo spires of the Harbourfront mingle with boats and boardwalkers in an area that serves as a drawing point for local tourists by day and a calming waterside respite for residents by night — head just north of the Gardiner to catch a concert at the Rogers Centre, share a drink by the water at the Queen's Quay Terminal or hop on a sky-high elevator at the CN Tower.

The Entertainment District is thronged with club-goers on weekends and frequented most days by shoppers scouring the hip vintage dens of Queen Street West.

The impressive Scotiabank Theatre at the corner of John and Richmond streets houses 13 cinemas and one heck of a long escalator.

Whatever your lifestyle, the most downtown part of Downtown Toronto is full of options and variety.

Financial & Entertainment District

Legend

MAIN ATTRACTIONS

• 1: Scotiabank Theatre; • 2: Roy Thomson Hall; • 3: Rogers Centre; • 4: Harbourfront; • 5: Union Station; • 6: Yonge-Dundas Square.

Some schools

• St. Mary's (20 Portugal Sq.) • St. Michael's Choir (67-69 Bond St.) • Ogden Jr. Public School (33 Phoebe St.) • Ryerson Community School (96 Denison Ave.) • The Waterfront School (635 Queens Quay W.) • Alpha Alternative Jr. and Sr. schools (20 Brant Street) • Contact Alternative School (132 St. Patrick St.).

Developments

• Charlie: Great Gulf Homes (345 Adelaide St.)
• City Place: Concord Adex (Front & Spadina)
• Boutique: Malibu Investments (Simcoe @ Nelson)
• Festival Tower: Daniels (King & John)
• Fly: Empire Communities (Front & Spadina)
• Ice Condominiums: Lanterra Development (York & Lakeshore)
• Infiniti: Conservatory Group (Simcoe & Lakeshore)
• The L Tower: Fernbrook/ Cityzen/Castle Point (Yonge & Front)
• London on the Esplanade: Cityzen (56 The Esplanade)
• M5V: Tas Design Build/ Lifetime (King & Spadina)
• Pier 27 & Waterlink @ Peir 27: Fernbrook/Cityzen (Yonge & Queen's Quay)
• Pinnacle Centre: Pinnacle Int. (Bay at Harbour)
• Ritz-Carlton: Ritz-Carlton Hotel Co./Graywood Dev. Wellington at Simcoe
• Shangri-La: Westbank/ Peterson Group (200 University at Richmond)
• Trump Int.: Trump Org. (Bay at Adelaide)
• Victory Condos: BLVD (King & Spadina)
• West Harbour City: Plazacorp/Berkley (Richmond & Simcoe).

The Lowdown:

• ESTIMATED AVERAGE REAL ESTATE PRICES: $337,500 (Source: Toronto Real Estate Board)

• GROCERY SHOPPING: Major grocery stores in the area include The Kitchen Table stores at 100 King St. W. and 12 Queen's Quay W. and Metro 24-hour markets at 89 Gould St. and 80 Front St. E.

DEVELOPMENTS: The upscale Trump Toronto at 325 Bay St. and The Residences at the Ritz-Carlton at 214 King St. W., Concord CityPlace east of Spadina.

• HIDDEN GEM: Opus Condominium at 220 Victoria St., between the Canon Theater and Pantages Tower.

• NOTABLE GYMS: Extreme Fitness at 319 Yonge St., just north of Yonge & Dundas Square, GoodLife Fitness in the Eaton Centre at Queen & Yonge, and at 21 McCaul St., Curves at 60 Yonge St., the King West Club at 266 King St. W.

• MOVING AROUND: Seven subway stations in the area and plenty of bus lines. GO Train access and other train lines at Union Station.

RAFAEL BRUSILOW

ROY THOMSON HALL
RAFAEL BRUSILOW/FOR METRO CANADA

SCOTIABANK THEATRE
RAFAEL BRUSILOW/FOR METRO CANADA

charlie

Condos that love you.

GREAT DESIGN. GREAT LOCATION.
GREAT FINISHES. GREAT AMENITIES.
GREAT PRICES. GREAT FINANCING.
GREAT TIMING. GREAT SELECTION.

We are now under construction and there's never been a better time to purchase a new condo from Great Gulf Homes. We are an award-winning builder with a 30 year reputation for delivering what we promise. Visit our Presentation Centre today.

CONDOS FROM THE LOW $300'S AT KING AND SPADINA

Presentation Centre & Model Suite
345 Adelaide Street West
416 927 9772 charliecondos.com

Hours: Mon - Thurs 12 - 6
Fri Closed Sat & Sun 12 - 5

BUY WITH CONFIDENCE · GREAT GULF HOMES ·

GREAT GULF HOMES

Exclusive Listing Brokerage Baker Real Estate Incorporated. Brokers protected.
Prices & specifications are subject to change without notice. E. & O.E. Illustration is artist's impression.

× Presentation Centre
○ Charlie Condominiums

CN Tower
The CN Tower was record holder for being the world's tallest free-standing structure for more than 30 years. However, in September of 2007 the Burj Dubai in the United Arab Emirates snatched the record when they went above above 555 m on it's way to being over 800 m tall. METRO NEWS SERVICES

It's got it all

HANNAH ZITNER
for Metro Canada

From live music to dance clubs, cheap eats to fine dining, comedy clubs to Broadway theatre, this neighborhood is a Mecca for entertainment.

Starting on the Northern border of the neighborhood, this lively Queen West strip is home to great show venues (The Horseshoe Tavern, Rivoli, The Rex), shopping galore and of course ample places to stop for a bite in between shows or shops (Café Crêpe, less than $10; Queen Mother Café, $15; Nota Bene, $30).

Weaving through the side streets between Queen and King takes you through Clubland where you'll find music playing into the early hours of the morning.

If dancing until the sun comes up isn't your thing, the area is also packed with a wide range of restaurants.

Take your pick from a burrito at Z-Teca's ($8) or opt for finer dining at one of Toronto's most respected restaurants, Canoe ($100 tasting menu, $140 with wine — price includes view from the top of the TD Bank Tower).

If you're looking for something different than eating, drinking or dancing, head to a Broadway show at the Royal Alexandra Theatre or have a laugh at the Second City comedy club.

Further south along the waterfront, welcomes tourists and Torontonians alike with art and cultural events at the Power Plant art gallery and the Harbourfront Centre.

Alternatively, you can opt for a more passive approach to keeping yourself entertained in this hood by taking a seat on a patio or park bench and watching as the area bustles around you.

BE SURE TO CATCH PLACES AND SPACES EVERY WEEK IN METRO HOMES SECTION.

ALL PHOTOS HANNAH ZITNER/FOR METRO CANADA

Clockwise from top: A group enjoys some live music, food and some brews at The Rex; some food is prepared at Z-Teca's and a drink is served at Bar Wellington.

Five great places for...

- **A PINT:** Bar Wellington, 520 Wellington St.; Wide Open, 139a Spadina Ave.; Smokeless Joe, 125 John St.; Bier Markt, 600 King St. W.; Fionn MacCool's, 320 Front St. W.
- **A FANCY FEAST:** Canoe, 66 Wellington St. W.; Fifth Grill and Terrace, 225 Richmond St. W.; Nota Bene, 180 Queen St. W.; Jacob's and Co. Steakhouse, 12 Brant St.; Red's, 77 Adelaide St.

What do you like about Entertainment and Financial districts? -By Rafael Brusilow

Nick Osinski
age 31, lives at the Harbourfront

A: It's a really relaxed vibe on the Harbourfront. You really see the difference when you go below Front Street.

Dana Green
age 34, works in the area

A: It's multifaceted — there's pretty much something for everyone down here.

Wade Muir
age 22, visits the area often

A: I come here to escape — I do the bar scene and I do the theatre scene. It's great and it has so much to offer.

Must-try new spots

- **COFFEE:** Petite Thuet, 1 King St. W.
- **ITALIAN:** Buca, 602 King St. W.
- **JAPANESE:** Ame, 19 Mercer St.
- **SUPPER CLUB:** The Roosevelt Room, 1 Drummond Place (at Adelaide)
- **A LÀ CATRE:** Central Asian street vendor: Between Roy Thomson Hall and Metro Hall.

–HANNAH ZITNER

i ♥ afterworks
Skip Rush Hour
Enjoy the Symphony
End your work day with spectacular orchestral music
Concerts start at 6:30pm and end by 8:00pm
Next concert:
Mozart Clarinet Concerto
Wednesday, October 21

tso.ca/afterworks 416.593.4828
tso Toronto Symphony Orchestra
Peter Oundjian | Music Director
TIPPET-RICHARDSON CONCERT SEASON
BMO Financial Group Conductors' Podium Sponsor

Invest in your future: Learn French!

- A wide range of courses.
- General & Business French from beginners to advanced.
- French at your desk or at any of our three AF locations.

Next session starts on October 27 & November 10.
www.alliance-francaise.ca
Alliance Française CANADA TORONTO
af TORONTO 416.922.2014 MISSISSAUGA 905.272.4444 NORTH YORK 416.221.4684

Plug in.
TORONTO ENTERTAINMENT DISTRICT
TorontoED.com

Create your own indoor oasis ... with the colourful flowers and vines embroidered onto this Lost Garden pillow. Anthropologie, $88, anthropologie.com. EMMA YARDLEY/FOR METRO CANADA

The natural materials, soft tones and simplicity of these bone orbs make them an easy decorative addition. West Elm, $22, westelm.com.

Homes in **Style**

Fit for a **Pharaoh**

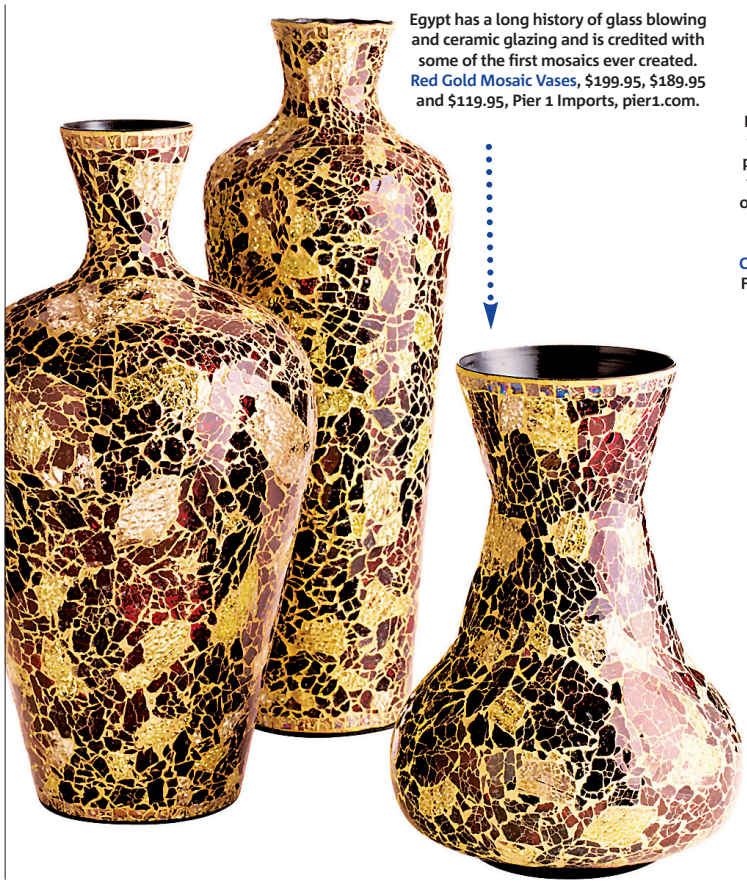
EMMA YARDLEY
for Metro Canada

To get geared up for this Friday's release of the film Cairo Time, Metro decided to take some decor inspiration from Egypt. It's safe to say that King Tutankhamen never imagined that 3000 years after his death the contents of his tomb would spark a major trend in the European decor world.

"Ancient Egyptian style differed … in its love of nature and of colour, and in a gentle, dignified sensuality that seemed to embrace all aspects of life," says Gayle Gibson, a teacher in the Royal Ontario Museum's education department.

"Their elegant, gentle, somewhat effete style, free use of fine polished woods, gold and silver, and deep, vivid colours, had a powerful effect on Art Deco in the 20th Century."

Those sensibilities are still present in Egyptian interior decorating today but have been infused with elements from classical European design and traditional Arabic influences. This unique combination makes modern Egyptian home decor both exotic and wonderfully familiar.



Egypt has a long history of glass blowing and ceramic glazing and is credited with some of the first mosaics ever created. Red Gold Mosaic Vases, $199.95, $189.95 and $119.95, Pier 1 Imports, pier1.com.

It's not hard to imagine lounging on this plush set in an Egyptian tearoom sipping on a cup of sweet chai with mint leaves. Armchair, $599.99, Couch, $799.99, Home Furniture, homefurniture.ca.

Use hand-woven Semar floor screens to divide a large room into smaller more intimate spaces. Pier 1 Imports, $279.95, pier1.com.

This Kiona trunk, with its stylized sun motif, is made of wicker and rattan woven over a dark walnut stained wooden frame. Pier 1, $279.95, pier1.com.

The 100% wool KATTRUP rug is flat woven and handcrafted; each one is fully reversible and totally unique. Ikea, $299.99, ikea.ca

Ancient Egyptian royal portraits depicted the subject at their impossible best, with all flaws and imperfections smoothed away; they were the first celebrity magazines. Gypsum replica, ROM Store, $72.50, rom.on.ca.

Getting rid of that old fridge has never been easier. And it's free.

Book a **Fridge Pick-up** today at www.everykilowattcounts.com or by calling 1-877-797-9473.

Fridge Pick-up℠ every kilowatt counts OPA Ontario Power Authority

℠ An official mark of the Ontario Power Authority. The figure and star design is trademark of Toronto Hydro Corporation used under license.

To participate, full-sized refrigerators and freezers must be between 10-27 cubic feet, in working condition and 15 years of age or older.

toronto hydro electric system

GRAND OPENING!

UNION SQUARE
AT GRAMERCY PARK

a union of urban connections

Union Square to Nathan Phillips Square,
the better way

north york's most connected address at wilson subway, just minutes to downtown & yorkdale shopping

best condo value

suites from
$179,990 free parking
save up to $20,000!*

Malibu
Investments Inc.

525 WILSON AVENUE
MON. - THUR.: 12 - 6PM • FRIDAY: CLOSED
SAT., SUN. & HOL.: 12 - 5PM
GRAMERCYPARK.CA / 416.703.2202

EXCLUSIVE LISTING BROKER
MARKET VISION REAL ESTATE CORPORATION BROKERS PROTECTED

*SEE SALES REPRESENTATIVE FOR DETAILS. LIMITED TIME ONLY. PRICES, TERMS AND SPECIFICATIONS SUBJECT TO CHANGE WITHOUT NOTICE. ALL RENDERINGS ARE ARTIST'S CONCEPT. E.&O.E.

PHOTO SUBMITTED

Marissa McTasney, of Moxie Trades, will be at the International Home Show on Airport Road in Toronto this weekend

It's a man's world no more with contractors

HomeScape

If you're a woman (and maybe even if you're a man), sometimes you want female company and perspective. And this can apply to contractors who carry out renovations at your home.

Marissa McTasney, of Moxie Trades, a company that supplies women in the trades with clothing especially designed for them, is well aware of this. She says there's been a demand for quite some time for female renovators, such as carpenters, electricians, plumbers, painters and drywallers. Trouble is, there aren't a lot of female renovators.

But this is changing, she says. Her website, MoxieTrades.com, is in the process of listing women in the trades both in Canada and other countries who register to be on her site.

For customers doing renovations, there can be benefits to hiring female contractors.

"Women contractors tend to have strong attention to detail, and are likely to be accurate in their work," she says.

In addition, the male-dominated culture of the construction business can produce intimidation and barriers to effective communication between female clients and male contractors. This can be especially significant when numerous male contractors are together and apparently feel compelled to play the stereotypical construction worker role to the hilt (and I've personally witnessed this bizarre transformation from men who interact with women quite normally on a day-to-day basis).

In contrast, female contractors understand a woman's point of view, and are not part of the "macho" mindset that can produce awkwardness and can easily squelch productive conversations between a female client and male contractors.

McTasney's website is also useful for women in the trades trying to find their places in a culture that is not yet completely friendly to women. But McTasney has faith that things are changing. With more women employed in this area, women entering the trades will no longer feel as exposed or isolated.

Some help

- If you're doing a renovation, here's what to do to find a contractor you're comfortable with:
- Contractors can be specialists who are usually experts in one particular area, and some are general contractors who have a broad knowledge.
- After you settle on the type of contractor you need, word of mouth is one of the best ways to help you make a selection.
- If you would like to hire a female contractor or companies which hire females as part of their trades, ask around or visit MoxieTrades.com to access their list of women in the trades.

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show Arresting Design; sputz@arrestingdesign.com.

More online
For more Toronto Suite Talk columns, see Metronews.ca

Modern and classic comfort

Suite Talk

RAFAEL BRUSILOW
for Metro Canada

Proving that comfort requires no compromise, Terracotta Village by Heathwood Homes makes fresh living look easy.

Located near Mavis Road and the 407, Terracotta sets the bar for comfort high with spacious, well-appointed townhomes sprouting around a large park area complete with pond and walking trails.

Heathwood Homes president Hugh Heron says the design goal of the finished homes is to achieve a blending of modern good looks with classic comfort.

"It's current and it's comfy and homey at the same time. There's a whole lifestyle projected here," Heron said.

The fully furnished and decorated model home shows off Terracotta's possibilities well.

Heathwood's goal with Terracotta Village was not to compromise on comfort.

Inside, the open-concept layout gels perfectly with modern family life and features visual accents in details like crown moulding, granite countertops and wood flooring.

A living room decked out in cream shades, silver and glass makes the most of natural warmth projected by the dark wood flooring and subtle furniture choices contribute to the inviting nature of the room.

The kitchen reveals what can be done with a classic look contrasting eggshell whites with floral red shades and more traditional, French-styled chairs. Dark granite countertops contrast neatly with slick white cabinetry, proving that comfort and style can have a happy union.

"The decoration shows what can be achieved. It's a combination of being wide-open and comfy. We want people to go through and feel they're home at last," Heron said.

Smart external visual features on Terracotta homes include steeply pitched gables, columned covered porches, brick and stone exteriors and expansive windows.

The site's location at the crux of major highways like the 401, 410, 403 and 427 with the Meadowvale GO station nearby makes Terracotta a good choice for commuters looking for plenty of space and style without sacrificing convenience.

The first phase of townhomes is already built and ready for move-in and homes range in size from 1,670 to 2,054 square feet, with prices starting at $299,900. The upcoming Imagine series of townhomes will be sized from 1,434 to 2,013 square feet and start at $259,900.

For more information, visit heathwood.com.

Terracotta Village

- Name: Terracotta Village;
- Builder: Heathwood Homes;
- Site: heathwood.com;
- Completion date: First phase of townhomes already complete, Imagine series of townhomes TBD;
- Sizes: 1,670-2,054 square feet for built phase one homes, 1,434-2,013 square feet for Imagine series;
- Starting prices: $299,900 for phase one, $259,900 for Imagine series.

JOIN THE FUN AT
THE 162ND WOODBRIDGE FALL FAIR
THANKSGIVING WEEKEND
OCTOBER 10, 11, 12, 2009
Children's Pumpkin Patch
Wagon & pony rides
Midway rides & games
Great food, arts & crafts
Historic farm equipment
Blacksmith demonstrations
Vegetable, home craft & photography competitions
Vendor tent, farmers market
Cow milking contest
Community group displays
Environmental information
Live entertainment including music, magic, clowns & more!
Woodbridge Fair Grounds
Kipling Avenue, 1 Km north of Highway #7
www.woodbridgefair.com
(905) 265-1782
Back by popular demand!
THE WOODBRIDGE DEMOLITION DERBY
Saturday, October 10 – 6:00 p.m. start

AURORA'S ANNUAL WAREHOUSE SALE!
Royal Doulton, Noritake, Wedgwood, Mikasa, Swarovski, Portmeirion, Stuart, Bohemia, Austin, Schott, Oneida, Royal Worcester, Hummel, Armani, DaVinci, Coalport, Waterford
Open Thanksgiving Day!
SAVE UP TO 90% OFF MSRP!
Bradford, Seagull, Johnson Brothers, Spode, Willowtree, Retroneau, Lladro, Oneida, KitchenAid, Franz, Henckles, Pendelfin, Precious Moments, Dept. 56, Snowbabies, LemonTree, Nachtmann
Tableware, Figurines, Baby Gifts, Trinkets, Mirrors, Stemware, Paintings, Flatware, Crystal, Linens, Collector Plates, Christmas Gifts, Silver Gifts, Flatware Chests, Bonbonniere
Weekend Door Crasher $9.95
Crystal Lotus Candleholder Reg: $25.00
SALE HOURS
OCT 10- NOV 7
Monday : 10-6
Tuesday : 10-6
Wednesday :10-8
Thursday : 10-8
Friday : 10-8
Saturday : 10-6
Sunday : 11-5
Weekend Door Crasher $99.95
Johnson Brothers Athena 40 Piece Set Reg: $400.00
OUR BIGGEST SALE OF THE YEAR!
aurora Fine China and Crystal
www.aurorawarehousesale.com
Mon-Wed & Sat: 10-6
Thurs & Fri: 10-8
Sunday: 12-5
1610 Midland Avenue, Toronto, Ont. M1P3C2/ Phone:(416) 752-9300 1-800-668-3333
HIGHWAY 401 ELLESMERE KENNEDY 1610 Midland Avenue MIDLAND McCOWAN LAWRENCE

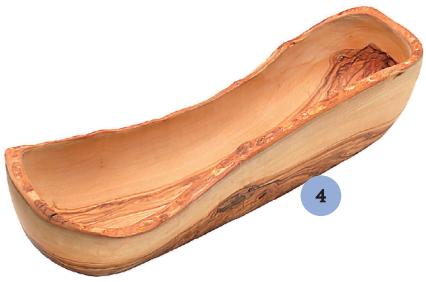
Style At Home Magazine
Read more in the September issue of Style at Home magazine.
ON SALE NOW! *styleathome.com*

Decor

styleathome

Gorgeous *grains*

Warm up fall entertaining with the natural beauty of wood.
By Julia Armstrong
PHOTOGRAPHY BY DANIEL HARRISON (PEDESTAL, APPETIZER PLATE)



1: Mango wood salad set: With its ultrasmooth walnut finish, this hand-carved bowl has a curvaceous, sculptural form that's echoed in its matching long-handled servers. Flare Bowl $60, Salad Servers $20, Crate and Barrel, 888-657-4108; crateandbarrel.ca.

2: Sheesham food pedestal: Vary heights on a buffet table with this stand made from sheesham, a hardwood from India. Large pedestal stand $39, West Elm, Toronto, 416-537-0110; westelm.com.

3: Acacia appetizer plate: This 4-inch plate has a rimmed base that fits over most wineglasses. wineglass appetizer plate $29 Per set of four, Williams-Sonoma, williams-sonoma.ca.

4: Olive wood bread basket: Author and Food Network's Dolce Vita celeb chef David Rocco has created his own collection of rustic wares. David Rocco's Dolce Vita Bread. Basket $80, Browne & Co., 866-306-3672.

The 'other' wood

Though not technically wood, bamboo is a woody plant – and a perennial fave for eco-chic home accents.

- Safe food prep: "I decided to design a board that makes cross-contamination virtually impossible," says Aussie TV chef Curtis Stone. His Flipper sits inside a sturdy frame that prevents slipping and keeps the board from touching the counter. Prepare meat on one side, then simply flip the board over to chop vegetables. Curtis Stone Flipper bamboo Cutting Board $80, The Bay, thebay.com.

Award Winning Communities. | It's where you belong.

TRIDEL®
BUILT FOR LIFE

Republic – Toronto
Project of the Year, High-Rise
25 Broadway Ave., east of Yonge St.,
north of Eglinton Ave.
416.480.0700

James Cooper Mansion – Toronto
Bloor & Sherbourne
Presentation Centre: 2 Carlton St., east of Yonge St.
416.596.9888

Three Hundred Front Street West – Toronto
Front St. West and John St.
Presentation Centre: 2 Carlton St., east of Yonge St.
416.217.0300

Verve – Toronto
Wellesley St. East, east of Jarvis St.
Presentation Centre: 2 Carlton St., east of Yonge St.
416.596.9888

Hullmark Centre – North York
Tridel Hullmark
4779 Yonge St., Yonge St. & Sheppard Ave.
416.733.2883

Grand Triomphe 2 – North York
Yonge St. & Byng Ave.
Presentation Centre:
4679 Yonge St., north of Hwy. 401
By Appointment: 416.222.3811

Avonshire – North York
4679 Yonge St., north of Hwy. 401
416.730.0300

Accolade – North York
Presentation Centre:
181 Wynford Dr.,
north of Eglinton at Wynford
416.385.0305

Metrogate – Scarborough
Community of the Year
On Village Green Square, across from
Delta Hotel. At Kennedy Rd. and Hwy. 401
416.293.5535

Ultra Ovation – Mississauga
Tridel Dorsay
Burnhamthorpe Rd., west of Hurontario St.
By Appointment: 416.798.1818

Parc Nuvo at Essex – Etobicoke
Most Outstanding High-Rise Building
25 Viking Road West
Dundas St. & Kipling Ave.
416.231.0999

Renaissance – Richmond Hill
10101 Yonge Street
North of Major Mackenzie Dr.
416.736.9500

Circa – Markham
Tridel Dorsay
3492 Hwy. 7, west of Town Centre Blvd.
905.305.0588

Tridel Presentation Centre Hours
Monday to Thursday, 11 am - 7 pm
Fridays, Closed
Weekends & Holidays, 12 noon - 6 pm

PARC NUVO AT ESSEX

Irresistible New Suites from $238,000*

Luxury condo living steps from the Kipling subway and the heart of Etobicoke

Be among the first to take advantage of this special opportunity

- 8 new 1 & 2 bedroom suites to choose from
- Parc Nuvo Club – indoor pool, fitness centre, party room, private dining room, theatre and splendid roof-top outdoor terrace
- Tridel's uncompromising quality design, premium features & finishes
- **5 designer model suites to view**
- A Tridel Built Green. Built For Life.® community

Relax, it's a Tridel.

"Highest in Customer Satisfaction" for a Fourth Consecutive Year by J.D. Power and Associates.

tridel.com

Tridel ranked "Highest in Customer Satisfaction With New Condominium Builders in the Greater Toronto Area (GTA) Four Consecutive Years" by J.D. Power and Associates 2009 Canadian New-Condominium Builder Customer Satisfaction Study℠. Tridel received the highest numerical score in the Greater Toronto Area (GTA) in the proprietary J.D. Power and Associates 2006-2009 Canadian New Condominium Builder Customer Satisfaction Studies℠. 2009 study based on 745 responses from new condominium owners in the GTA, measuring 8 builders and measures opinions of owners who registered their new condominium in January-December 2008. Proprietary study results are based on experiences and perceptions of consumers surveyed in March–May 2009. Your experiences may vary. Visit jdpower.com. Prices and specifications are subject to change without notice. Tridel®, Tridel Built for Life® and Tridel Built Green. Built for Life.® are registered trademarks of Tridel Corporation. E.&O.E. September 29, 2009.

LTD.
LIVING TOTALLY DOWNTOWN
LAST CHANCE FOR PRE-CONSTRUCTION PRICES!
Save up to $15,000*.
Final release of suites.
From the $200,000s.
LTD. is right here.
You can live here too.
SALES CENTRE OPEN
Mon.-Thurs. 1-7pm Sat. & Sun. 12-5pm
At the northwest corner of
Lakeshore & Bathurst
Ltdcondos.ca
416.601.2223
Malibu Investments Inc.
*See sales rep for details. Limited time only. Prices and specifications subject to change. E. & O. E. Illustration is artist's impression. Exclusive Listing Brokerage TFN Realty Inc. and In2ition Realty Inc. Brokers protected.

Condos still a top choice for investors

TheHunt
Amit Paul
Metronews.ca/thehunt

A few months back I published an article on the buyer's market and the opportunities it presented, as well as pitfalls to avoid. While that buyer's market no longer exists in the same capacity, I'd like to expand on our current marketplace with respect to an ever-popular practice: condominium investments.

While the term buyer's market most often describes a market where negotiation power lies with buyers, today's market still remains a positive one for purchasers. This is different from a market so deteriorated that buyers are doomed no matter how low they buy. In my humble opinion our market, while in a state of correction and uncertainty, presents opportunities of which buyers can still take advantage.

One reason for this situation is that Toronto's real estate market had not peaked prior to the infamous Black Monday and the stock market crashes of a year ago. When compared with similar markets across North America, such as N.Y., L.A., Chicago, Boston, Vancouver, Edmonton and Calgary, Toronto's real estate prices remained relatively affordable.

When you understand these important facets of today's market, it becomes increasingly evident why real estate investment should be an even hotter commodity now. Condos with significant upside are available today – in many cases – for the same price as they were more than one year ago. Those same level-A condos that attracted multiple-offer bids and achieved prices $50,000+ above market value, would today sell for, at worst, close to market value. That's not to say the market hasn't turned, but with autumn settling in and winter on the horizon, the next couple of months may offer the last possible chance to take advantage of the "buyer's market" we saw at the beginning of 2009.

The point to take away is that even in today's marketplace, real estate can offer a genuine advantage for the investor. A-level investments are few and far between, and provide a very large and significant upside over the rest of many other decent investments. A wise man once said that anything worth doing is worth doing right. Allow me to add that if you're not doing it A-level, you may be cutting yourself short. After all, who amongst us would stare an extra few thousand dollars in the face and say "No thank you"?

Amit Paul is a Realtor/Developer with Re/Max. amitp@rogers.com

Neighbours fume over smokers

LegalMatters
Jeffrey D. Cowan
jeff@cowanlaw.ca

Q My husband and I bought a half century old semi-detached house a few months ago and we have an 11-month-old boy. We have discovered that our neighbours are heavy smokers, to the point where you can smell the smoke in our living room and the basement, where our child spends the majority of his time. Neither of us smokes – plus the smell makes us nauseous and concerned about second-hand smoke for our son. We think the neighbours are tenants, but we have no way of finding out who the owners are or how to contact them. What should we do?

A There is no prohibition for someone smoking in the privacy of their own home. In fact, it is one of the few remaining places that one can smoke. However, the smell and presumably the smoke leaking into your house is infringing upon your right to a smoke-free environment.

My first avenue of approach would be to very politely introduce myself to my next-door neighbour and express my concern. If you have been there 3 months and you haven't done so already it is probably high time you did so. They may be quite receptive to your concerns and this could solve the problem. However, you should be prepared for a potential negative reaction.

The second action I would take is to be proactive with respect to the caulking and filling of any holes which may exist between your homes. A building of this age will have lots of holes and air interchange with an adjacent residence which is basically part of the same building as the one you own. A thorough inspection and application of caulking could go a long way towards solving the problem.

If this still does not work, you may want to do some investigation as to who are the owners – if in fact it is tenanted – and perhaps approach them with your concerns. They too may be unreceptive as there probably is nothing in their lease with their tenants that prohibits smoking in the rented premises.

Lastly, you may want to consider doing some more major remedial work and getting a contractor in to properly insulate the walls between the two adjacent homes.

Jeffrey Cowan is the principal with Cowan Taylor and McGee, Barristers & Solicitors. The information in this article should not be relied upon as legal advice.

Spectacular Selections, Spectacular Prices. The Time To Act Is Now!

GRAND OPENING CONTINUES

ST. CLAIR AVE. WEST'S SUCCESS STORY

ALREADY OVER 40% SOLD!

Perfect Location, Perfect Timing, Perfect Value! It's everything you've been waiting for: impressive oversized suite designs, breathtaking views, fabulous amenities and a spectacular central city location. **With shops, cafés, parks and the subway minutes away**, **530 St. Clair West** addresses everything you want! Be part of the city's most exciting new community!

NEW SUITE RELEASE

FROM THE $250's TO THE $400's

530

FIVETHIRTY

ST. CLAIR AVE. WEST CONDOMINIUMS

ACTUAL 19th FLOOR VIEW

530condos.com

SALES OFFICE OPEN

PRESENTATION CENTRE AT:

530 ST. CLAIR AVE. WEST AT BATHURST / 416.868.0500

Details, prices and specifications subject to change without notice. Rendering is artist's concept only. E. & O.E.
Sales and Marketing: TradeUp Real Estate Inc., Realtor. BROKER'S PROTECTED. 2009.

ANOTHER FINE PROJECT BY:

THE GOLDMAN GROUP | Lash DEVELOPMENT CORPORATION

Smart Select availability
Smart Select products are available at home centres across the country. More information is available online at blackanddecker.com. NEWS CANADA

It's not all about power

Using power tools can be more of an art than a science when tackling a new project.

Most of us never look at the settings of our drill or sander. Instead we turn it on and just opt for the most power — assuming that will get the job done quickly. But more power doesn't guarantee the best results, and can actually cost you time to fix mistakes. We all know that a stripped screw or over sanded project can leave us, quite literally, in the (saw)dust.

Size and speed do matter. And so do the clutch and torque settings. The problem is that the standard numbered settings don't explain how best to set the tool for specific projects. For example, when you want to drive a screw into 1/4-inch plywood what gear should the drill be in and which torque level should you select? Or, if you'd like to sand down the dining room table for a fresh coat of stain, how can you set your sander to avoid deep scratches?

The best bet for the home handyperson who expects more from his/her tools is Black & Decker's new generation of products with Smart Select technology. These specially designed drills, sanders, jigsaws and screwdrivers will help your loved one avoid DIY disasters and finish projects faster with fewer hassles.

"We found that many do-it-yourselfers have to do a lot of guessing when it comes to setting a tool for optimal performance on jobs," says Jocelyn Stephen, marketing manager at Black & Decker Canada.

NEWS CANADA PHOTO

Black & Decker's Smart Select sander in action.

"The Smart Select series eliminates the guess work; each tool has simple icons to help select the appropriate application. Just set the tool to the icon that matches your task and the tool automatically selects the right settings to get the job done right."

Drilling a 1/2-inch hole into metal, or a 7/8-inch hole into wood? Simply line up the icon and voila you're using the tool like the pros. Both experienced and beginners will appreciate taking the guesswork out of DIY projects.

Currently three different voltages of drills are available (12v, 14v, and 18v), as well as a jigsaw, a complete sanding kit, and a very handy compact screwdriver with a magnetic bit holder. No more dropped screws. Prices range between $50 and $100.

So this holiday season, give the handyperson on your shopping list Smart Select tools that will work harder so they don't have to. NEWS CANADA

"We found that many do-it-yourselfers have to do a lot of guessing when it comes to setting a tool for optimal performance on jobs,.
Jocelyn Stephen of Black & Decker

DOWN UNDER Since 1989
THANKSGIVING SALE
Sealy
We sell brand name mattresses for less & offer a 60 day comfort guarantee

WITH PRESSURE RELIEVING LATEX
Sealy Posturepedic
MAGISTERIAL EURO-PILLOWTOP MEMORY FOAM & LATEX
$749.99* Compare $1299.99
QUEEN MATTRESS
LUXURY FIRM or LUXURY PLUSH*
• The Very Best from Sealy
• Luxurious silk & wool blend
• Featuring Space Tech Memory Foam & Latex
• Unicased II Edge Support

	Compare	SALE
Twin	$1049.99	$649.99
Double	$1199.99	$729.99
King	$1549.99	$1049.99

Sealy NAVONA MATTRESS WITH MEMORY FOAM
QUEEN MATTRESS $449.99* Compare $699.99

	Compare	SALE
Twin	$599.99	$429.99
Double	$679.99	$439.99
King	$1049.99	$699.99

Make Back and Neck Pain Disappear
"I have a very bad back condition and since I've started sleeping on my TEMPUR mattress it's the only time I get relief from my back pain." Sheila Jacobson Toronto, ON
IN STORE PROMOTION ON TEMPUR-PEDIC MATTRESSES, PILLOWS AND ADJUSTABLE BEDS. CALL FOR DETAILS.
Experience TEMPUR today. Better sleep better life
TEMPUR PRESSURE RELIEVING MATTRESSES AND PILLOWS

DUVETS DUVETS DUVETS
SIZE DOESN'T MATTER
RICHMOND FIBER DUVETS $29.99* Compare $79.99
ANY SIZE 1 PRICE

	COMPARE	SALE
WHITE GOOSE FEATHER	$99.99	$49.99*
WHITE DOWN FILL	$149.99	$79.99*
HUNGARIAN DOWN FILL	$189.99	$99.99*
EUROPEAN DOWN FILL	$299.99	$149.99*

EUROPEAN DOWN PILLOWS
Compare $129.99
$39.99* Std or Queen

EGYPTIAN COTTON Stripe Sheet Sets
Compare $59.99
$29.99* ANY SIZE

MATTRESS PADS
Compare $59.99
$19.99* ANY SIZE

2" MEMORY FOAM TOPPERS
Compare $200.00
$139.99* TWIN

MANCHESTER BED
$499.99* QUEEN Compare $699.99

OLIVER BROWN SOFA BED
Compare $399.99
$249.99
Converts from Sofa to Bed in Seconds

Down Under Downtown
444 Yonge Street
College Park –College Subway
416-598-2184

Down Under Markham
8561 McCowan Rd.
Inside Fabricland Plaza
North of 7, Across from Markville
905-201-9496

Down Under Beaches
2116 Queen St. East
Between Hammersmith & Wineva
FREE PARKING (CALL FOR DETAILS)
416-693-6128

Down Under Mississauga
5170 Dixie Road
Between Eglinton & 401
905-624-5854

More Amazing Furniture and Bedding Deals at www.downundertoronto.com
*Ad must be presented or mentioned to receive offer. Sale ends Oct. 11th/09

stephanie cluett
sales representative STYLE4LIVING.COM
Thinking about Buying?
Let me help you find your Style 4 Living!
Or perhaps you are ready for that NEXT step in your life?
Let me help you showcase your home, get it SOLD quickly & let's move you up the real estate latter.
416.690.2181
ROYAL LEPAGE Estate Realty BROKERAGE INDEPENDENTLY OWNED AND OPERATED

RECOMMENDED BY METRO READERS
Top 5 Roofers

Professional Roofers
"They were on time, good value and took a lot of pride in doing a great job."

Milano Roofing
"They were inexpensive, fast and tidy, not to mention really professional and a pleasure to deal with."

Rightchoice Roofing & Repair
"Dependable, reliable and extremely courteous to their clients!"

Bruno
"Bruno did a great job redoing my flat roof and shingles, he came highly recommended and his prices were competitive."

Darryl Nightingale
"Great work for a fantastic price."

Visit metronews.ca/gigpark for thousands of reader recommendations
Powered by metro and gigpark

Wake up happier

Condos and Lofts, so close to the Brampton Go Station, you'll have more time for the really important things in life.

Like sleep.

BLADE
CONDOMINIUMS

Coming this Fall to Olde Brampton.

A downtown address cutting edge in its design and rising right next door to the Brampton GO Station and the city's vibrant downtown. Blending the old façade of the existing historic factory with a modern, urban lifestyle within.

Starting from **$179,900**

Be sharp. Register for Blade today

bladebrampton.com *(Mobile-Friendly)*

905-286-5270

In2ition Realty

Rendering is artist's concept only. Prices and specifications are subject to change without notice. E. & O. E.
Exclusive sales and marketing In2ition Realty Inc. Brokers Protected.

PRESTON GROUP

Style

Barbie's back in Town

After a successful run last spring, the Barbie by Town Shoes collection is back with a new set of styles for fall. This exclusive collection features glamourous peep toe pumps, zebra platform booties and even over the knee boots as well as purses — all inpired by the trendsetting doll. Prices range from $59.95 to $275. To see the entire collection visit townshoes.com. METRO NEWS SERVICE

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Tousled, big and wavy

Bed head, retro curls make a comeback on the major runways

ANDREA WOO
For Metro Canada

CHRISTOPHE ENA/THE ASSOCIATED PRESS

Retro waves with a defined side part was a big trend seen on the fashion runways this season. Here a model sports the look during Alena Akhmadullina's show at Paris Fashion Week earlier this week.

Good news for the fashionably inclined but stylistically challenged: Casual hair is back in style.

At the recent London, Paris and Milan fashion weeks, tousled locks were big on the runways, with many models sporting loose waves and messy buns.

"It's very free hair this season," said Toronto-based celebrity hairstylist Jie Matar, citing Chanel and Prada as fashion houses adopting the look for their models. "Mostly, we used to see sleek and coifed hair, but not this season. This season's all about tousled, big and wavy. Victoria Beckham is not the look anymore."

Cherie Grass, senior stylist and educational director at Vancouver's Toni & Guy salon, says accompanying the retro waves are defined centre or side parts and often a lot of back-combing to create volume at the crown.

"They're looser, more combed out and messy," said Grass of this season's looks. "There's definitely a '60s feel."

As for colour, Matar says streaks and highlights are out, being replaced with all-over colour in warm, rich hues such as caramel, cinnamon, gold and copper.

Tania Becker, co-owner of Vancouver's Moods Hair Salon, has styled hair for the runway shows of the Paris and New York fashion weeks for 14 seasons. She agrees that this fall, the trend for hair colour is warmth.

"Brunettes are leaning towards warm chocolate tones, blonds are trading ash and platinum shades for honey or golden hues," said Becker. She adds that the most influential colour is red: "(Model) Coco Rocha caused a buzz when she showed up on the fall and winter runways with her new, rich, copper hair."

Canadians wanting to incorporate the European trends into their daily look should invest in a good, layered cut, as styling can be fairly minimal.

"The most important thing is to cut it in a very tailoring technique," said Matar. "Add a lot of layers that can give it an illusion it's one length at the back — to the shoulders —and at the same time (do) a lot of teasing on the crown."

For easy texture and volume, Becker recommends generously spraying dry hair with hairspray or setting spray, doing four or five large braids and sleeping on them overnight.

"In the morning, take the braids out and shake it out," she advised.

LUCA BRUNO/THE ASSOCIATED PRESS

GETTY IMAGES

Messy buns and tousled updos were also predominate hairstyles seen in London, Milan and Paris fashion weeks. Below, left: Chanel's Pret a Porter show in Paris. Left: Fendi's spring/summer 2010 collection, presented in Milan last month.

Take Off More

Warehouse Sale

at the International Centre
Thursday, October 8 – Monday, October 12

Tom Mihalik will always Take Off More to complete a sale!

FIRST FLOOR ONLY

Men's Suits 5 for 1 LESS $200

High End Labels designer suits *up to* **60% OFF**

selected men's sports jackets $99

men's Cashmere sports jackets — NOW — **$299**
regular sale price $399

men's dress pants *from* **$50**

women's wear *up to* **90% OFF**

Proud Supporter of Reena Foundation
www.reenafoundation.org

Established 1958
Tom's Place

at the **International Centre**
Hall 6 – 6900 Airport Rd.
Corner of Airport Road & Derry Road
Lots of Free Parking
Th. & Fri 11-8 ▸ Sat 10-6 ▸ Sun & Mon 11-5
OPEN THANKSGIVING MONDAY

For more info. call Tom's Place
416-596-0297
toms-place.com

Get pretty at Beautylicious

BEAUTY Medi-spas and salons in Yorkville are hosting a huge get-prettier promotion from Oct. 28 to Nov. 7. Called Beautylicious, it offers consumers (men and women) a chance to check out spa and wellness packages as well as cosmetic-derm services at special price points of $25, $75 and $125.

More than 50 businesses are taking part. Top salons such as Oskar on Scollard Hair Studio, Salon Daniel and Salon Escape (who works with Breakfast Television's Dina Pugliese and Jennifer Valentyne) are offering blowdry, cut and colour services at each price level.

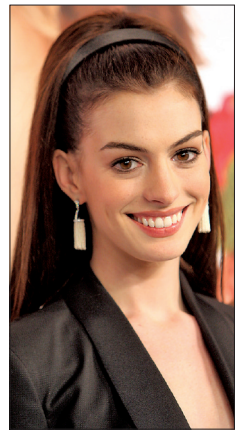
When was the last time anyone managed to score a great cut and colour for under $200? Oskar is known for his talent with colour correction; a colour and cut is $125 during the Beautylicious event time period.

Clarins Skin Spa, Holt's Salon & Spa and Pure & Simple are among the spas offering great deals as well, such as hand and feet rejuvenating specials for $25, therapeutic facials for $75 and luxurious full-body treatments for $125.

Even the beauty doctors are in on the extravaganza. Dr. Cory Torgerson is the only dermatologist in Canada with 3-D photo-imaging technology that gives patients a glimpse of their post-services results before surgery; he's offering the $250 service free of charge. Glow Medi Spa's Dr. Diane Wong, who is known for her baby-steps approach to cosmetic work, is offering $25 laser removal for upper-lip and underarms.

Book now at bloor-yorkville.com/Beautylicious

JANINE FALCON/ FOR METRO CANADA



GETTY IMAGES

Add a touch of dazzle with a crystal-encrusted clip as seen on actress Zooey Deschanel (far left); emphasize your updo like TV personality Cat Deeley (middle) with a flowered head band; or go for the oomph like actress Anne Hathaway with a thick headband (far right).

Embellish your 'do

Accessories can help add a little flair to hair: Stylist

JANINE FALCON
For Metro Canada

Good news for the fashCelebrities stepped up their hair-glam game almost a year ago, says Hanoch Drori, who has worked with stars such as Jordan Sparks and is currently hair stylist for Leah Miller on So You Think You Can Dance Canada.

"Now we're catching up, seeing more decorative headbands and hair pins with feathers, crystal beads and full-size flowers. Hair this year is definitely more embellished." And while he notes that headbands tend to be more popular with the younger set and decorative clips and pins strike a glamour chord with an older crowd, age doesn't really matter when it comes to adding a little flair to your hair.

Eric Del Monaco, hair artist and colourist for L'Oréal Paris and lead hair artist for LG Fashion Week, likes a simple accessorized chignon for evening. "Make a pony-tail, wrap it around to form a bun, secure with hair-pins, then add a few sparkly pins around it."

For day, he suggests creating a tousled texture by adding random curls with a hot iron, raking through a little wax or pomade, then pinning hair up loosely just below the crown. Finish with a wide stretch bandeau to encircle your head from just behind the hairline to under the pinned up part.

For Montreal-based Alain Larivée, Canadian creative consultant for John Frieda Professional Hair Care, jewelled or feathered hairbands are where it's at. "You have to be confident to pull the look off," he says. "Show a little attitude."

A crystal-encrusted or feathered band with swingy long hair or full, tousled waves and curls is easy for a night out: Hold a band over the top of your head and simply slip it into place two inches behind your hairline. (It's about accessorizing, not about pushing your hair back off your face).

When it comes to wire headbands with a single embellishment though, Larivée likes to hide the wire and showcase the decoration. Start with a low chignon, leaving a front section of hair free, like long bangs. Slide the headband in, then backcomb the loose front section of hair "like you're back in high school." Pull the hair back over the headband to conceal the wire (not the embellishment), and pin ends into the chignon.

Aside from accessories, your best hair friend this season will be Goody's easy-to-manouevre Colour Collection Petite Bobby Pins — they'll keep things in place and stay out of sight.

Clockwise from top: Jolie arched rhinestone clip ($12.99), Jolie diamond clip ($12.99), Jolie headbands ($8.99-$12.99), Jolie diamond rhinestone barrettes ($9.99), Goody Francesca Barrette ($6.99). All available at Shopper's Drug Mart (the new Jolie collection debuts in November).

Clean Slate Beauty
Laser hair removal specialists
Fall 2009 Promotion – First Treatments:
Upper back (with shoulders) $150
Underarms $60
Save even more with a package!
Get ready for next summer now that your tan is fading.
We use GentleLASE, a real laser – not IPL!
Call for a free consultation
(416) 585-2222 • www.cleanslatebeauty.com
Chinatown Centre • 222 Spadina Ave • Unit 261

COSMETIC VEIN & LASER MEDICAL CENTRE
Botox: Wholesale Prices
Procedures Available
• Botox • Vein Treatments • Wrinkle Removal
• Acne Treatments • Brown Spots • Fillers
• Facial Veins • Tattoo Removal
Dr. S Wolgelernter, M.D.
416-285-VEIN (8346)
TORONTO - 113 Yorkville Ave, 2nd Floor • SCARBOROUGH - 2425 Eglinton Ave. E (at Kennedy)
www.cosmeticandlasermd.com
Accepted here

ADVANCED HAIR & SKIN CLINIC
◆Photofacial ◆Skin Rejuvenation
◆IPL Laser Hair Removal ◆Microdermabrasion
For Men & Women
Present this ad and receive:
One FREE Microdermabrasion or $100 off any treatment package*
*Limited Time Offer
416-512-6400
info@freedomhair.com
FREEDOM HAIR SYSTEMS
Free VIP discount card with every package
Suite 107 - 90 Sheppard Ave. East
North York, Ont. M2N 3A1
www.FreedomHair.com 1 Block East of Yonge & Sheppard Station

HERZING COLLEGE
Put yourself in high demand with a career as a
Law Clerk, Paralegal, Legal Assistant or Police Foundations
Internship included
Classes Forming NOW!
1-888-NEW-CAREER
1-888-(639-2273)
www.herzing.edu Toronto Eaton Centre Campus
Certified Law Clerks
Law Clerks are trained professionals who administer legal and administrative duties usually under the supervision of a lawyer. These duties include but are not limited to managerial roles in the law office, legal document administration and a general knowledge of practice and procedures within a specialized area of law. Law firms, corporations and government hire Law Clerks to work in areas of real estate, litigation, corporate law and estates.
Herzing College provides professional training to assist students to prepare for Law Clerk specific industry certifications. Although certification is not necessary in order to become gainfully employed as a law clerk, achieving certifications will help the student develop a specialized expertise and enhance their employment options and earnings.
To create your career call:
1-888-NEW-CAREER (1-888-639-2273)

ELLE CANADA

ELLE Canada magazine on sale now!
Beauty fragrance report! The top scents of the season, only in our November issue!
STYLE CONTENT BY ELLE CANADA, SEE MORE AT: **ellecanada.com**

CLIP ART

Brian Phillips, a Toronto-based hair-stylist and owner of WorldSALON, on how to wear hair accessories:

● "The right hair accessory can up your cool quotient instantly," says Phillips, "but if you're going to wear a statement hairdo with bling, pare down your outfit."● Try out a few different options, depending on what you want to achieve, says Phillips. A tortoiseshell comb or an old-fashioned brooch (sewn to a hair clip) adds sparkle, and simple accessories like an extra-long shoelace or a handful of bobby pins make an edgy statement. ● Limit the glitter to evening. For day, a subtle headband, leather string or barrette looks casual but polished.

Emily Elizabeth Jewelry Kimberley hair comb ($77)

Banana Republic 3-Diamond headbands ($40 each)

Anthropologie Gossamer clip ($18)

To read these stories and more, visit: **ellecanada.com**

THE BUSINESS OF GENIUS

A master of drapery and cloth, Christian Dior was also as savvy as a tycoon about the business side of fashion. That's the idea behind Dior, a new book by Alexandra Palmer, a fashion scholar and senior curator at the Royal Ontario Museum. Palmer traces the brand's history between the pivotal years of 1947, when the landmark New Look collection launched, to 1957, when the designer died."Dior was a magic word," says Palmer. "It was buying into a dream, the magic of Paris. Anything associated with him was gold."

RunwayBeauty

breathing room for a tight budget

A $25 GIFT CARD JUST FOR YOU!

WITH EVERY $100 SPENT ON ALL OUR FABULOUS FASHIONS.
HURRY! OFFER ENDS OCTOBER 17TH 2009.*

* Before taxes. Some conditions apply. See stores for details.

www.reitmans.com

Reitmans
Designed for real life®

Star-inspired tresses

Gossip Girl, High School Musical and Madmen set new hair standards

LEYLA EMORY
For Metro Canada

Layers owe a lot to Jennifer Aniston. It used to be you couldn't step outside a salon without donning a freshly cut version of "The Rachel." These days a new crop of TV stars is shaping our look.

"It's kind of like the evolution of the Jennifer Aniston hair cut," says Shannon Simmonds, Joico International artist and owner of On the Fringe Hair Salon in Vancouver. "It's that long, wavy kind of look from shows like Gossip Girl. A more natural look with natural highlights."

Think Gisele Bündchen meets Lauren Conrad. "The Hills has a lot of that soft, long layering, breezy, wavy, red carpet hair that's really hot," says Tony Chaar of The Tony Chaar Salon in Toronto. "Every girl on the street is either wearing (their hair like) that or wants to."

But don't be fooled. Just because it looks natural doesn't mean it is. "Because they're reality shows, girls think it's reality," says Simmonds. "We have to explain to them that that nice, pretty, wavy hair took a couple of hours to do." It's not coincidental that extensions are also "huge right now," according to Simmonds.

Product lines are also gearing towards this new look. "The products we use are all about making the hair look like you don't have any product in the hair," says Kevyn Martell, brand manager and hairstylist at Kevin Murphy. "It's called session hair: hair that you see in a magazine that doesn't look like it's done by a hairdresser." But it is.

Thanks to Zack Efron (High School Musical) and Robert Pattinson (Twilight) guys are also going to great lengths to look effortlessly coifed. "It's looking like you worked on it but you didn't do anything to it type of thing," says Simmonds. "So shaggy and messy but still styled."

And while we're on the Vampire genre, the new trend in TV towards the dark brooding bloodsuckers is also playing out on our hair. "A lot of blonds went a little bit darker this year," says Chaar. "They went to lighter mocha's with low lights — warmer and softer tone on tone."

For special occasions though it's back to glamorous era of Mad Men. "Guys are definitely getting stronger more square shapes, parted on the side. That's really coming back," says Simmonds. "For women I've been doing a lot more finger waves and things like that."

PROTECTION.LINE

"ALWAYS PRACTICE SAFE STYLING"

GET PROTECTED WITH KEVIN.MURPHY PROTECTION.LINE

LOVE YOUR FLAT IRON AGAIN
These revolutionary new products will help protect hair up to temperatures of 220° C

YES...YOU CAN LIVE FRIZZ FREE!!!

Ask for Kevin.Murphy products at your salon. If you need help locating a Kevin.Murphy salon please call **416.787.1211.** Distributed in Ontario by LIQUID LUXURIES SALON SYSTEMS A division of Toronto Barber & Beauty Supply • 112 Orfus Rd., Toronto
Always sulphate and paraben free... eco-friendly packaging too! **www.tbbs.ca**

A FALL FAREWELL
SO LONG SOUTHERN COMFORT

Mention or bring in this ad for the ENTIRE month of October.

For each 60 minute or 90 minute massage (official receipt for insurance purposes issued) receive a ***FREE*** manicure or pedicure.

Get a full head of colour or hi-lites and your wash, cut and blow-dry is ***FREE***.

25% off ANY esthetic service (includes manicures, pedicures, waxing, facials, body treatments & brow/lash tinting)

Purchase any select bottle of Tanning Lotion and receive one month of UNLIMITED TANNING ***FREE***.

Look inside Metro on Thursdays for upcoming promotions, specials and the launch of our NEW NAME!

SOUTHERN COMFORT SALON SPA
416.944.3648 • 584 Church Street, Toronto (south of Bloor)

international CLOTHIERS

IMPORTERS AND MANUFACTURERS OF FINE MEN'S AND BOYS CLOTHING

ADOLFO | GLAUDIO MORELLI Milan | Cigliano COLLEZIONE ITALY | SMITH & BARNES LONDON | For Him U.K. | ZANNINI Italy | Vroom & Dreesmann

NO TAX SUITS

$ from 99.99

3 DAYS ONLY

THURSDAY • FRIDAY • SATURDAY

Boys Suits

$49.99 From

available sizes 4 - 20

Screen Tees

$10

VARCITY Athletic Pants

$10

COTTON RICH DRESS SHIRTS

$10

Long sleeve Knit Tops

2 FOR $20

Varcity Hoodies

2 FOR $30

Fleece Sweaters

2 FOR $30

Varcity Fleece Pants

$10

Varcity Hoodies

$10

Moto jeans

2 FOR $30

Long sleeve Athletic Jerseys

2 FOR $20

Moto Jeans

$19.99

Dress Pants

$19.99

Bubble Vests

$19.99

PVC Jacket $ from 29.99

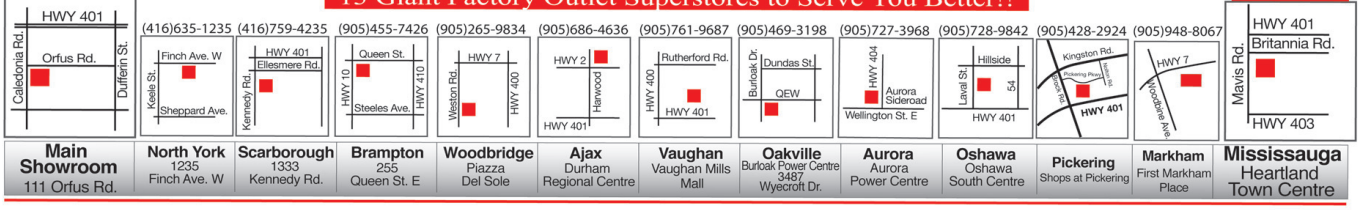
Cord Jacket $49.99

Wool Coat $79.99

Board Jacket $79.99

Some exceptions apply • Some items may not be available at all locations • Shop early for best selection • see store for details

13 Giant Factory Outlet Superstores to Serve You Better!!



Main Showroom	North York	Scarborough	Brampton	Woodbridge	Ajax	Vaughan	Oakville	Aurora	Oshawa	Pickering	Markham	Mississauga
111 Orfus Rd.	1235 Finch Ave. W	1333 Kennedy Rd.	255 Queen St. E	Piazza Del Sole	Durham Regional Centre	Vaughan Mills Mall	Burloak Power Centre 3487 Wyecroft Dr.	Aurora Power Centre	Oshawa South Centre	Shops at Pickering	First Markham Place	Heartland Town Centre

Elvis' grandson signs record deal

Elvis Presley's teenage grandson has landed a record deal worth $5 million US. Benjamin Presley has landed a five-album contract with Universal, and has already started work on his first LP, which he hopes to release next year. METRO NEWS SERVICES

Entertainment

Gaga Gossip

Lady Gaga will appear on an upcoming episode of Gossip Girl, according to the New York Daily News. The singer is said to be playing herself.
METRO NEWS SERVICES

EDITOR: DEAN.LISK@METRONEWS.CA

Michael Bublé's Crazy Love

Matthew Good

Album: Vancouver
Label: Universal
Rating: ⊕⊕⊕⊕

VANCOUVER NATIONAL ANTHEM should be the official song of the 2010 Olympics. Matthew Good tears into the touristy tinsel wrapped around his hometown to reveal something sinister lurking below the snow caps. Good sings about the horrors of Vancouver's downtown eastside through the zombie eyes of the people who inhabit it. "We all live downtown/We all die downtown/Step Over Ourselves," goes the chorus. Keep it in mind when you watch the figure skating live from GM Place. But this album is not all about politics. Good uses the city that has nurtured his muse as a canvas on which to squeeze out some more personal demons. Some of it is even sentimental. All in all, Good remains angry, angsty and relevant.

Graham Rockingham/for Metro Canada

MusicReviews

music@metronews.ca

Michael Bublé

Album: Crazy Love
Label: Reprise/Warner
Rating: ⊕⊕⊕⊕

BY NOW, MOST people know what to expect from Michael Bublé — sweet crooning, pop standards, and light jazzy sounds. But somehow, the artist can still surprise. Crazy Love is the Vancouver singer's most diverse record. He tackles both Cry Me a River, a bouncy love song by Arthur Hamilton, and Ray Charles' Georgia on My Mind, which features the smokiest vocals of his career. He ends the disc with a fantastic cover of singer-songwriter Ron Sexsmith's Whatever it Takes. Whatever you think of the guy, Bublé does his thing better than almost anyone else.

Bryan Borzykowski/for Metro Canada

WARNER MUSIC PHOTO

Crazy Love is the most diverse record of Michael Bublé's career.

Backstreet Boys

Album: This is Us
Label: Sony Music
Rating: ⊕

LET'S DEAL FIRST with the title of this album. Surely it can't be grammatically correct? Shouldn't it be This is We? Or even Those are We? We'd grant the Backstreet Boys the artistic license to break the language rules, of course, if there was (were?) any art contained on this ... this ... thing. We're not asking for cliche-breaking lyrics, just some dance beats that won't drive us up the wall. We should at least expect vocal harmonies that sound something more than machine generated. The low point is a track called PDA. The letters are supposed to stand for Public Display of Affection, but the song contains all the emotion of a Personal Digital Assistant. Who is going to buy this album? A lot of 20-something women trying to relive their adolescence.

Graham Rockingham/for Metro Canada

Kiss

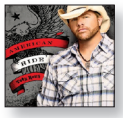
Album: Sonic Boom
Label: Roadrunner
Rating: ⊕⊕½

THERE'S NO GOOD reason why Kiss is releasing a new disc — the follow-up to 1998's Psycho Circus. Most people like the old tunes, and the recent music doesn't sound any different than those hits (besides being worse). In some ways, it's admirable that they care enough about themselves as musicians that the band members want to work on a new album, but they know where their bread and butter lies — an accompanying disc is loaded with classics. In the end this album is for the die-hards; casual listeners should stick to one of Kiss' greatest hits records.

Bryan Borzykowski/for Metro Canada

Toby Keith

Album: American Ride
Label: Universal
Rating: ⊕



TOBY KEITH HAS become the Rush Limbaugh of country music. His blinkered ideal of the American dream is under threat from the "wave comin' cross the Mexican border," weak-kneed liberals wanting to "bust" people for singin' Christmas carols, consumer protectionists suing hamburger joints for spilled coffee and paranoid environmentalists worried about aerosol cans and ozone holes. Patriotism is defined by killing Iraqi "sons of bitches" in "low-water ditches." Everything would be better, of course, if we just increased the size of American flags, Harley choppers and plasma TVs.

Graham Rockingham/for Metro Canada

Hockey

Album: Mind Chaos
Label: Capital/EMI
Rating: ⊕⊕½

WHILE THE NAME might pique the interest of many Canadians, Hockey is just another rock band from the U.S. The buzz around this Oregon foursome is growing, but it's not clear why — they're basically another fuzzy guitar band in the vein of Hot Hot Heat. There are a number of catchy songs here, and the mix of electro sounds is a nice touch, but ultimately they don't offer anything new. Some tracks do veer from the distorted formula, but that's not necessarily a good thing — Work sounds like a Maroon 5 cover.

Bryan Borzykowski/for Metro Canada

Listen to this week's reviewed music at metronews.ca/music

Mel's record wiped clean
Mel Gibson has won a court battle to clear his conviction for a notorious 2006 drunk driving incident from the police record, now that he has finished his three years of probation. FEMALEFIRST.CO.UK

New disc is a Good homecoming

In 'Vancouver,' rocker explores his relationship with his native city

KEITH CARMAN
for Metro Canada

Matthew Good aims to show the best and worst of Vancouver.

"Hospital Music was cathartic. This album is getting it off my chest," declares solo rocker Matthew Good about the relationship between his last effort and his current offering, Vancouver (Universal).

To Good, both albums are incredibly personal, albeit on disparate levels. Where 2007's Hospital Music was created as Good came to terms with a long-standing medical condition, Vancouver, which was released this week, is slightly more relaxed. It relays his experiences, sentiments and aspirations for the city he has grown with over two decades.

"When you live somewhere for so long, you see everything: the good and the bad," he continues. "You can't dispel one for the other, which is why even people who claim to hate a city still have fond memories in it. You have to focus on both of those emotions, and this album does just that.

"In this city alone, I've lived everywhere from nice neighbourhoods to the poorest one in Canada. I've watched Vancouver turn from an edgy scene with a great arts and music community to [the point] where those communities have been stifled. Some people call that progress, but I call it a cultural loss."

Despite the city's "loss," Good's commentary on the current state of Vancouver proves his creativity is at an all-time high. From the straightforward

flow of Last Parade through Great Whales of the Sea — a song he crafted while tinkering with authentic whale sound bites — the album's 10 tracks are a strong step forward from Good's already solid body of work.

"I have a definite affinity for grandeur, especially orchestral arrangements. I'm a massive sucker for that," he says with a smile. "The songwriting is progressive compared to the last record, depending on how you define that. You can go off the deep end and be experimental, but I focus on the emotive quality of songs. That's where I find the progressive aspect of my work. You can listen to Hospital Music and it emotes a certain feeling, and I wanted this record to emote its own unique feeling."

Good offers his own means of evaluating his distinct work, be it Vancouver's slightly removed point of view or Hospital Music's intimacy. But he's careful to allow listeners to derive their own personal meanings from his compositions.

"I equate it to weather," says Good. "Almost every song of my career feels like a weather condition. That's the perfect backdrop for a song.

"For this album, well, it depends. Some songs are calm and still, quiet and contemplative, where others are a lot of wind and a looming rainstorm. There are grey days, hot days.

"Ultimately, though, it's subjective as to how people view it. Sometimes it's best for people to take it as what it is and apply it to their own lives."

Martel poem has universal message

STAR LIT Acclaimed Canadian novelist Yann Martel says he didn't know he had it in him to write a 14-stanza poem about water for a show that will be hosted in space tomorrow.

The poem from the author of Life of Pi is entitled What the Drop of Water Had to Say. It sets the theme for the show, which will be hosted by Cirque du Soleil founder Guy Laliberté on the International Space Station.

Martel will kick off the extravaganza by reading the first stanza with astronaut Julie Payette in front of a live audience in Montreal. Luminaries including former U.S. vice-president Al Gore, U2 frontman Bono and pop star Shakira will then take over, reading one stanza each from their respective cities via satellite link.

The 14-city show, called Moving Stars and Earth for Water, will be broadcast online and on several TV networks. Martel wrote the poem in just three days. THE CANADIAN PRESS

stand out
from the crowd
at the 52nd GRAMMY® Awards!

You could win a trip to the GRAMMY®s compliments of MasterCard®!
Just use the Curve™ MasterCard® to automatically enter, or submit a video at thecurvecard.com/toronto showing us how you stand out.[1]

Arrive in style with a card as unique as you
Earn up to 1.5% cash back for all your purchases![2] Then enjoy the freedom to reward yourself how you choose.

No annual fee

Apply for your card today at thecurvecard.com/toronto
You can also call 1-800-961-1151 (Quote promo code 2000).

[1] Simply use the Curve™ MasterCard® between September 15, 2009 and November 20, 2009 to be automatically entered for a chance to win. You will automatically receive 10 entries into the contest every time you use your card to make an eligible purchase between September 15, 2009 and November 20, 2009. You will receive 10 entries for a video submission with the possibility of 150 more entries if your video is selected for uploading and voted for. Canadian Tire Bank reserves the right not to accept for submission any videos it considers inappropriate or not in compliance with contest guidelines. No purchase necessary. Visit thecurvecard.com/toronto for details on no purchase necessary entry. There is one (1) grand prize Grammy Prize package (CAD$15,000 estimated value) to be awarded to the winner of the contest draw, and one (1) CAD$500 credit to the Curve MasterCard, or a Canadian Tire gift card loaded with CAD$500, will be awarded to the person who receives the highest number of votes for their video submission. Full contest details available online at thecurvecard.com/toronto. Contest closes November 20, 2009. Skill testing question required. Odds of winning depend on the number of eligible entries received.
[2] Some conditions apply. See Cash on the Curve™ Rewards Program Terms and Conditions for details. The Canadian Tire Curve™ MasterCard® is issued by Canadian Tire Bank pursuant to a licence by MasterCard International.
®/™ The trademarks of Canadian Tire Corporation, Limited are used under licence.
®/™ MasterCard and the MasterCard Brand Mark are registered trademarks, and PayPass is a trademark, of MasterCard International Incorporated.
GRAMMY, GRAMMY Awards and the gramophone logo are registered trademarks of The Recording Academy and are used under licence.

Monday's Eyebrow Message
Cadbury DAIRY MILK

visit the purple sidewalk at college park. south entrance. do 1 twirl, 3 claps and yell "chocolate." 12-2 pm today. first 100 people get surprised.

If you were at the purple sidewalk on Monday, you would have seen plenty of claps, twirls, yells, Secret Agents, Dairy Milk* giveaways, chocolate, smiles, smiles and more smiles. If you missed it, get a taste at **dairymilk.ca**

Look for the next Eyebrow message in Tuesday's paper.

*Trademark of Cadbury UK Limited, used under license.

Last dance

Politician Tom DeLay and actress Debi Mazar have turned in their last dance. Both are leaving Dancing With the Stars, DeLay because of an injury and Mazar due to low scores. THE ASSOCIATED PRESS

Keys gets entrepreneurial

Singer launches company to handle projects outside music

Alicia Keys has influenced many lives with her soulful, heartaching piano-driven songs for almost a decade. Now the 12-time Grammy winner is ready to inspire others without singing a tune.

Keys is launching AK Worldwide, a new company that will handle the singer's projects, especially those outside of music.

"It really explores the ways I can affect the world in a positive way, even outside of music," Keys said in an interview.

"It is really about finding ways to bring forth things into the world that will give you and all the people that encounter them, and myself, inspiration," she said.

The first project for the 28-year-old is The Barber's Daughters, a handcrafted jewelry line engraved with messages of hope and wisdom.

"The words, when you read them, they really do resonate with you. They kind of inspire you to want to find that place in yourself," she said, sporting a silver oval ring that read: "May you find inspiration and meaning soaked in the wonders of the imagination cradled in compassion of the heart and hold a will to make difference."

Keys also will launch a new Web site, iamasuperwoman.com, devoted to spotlighting inspirational women and causes that will fill a missing gap in the blogosphere, Keys said.

"It really calls out to all those brilliant, amazing, fantastic women every day that are doing their thing and need kind of a community to support each other," she said.

Keys said the creativity required to be a businesswoman has spilled over to her music, and that it's reflected on her fourth studio CD, The Element of Freedom, to be released Dec. 1.

"We have the ability to be totally free, to be totally unstoppable, and there's no heights that you can't reach," Keys said. "So I totally love that and that's what the music feels like, and that's what everything that I'm doing sounds like."

The lead single, Doesn't Mean Anything, teaches people that having success is unimportant unless there's someone to share it with, Keys said.

The next single,Try Sleeping With a Broken Heart, is "mean, mean, mean," she said.

The CD finds Keys working again with her musical partner, Crucial Keys, and producer Jeff Bhasker, who recently produced tracks on the latest albums from Jay-Z and Kanye West.

Keys credits Oprah Winfrey and other business-minded people with turning on her entrepreneurial spirit. THE ASSOCIATED PRESS

JIM COOPER/THE ASSOCIATED PRESS

Recording artist Alicia Keys poses in New York on Tuesday.

Toronto relies on other cities for 50,000 units of blood each year.

You can change that.
Call 1 888 2 DONATE

Canadian Blood Services
it's in you to give

BLOOD.CA WWW.BLOOD.CA W
1 888 2 DONATE

Mix of Six

Metro taps into today's best entertainment and event picks

FUNDRAISER

The Leukemia and Lymphoma Society of Canada is holding its Light The Night Walk at Nathan Phillips Square starting at 7 p.m. lightthenight.ca.

PHOTOGRAPHY

Hot Docs presents: World Press Photo 09, a free exhibit of prize-winning photographs, the Allen Lambert Galleria, 181 Bay St.

FASHION

The Bata Shoe Museum is exhibiting some of the footwear worn by great Winter athletes over the years. 327 Bloor St. W. batashoemuseum.ca

READING

Author Zoe Whittall reads from her new novel, Holding Still for as Long as Possible, at McNally Robinson, 1090 Don Mills Rd at 7 p.m. The event is free.

DANCE

The Canada Salsa Congress takes place today through Monday with seminars, workshops, performances and the Canadian Salsa Championships. Sheraton Centre, 123 Queen St. W. canadasalsacongress.com

MUSIC

Canadian band Dragonette performs an all-ages show at 7 p.m. at the Mod Club, 722 College St. themodclub.com

JAPAN'S GREATEST SPIRITUAL LEADER

MASTER
RYUHO OKAWA'S
LIFE-CHANGING MESSAGE
FOR YOU

A Lecture on Sunday October 25th

Time & Place
1.30pm (doors will be closed)
Earth Sciences Centre Auditorium
5 Bancroft Avenue on the St. George Campus of the University of Toronto

NEW The Science of Happiness
10 Principles for Manifesting Your Divine Nature
RYUHO OKAWA
AUTHOR OF OVER 500 BOOK RELEASES

BOOK NOW: 416-551-7467
EVERYONE'S WELCOME! (BOOKING NEEDED)

50,000 attendees at Tokyo

Happy Science
CONGREGATION OF CANADA
toronto@happy-science.org
www.happy-science.ca

WORLD TOUR HAWAII2007 SANFRAN2008 LA2008 LONDON2008 SEOUL2008
TAIWAN2008 NEWYORK2008 SYDNEY2009 DON'T MISS OUT → CANADA2009

神韻 SHEN YUN
PERFORMING ARTS

Journey to an enchanted realm of dance and music
神韻晚會

Opens Tomorrow

WITH LIVE ORCHESTRA
OCT. 9,10,11
FRI 7:30PM, SAT 2PM & 7:30PM, SUN 2PM
THE CANON THEATRE
Tickets: $38 $58 $88 $128 $158 $200
TicketKing: (416) 872 -1212
1-800-461-3333
www.TicketKing.com

"A Dazzling Show" - THE GLOBE AND MAIL

ShenYunPerformingArts.org
Presented by the Falun Dafa Association of Toronto & NTDTV Canada

James to host Geminis
CBC funnyman Ron James has been announced as the host of this year's Gemini Awards. The prizes, which celebrate the best in Canadian television, will be handed out Nov. 14 in Calgary. METRO NEWS SERVICES

Wilco to tour Canada after Olympic gig

Wilco frontman Jeff Tweedy says he's looking forward to playing a free show at the Vancouver Olympics next year, but he was conflicted as to whether he really wanted the Games to come to his hometown in 2016.

Chicago lost out on the 2016 Summer Olympics to Rio last week, and Tweedy says he was of two minds on whether he wanted the Olympics in Illinois.

"It seemed like it was a good thing for the city and a good thing for the United States, and a good thing for the local economy, and it would've made a lot of people happy," Tweedy said in a telephone interview from Kansas City, Mo., where his band was on tour.

"On a personal, very selfish note, it seemed like it was going to kind of be a nightmare logistically. And, you know, hard to get around, and not something to look forward to, in that regard.

"So I'm sad it didn't happen and I'm relieved at the same time a little bit."

Wilco's concert in Vancouver — scheduled for Feb. 13 — will kick off a slew of Canadian tour dates, with shows planned in Edmonton, Calgary, Saskatoon, Hamilton, London, Ont., Ottawa and Halifax.

live in Toronto
- Wilco plays Toronto's Massey Hall Oct. 14 and 15.

"I'm excited about what Wilco has ahead of us."
Jeff Tweedy

Tweedy notes that some of the breaks in the schedule were calculated so the group could have time to explore their surroundings. "Especially if we're gonna be in the Canadian Rockies," he said.

The band might not have always done so, Tweedy notes, but what he calls this more "luxurious" tour schedule is just one of the ways in which the 2009 edition of Wilco is making things easier on themselves.

Tweedy, for one, sounds content and relaxed.

The 42-year-old Tweedy spent the earlier part of the decade in and out of rehab for the painkillers he became addicted to in the late '90s. Having long claimed sobriety, Tweedy now chats about using Google Maps to try to locate a scenic spot for a jog during a day off in Kansas City.

Wilco as a band is much more stable too.

In the early years, the group cycled through a rotating cast of players, including Jay Bennett, whose firing was chronicled in the 2002 documentary I Am Trying to Break Your Heart, and who died in May of a drug overdose. For the past five years, Tweedy has been surrounded by the same players: founding bassist John Stirratt, guitarist Nels Cline, percussionist Glenn Kotche, multi-instrumentalist Pat Sansone and pianist Mikael Jorgensen.

That constancy, Tweedy says, has been "amazing."

"It really great to feel like we've got some time behind us and we have a history together, and there's a whole ... lot of different things to play off of when you're doing things that way, as opposed to kind of making something new and fresh with a different landscape each time.

"I'm excited about what Wilco has ahead of us."

THE CANADIAN PRESS

GETTY IMAGES
Wilco frontman Jeff Tweedy is looking forward to playing the 2010 Winter Olympics in Vancouver.

In brief

AWARDS Halifax singer/songwriter Joel Plaskett has earned a leading four nominations for this year's Canadian Folk Music Awards. Plaskett, whose triple album Three also earned him a spot on the short list for the Polaris Music Prize this summer, is up for contemporary album of the year, solo artist of the year, producer of the year and pushing the boundaries. The awards will be handed out at a gala ceremony November 21 in Gatineau, Que.

THE CANADIAN PRESS

TV Jennifer Hudson returns to her hometown of Chicago for an ABC prime-time special, Jennifer Hudson: I'll Be Home for Christmas, that will air in December. The network says the 28-year-old singer-actress will share childhood memories of the music, people and places that set the stage for her career. Musical performances will be filmed on location throughout the city.

THE ASSOCIATED PRESS

YOU COULD
WIN A PAIR OF FRONT ROW TICKETS TO SEE STEVE MARTIN & THE STEEP CANYON RANGERS
ROY THOMSON HALL – OCTOBER 15

ENTER FOR YOUR CHANCE TO WIN! metronews.ca
Produced by: LIVE NATION
metro
No purchase necessary. Enter daily for more chances to win. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes October 9, 2009 at 11:59pm. Odds of winning depend on number of entries received. For full contest rules and details, visit www.metronews.ca.

CapitalOne
Just for laughs
Comedy Tour '09
All-Star Edition
MASSEY HALL
OCTOBER 29 AT 7:00 PM
HOSTED BY SUGAR SAMMY
WITH SPECIAL GUEST DANNY BHOY
AND FEATURING... PETE CORREALE GODFREY
AND MORE...
Line-up subject to change.
Tickets available at:
ROY THOMSON HALL BOX OFFICE
TICKETMASTER 416.872.4255 or 416.872.1111
WWW.MASSEYHALL.COM or WWW.TICKETMASTER.CA
Just for laughs Live
CapitalOne metro 99.9 CBC
HAHAHA.COM /COMEDYTOUR

Dazed And Confused

Most Drivers Lost When Looking For The Lowest Car Insurance Rates

Why Is It So Hard To Find The Best Rates?

The truth is, it isn't as difficult as it seems once you know where to look. It pays to shop around – and car insurance is no different. But with so many insurance companies providing car insurance in Ontario, getting references and competitive quotes from everyone takes too much time, right? Wrong. This is where InsuranceHotline.com can help. InsuranceHotline.com offers an independent, unbiased rate comparison from over 30 insurance companies to find you the lowest rate for your profile. It is fast, safe and FREE.

Does It Really Pay To Shop Around?

Most consumers fail to realize that the rates charged by different insurance companies to insure the same driver, with the same car, for the same coverage, can vary by hundreds and even thousands of dollars. The key to finding the best rate is to figure out which insurance company has the best rate for your particular situation. And with rates varying so wildly across companies, chances are you are not with the company that has the lowest rate for your profile right now.

Don't Be Fooled By Others Offering To "Compare Quotes".

Unlike most of its competitors, InsuranceHotline.com does not sell insurance, is not a licensed broker or agent, and is not owned in whole or in part by an insurance company, agent or brokerage. This allows InsuranceHotline.com to be completely unbiased when providing insurance quotes and keeps its focus solely on finding the lowest insurance rates for consumers.

By contrast, most websites offering to "compare insurance quotes" are owned by or affiliated with insurance brokers or agents and are therefore only capable of quoting rates from the limited number of insurance companies they represent, typically no more than 4 or 5.

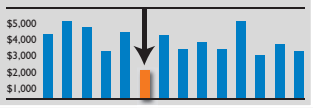
Start Saving Your Money Now.

InsuranceHotline.com puts you in the driver seat by making insurance companies compete for your business. With quotes from over 30 insurance companies, InsuranceHotline.com is the simplest and easiest way to make sure you aren't overpaying for your car insurance. And it is completely FREE to use. So what are you waiting for?

Rate Comparison

Driving Record	Lowest Price	Highest Price	Price Difference
Clean Record	$958	$2,213	$1,255
1 Ticket	$1,018	$2,552	$1,534
1 Accident	$1,849	$3,753	$1,904

InsuranceHotline.com finds this rate for drivers – for FREE!



InsuranceHotline.com

Your search engine for the lowest insurance rates

COMPARE OVER 30 QUOTES in minutes at InsuranceHotline.com

FBI probed Smith in alleged murder plot

The FBI investigated whether Anna Nicole Smith plotted to kill her tycoon husband's son as they battled for his father's fortune, newly released files show, but the former Playboy Playmate who died in 2007 was never prosecuted.

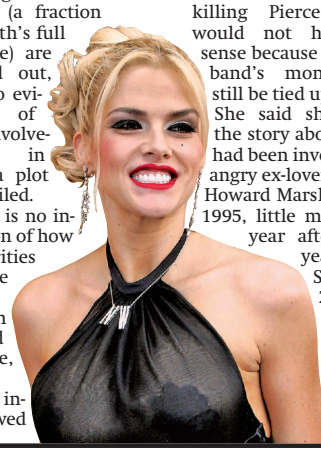
Smith's FBI records, obtained by the Associated Press, show the agency investigated Smith in 2000 and 2001 in a murder-for-hire plot targeting E. Pierce Marshall, who was at the centre of a long legal fight to keep the starlet and one-time stripper from collecting his father's oil wealth, valued in the hundreds of millions. The younger Marshall died in 2006 of natural causes.

The documents, released under the Freedom of Information Act, depict an investigation going on as the fight raged over J. Howard Marshall II's estate. Vast sections of the 100 pages of released materials (a fraction of Smith's full FBI file) are whited out, and no evidence of her involvement in such a plot is detailed.

There is no indication of how authorities became aware of an alleged scheme, but agents interviewed Smith on July 3, 2000. Told of the reason for questioning, "Smith began crying and denied ever making such plans," a report said.

Smith told agents that killing Pierce Marshall would not have made sense because her ex-husband's money would still be tied up in a trust. She said she thought the story about the plot had been invented by an angry ex-lover.

Howard Marshall died in 1995, little more than a year after the 89-year-old wed Smith, then 26. Smith died two years ago of a drug overdose.



ASSOCIATED PRESS

Metro Global Photo Challenge

LET THE WORLD SEE THROUGH YOUR EYES

FOR CONTEST DETAILS, VISIT: www.metrophotochallenge.ca

Runaway mceltik, Canada

Career Finder

ECO
CONSULTANTS NEEDED
AVERAGE $18/HR
FULL TRAINING PROVIDED
CALL 416 774-2472

NEED EXTRA $$$
Avg. $700/wk. + Bonuses
Hiring for F/T or P/T
Customer Relations Consultants
No experience required.
Training available.
Company vehicle provided.
Students welcome.
CALL NOW! 416.250.7827

EARN UP TO $16/HR
- Guaranteed base salary of $11 - $13/hr
- Competitive bonus structure & incentives
- Monthly transportation allowance up to $100
- AM/PM Flexible shifts

Yonge & Sheppard smt direct
Call TODAY! 416.849.0960

JOIN metro life panel
Give us your opinion on various topics and enter for your chance to WIN great monthly prizes.
Become a member today!
metrolifepanel.ca

Sanctuary cast gets break from green screen

Sci-fi show went to Tokyo for Season 2

When cast members of the Canadian sci-fi series Sanctuary shoot a scene that takes place abroad, they don't usually get to see or touch the landscapes of the featured city, meet its people or breathe its air.

JEFF WEDDELL/SCI FI CHANNEL

Amanda Tapping in a scene from the sci-fi series Sanctuary.

That's because most of the show is shot in front of a green screen in Vancouver, and it isn't until post-production that scenes are illustrated with the far-flung locales visited by Dr. Helen Magnus (Amanda Tapping) and her protege Will (Robin Dunne). The pair are on a mission to protect monster-like creatures that are viewed as a threat to society.

But for Season 2, debuting Friday on Space, they got to shoot a scene on a real street corner in Tokyo, which was "pretty amazing and actually kind of weird" for the show, said Dunne.

"I'm sure people will be like: 'Wow, look at that — that is really good green screen," Dunne said in a recent telephone interview from New York, where he was promoting the show.

"But it's actually one of the only times that we've gone on location to shoot something."

Sanctuary, created by Damian Kindler, began as a webisode series in early 2007 and was later picked up to be a TV series that debuted in Canada, the U.S. and the U.K. in October 2008. Co-stars include Emilie Ullerup, Ryan Robbins and Christopher Heyerdahl.

The series — which is up for six Gemini Awards next month, including one for Dunne — is said to be the first in North America to use the RED camera, which captures images digitally at more than four times the resolution of a high-definition camera.

Dunne, who hails from Toronto and now lives in Los Angeles, said it was shocking to see himself in such a crisp resolution at first.

"I was like: 'God, I've got to start trimming my nose hairs,"' said Dunne, whose other TV credits include Dawson's Creek, CSI: Miami and NCIS. "You could see every pore."

To help the cast, a visual-effects supervisor usually shows them drawings of what the post-production elements will look like.

That, combined with compelling scripts and strong acting, makes filming in front a grass-coloured backdrop all day "a lot of fun," said Dunne.

"With all those elements, you kind of forget about the fact that you're standing on a stage that's got green floors and green walls and a green ceiling and sometimes even green props," said the actor, who also co-wrote the Nickelodeon Roxy Hunter TV movie franchise and novels.

THE ASSOCIATED PRESS

Korean film fest underway

FILM One of Asia's top film festivals will kick off on today with a focus on regional cinema.

The 14th Pusan International Film Festival in the South Korean beach resort town will kick off with the world premiere of Good Morning President, Jang Jin's political drama about the lives of three fictitious South Korean presidents.

South Korean cinema is being spotlighted amid the industry's recent strong showing against foreign competition. The disaster film Haeundae recently became the country's biggest hit in three years, beating Hollywood competitors, including Transformers: Revenge of the Fallen.

Organizers are also staging retrospective screenings for South Korean directors Ha Kil-chong and Yu Hyun-mok. The nine-day festival will show 355 movies from 70 countries — 98 of which will be world premieres.

THE ASSOCIATED PRESS

"Patricia Clarkson and Alexander Siddig bring untold layers of emotion!"
- Richard Ouzounian, THE TORONTO STAR
"Natural, sensuous and heartbreaking."
- Vanessa Farquharson, THE NATIONAL POST
"Gorgeous!"
- Susan G. Cole, NOW MAGAZINE
"Magical!"
- Robert Bell, EXCLAIM!
WINNER BEST CANADIAN FILM 2009 TORONTO INTERNATIONAL FILM FESTIVAL
PATRICIA CLARKSON ALEXANDER SIDDIG
CAIRO TIME
MONGREL MEDIA PRESENTS A FOUNDRY FILMS / SAMSON FILMS PRODUCTION A RUBA NADDA FILM
PATRICIA CLARKSON ALEXANDER SIDDIG "CAIRO TIME" STARRING ELENA ANAYA AMINA ANNABI TOM MCCAMUS
CLAIRE WELLAND LUC MONTPELLIER TERESA HANNIGAN TAMARA CONBOY BRENDA BOER
NIALL BYRNE STACEY HORRICKS DAVID HAYMAN CHARLES PUGLIESE CHRISTINE VACHON
DANIEL IRON DAVID COLLINS RUBA NADDA
TELEFILM CANADA Canadian Heritage Patrimoine canadien SAMSON FOUNDRY FILMS INC. Citytv mongrel
MATURE THEME WWW.CAIROTIME.CA
Meet director Ruba Nadda for a special Q and A on Friday and Saturday night after the 7pm shows only at the Varsity Cinemas!
STARTS FRIDAY!
AMC THEATRES YONGE & DUNDAS 10 DUNDAS ST EAST • 416-977-2262
CINEPLEX ENTERTAINMENT VARSITY 55 BLOOR WEST AT BAY - MANULIFE CENTRE • 416-961-6303
CINEPLEX ENTERTAINMENT VARSITY V.I.P. 55 BLOOR WEST AT BAY - MANULIFE CENTRE • 416-961-6303
CINEPLEX ENTERTAINMENT QUEENSWAY 1025 The Queensway, Toronto • 416-503-0424
CINEPLEX ENTERTAINMENT CANADA SQUARE 2190 YONGE STREET AT EGLINTON • 416-646-0444
CINEPLEX ENTERTAINMENT THE GRANDE SHEPPARD CENTRE 4861 YONGE ST • 416-590-9397
AMC THEATRES KENNEDY COMMONS HWY 401 & KENNEDY ROAD • 416-335-5318
EMPIRE SQUARE ONE MISSISSAUGA 100 CITY CENTRE DR. • 905-275-2640
AMC THEATRES WINSTON CHURCHILL QEW & WINSTON CHURCHILL BLVD. • 905-829-0915
CINEPLEX ENTERTAINMENT SILVERCITY BRAMPTON HWY 410@BOVAIRD DR. • 905-789-6797
CINEPLEX ENTERTAINMENT SILVERCITY RICHMOND HILL
Check theatre directories for showtimes

Apartment Finder

To advertise contact Jason Saddler at 416-443-4394

DON MILLS & DVP
701 Don Mills • 416-429-0754

Rentals starting at **$850**/mth.

Modern suites • Exclusive Penthouse suites • Indoor parking 10 min to downtown or Hwy 401

YONGE & ST CLAIR AVE.
64 St. Clair Ave • 416-791-0300

Rentals starting at **$900**/mth.

Very well maintained • Upscale Art Deco 6 storey building • Walk to subway, shops & restaurants

mcarthur properties — www.mcarthurproperties.ca — mcarthur properties

YONGE & SHEPPARD
CONDO STYLE LIVING
151 Beecroft Rd
1 BEDROOM SUITES from $1285/mo.
- Direct access to subway
- 5 full size appliances
- Individually controlled heating and A/C
- Secure underground parking
- Balcony or Terrace
- Games room, fitness studio, lounge w/kitchenette, business centre

SHORT TERM rentals available
Preludebyconcert.com
416-733-3176

FACING DUNDAS WEST SUBWAY STATION
Bachelors from $739
1 Bedroom from $929
A/C / Indoor Pool / Indoor Mall Management On-site
24hrs security / Utilities Incl.
2340 Dundas St. West
416-532-3331

UPTOWN DVP & YORK MILLS
1200 & 1202 York Mills
Newly Renovated 2 Bedroom Suites
From $1177/mth.
Close to York Mills & Sheppard Subway • Easy access to 404, 401, 407 & DVP • Minutes to Fairview Mall • Tuck shop, Daycare & Hair Salon on site • TTC at your door
416-449-9910
Rentalsyorkmills@sterlingkaramar.com
www.sterlingkaramar.com

Pharmacy & Danforth Ave.
1 & 2 bdrms from $835
Including utilities, new décor, close to subway, shops
1 MONTH FREE ON 1 BDRM ONLY
9-5 Mon-Fri 12-5 Sat & Sun
416.698.7233
WWW.PRINCESSMGMT.COM

DOWNTOWN BLOOR & DOVERCOURT
730 Dovercourt
LRG Bach, 1 & 2 Bed Suites
From $857/mth.
Walk to Ossington & Dufferin Subway • Walk to Wal-Mart & Dufferin Mall • Minutes to U of T • Lovely views of the Lake • Beautifully Landscaped
1 MONTH'S FREE RENT
416-534-1139
Rentalsdoversquare@sterlingkaramar.com
www.sterlingkaramar.com

EGLINTON-KIPLING
35 Warrender Ave.
1 Bdrm from $980
2 Bdrm from $1,145
Immediate & Later
Beautiful treed setting, near schools, TTC, 427/401, airport, shopping, C/AC avail, Prkg, Hydro, Indoor Pool, Fitness Facility, Security
1 MONTH'S FREE RENT
APPLY 1450 KIPLING,
S.W. OF EGLINTON 416-231-2003
WWW.PRINCESSMGMT.COM

1 BEDROOM SPECIALS at ISLINGTON & BLOOR
Now from $975/mth.
25 Mabelle Ave
Bachelors, 2 & 3 bdrms available as well
Walk to subway • Dry cleaner
Weight and exercise room
Indoor pool & sauna
FREE LAUNDRY
416-239-9554
www.avcanmanagement.com

JANE/STEELES
310/320 Niska Road *(north york)*
FRESHLY PAINTED AND WELL MAINTAINED
Spacious 1, 2 & 3 bdrms from $735/mo.
UTILITIES INCLUDED
Walk to York University
Parking Available
Large balconies
Call 416-720-9500

St. Clair & Brimley
3744 St. Clair Ave. E.
1BR from $795
2 BR from $880
- Low rise buildings with bright, spacious suites
- TTC at door • short ride to GO station
- RH King School district

Call for a tour
416-266-8906 • www.parkproperty.ca

ROSEDALE
83 Elm Avenue
2 bdrm renovated apart
Beautiful convenient location
available Mid October
From $1,550/Mo.
call: 416-928-4884
for a tour of the suite
ESBIN PROPERTY MANAGEMENT

Metro Supports Give Girls A Chance!
Educate a Girl. Change the World.

Find out why, whether it's on native reserves in Canada or in Third World country villages, educating girls is the key not only to economic growth, better health and prosperity but our best bet in the battles against terrorism and AIDS by visiting: www.givegirlsachance.org

Service Directory

To advertise contact Ian March at 416-443-4388

FINANCIAL

500 loan service
BROKERS national
by phone, no credit refused, quick and easy, payable over 3, 6, or 12 installments.
Call toll free:
1-877-776-1660

MORTGAGES
1st & 2nd Mortgages
Debt Consolidation
*Low Rates, *No Fees
Bad Credit Welcome
*CREDIT APPROVED
*terms and conditions apply Lic# M08000730
www.mortgagegenie.org
416-667-9834

PFS Loan Centre — Need a loan?
Bankrupt, Proposal or Past Bad Credit?
Why pay sky high payday loans? Our rates are affordable!
Think smart. Think Prudent.
Car paid off? (6 years or newer - up to $15,000)
Personal loan (1 yr. on job, $15/hr min. req.)
Rebuild your credit!
PrudentLoanApprovals.com 416.634.2013

METRO PAYDAY LOANS
Approval Over The Phone
Same Day Service
Cheque Cashing *Some Locations
$200 - $800
416-667-0077
www.metropaydayloans.com

SkylarkMortgages.ca
Since 1977
1st, 2nd, 3rd Mortgage Money Available
Res/Comm • Debt Consol
Bankrupt/Consumer Proposal
Power of Sale • Renovations
Self-Employed • No Credit
APPROVAL BY PHONE • CALL STEVE
416.824.3260

MONEY PROBLEMS?
gta credit — MAKE ONE MONTHLY PAYMENT FOR ALL YOUR DEBTS No need for BANKRUPTCY

North York:	Scarborough:	Mississauga:	Brampton:	Ajax:
416-650-1100	416-754-0011	905-275-4200	905-796-3100	905-426-8400

GTA CREDIT SOLUTIONS SERVICES LTD. www.gta-credit.com

CREDIT-ZONE
NEED A CAR LOAN? CALL CREDIT-ZONE
APPLY ONLINE AT
www.creditzonecanada.com
1-800-519-9566

MORTGAGE APPROVED!
- 1st and 2nd Mortgage for any purpose
- Purchase or re-finance up to 95%
- With rates at historic lows, now is the time to re-finance your home!
- Consolidate cards into one payment
- Self-employed? No income qualifying?
- Good, bad or no credit?
- Behind in Mortgage Payments?

CALL TODAY FOR DETAILS
COMMERCE VENTURES
416-913-9593
OR 647-273-5626
Licence # 10734

BDO Dunwoody Limited
Get out of debt without going bankrupt
- **Reduce** amount you must pay back
- **Consolidate** debt
- **Stop** interest
- **Protect** your assets

bdodebthelp.ca
Locations throughout the GTA
1 800 561-DEBT (3328)
Trustee in Bankruptcy - Credit Counsellors - Proposal Administrators

PSYCHICS

Powerful Indian Astrologer
Pandit Sivarama Guruji
Black Magic • Evil remove immediately • Etc. • He speaks English, Hindi, and Tamil
Business investments • Work problems • Money problems • School exams • Court cases
Family arguments • Jealously • Worries about loved ones • Childless couples
Money blessing • Sexual problems • Depression • Drinking problems • House production
He is very special in removing black magic & gives production
he performs all types of pujas for all problems
Call: 416-829-2941 *(Islington & Albion)*
Open 7 days a week from 10:30 am to 8:00pm

'A UNIQUE INDIAN SPIRITUAL ASTROLOGIST'
PANDIT — BHARATRAJ
YOU HAVE PROBLEMS? HE HAS SOLUTIONS!!!
Business, Love, Marriage, Education, job, Money Problems, Children Mistakes, Husband&Wife Relationship, Sexual Problems, Wealth, Sickness, Depression, Course, Jealousy, Personal Matter
HE REMOVES AND GIVES PROTECTION
- Black Magic
- Demonic forces
- Witch Craft
- Voodoo
- Jinx, etc...

He can handle any kind of problems
GUARANTEED RESULTS
CALL FOR APPOINTMENT 647 895 4455
679 Markham Road, Toronto, ON M1H 2A4 @ Markham & Lawrence

The Most Powerful Spiritualist from INDIA
★ Pandit Vijay Varma ★
I help in all problems and work with God & Holy Spirit.
Are you suffering in silence and nobody knows your pain and sorrows, but you & God know? Well you are not alone, The Holy Spirit will guide you to me and convince you, I will remove and destroy all bad luck, witchcraft, jealousy & black magic permanently. With my superior strength and holy given powers & protect you from evil things etc.
3075 Hurontario St. • 647.330.0672

CAREER TRAINING

Start a new Career
- PSW Course
- Medical Office Assistant

Register Today
416-913-4700
ABM College of Health and Technology
705 Lawrence Ave. W/Allen Rd.

NAIL FUNGUS

NAIL FUNGUS
Laser Nail Treatment Centre
99% CURE IN ONE APPLICATION
ingrown nails • warts • callus
FREE CONSULTATION AT 416-667-8808

DIVORCE

SIMPLE (UNCONTESTED) DIVORCE
ezdivorce.ca
1-888-EZ-EZ-123
Lawyer-prepared and filed for you
Member Better Business Bureau

Quick DIVORCE
SIMPLE (UNCONTESTED)
Lawyer Assisted
Lawrence West/Allen Road
416-849-4200

READ THE LATEST FROM THE WORLD OF JON AND KATE PLUS HATE.

INSTANT ENTERTAINMENT UPDATES ON YOUR PHONE.
FROM AROUND THE GLOBE TO AROUND THE CORNER, GET UP-TO-THE-MINUTE-COVERAGE WITH METRO MOBILE. m.metronews.ca

Another fictional reality show

Jon and Kate Gosselin's public war of words has inspired an episode of Law & Order. The Friday, Oct. 16, is about a reality show, Larry Plus 10, which documents the struggles of a single dad raising 10 adopted special needs kids. USMAGAZINE.COM

Hanky panky pols won't return fire

Letterman's former targets aren't making sport of revelations about host

In March 2008, David Letterman was taking potshots at Eliot Spitzer, then governor of New York, who was embroiled in an investigation into a high-end prostitution ring.

"It's so sunny and bright outside that, earlier today, Eliot Spitzer came out of a brothel squinting," Letterman cracked in a monologue. But in Spitzer's case, he didn't stop at lampooning. During an indignant rant, he called for the scandalized governor to step down. "I mean, can you imagine," said Letterman, "if this happened to me how fast they'd have my ... (backside) out of here?"

Unlike Spitzer, who resigned, Letterman seems secure in his job as host of CBS' Late Show, nearly a week after his bombshell revelations of having had sex with women on his staff (a disclosure prompted by an alleged $2 million US blackmail threat against him).

But so far, it seems like he's avoided another type of retribution: The misbehaving politicians at whom he's hurled comedy zingers for years don't seem keen on ridiculing him now.

SUSAN WALSH/THE ASSOCIATED PRESS

VIRGINIA POSTIC/THE ASSOCIATED PRESS

Letterman's former targets include, left, Senator David Vitter of Louisiana and South Carolina governor Mark Sanford.

In fact, most of the targets of Letterman's jokes approached by the Associated Press chose not to even weigh in on the current woes of the talk-show host.

One of those is Sen. David Vitter, a Louisiana Republican whose telephone number was found in 2007 among those called by an escort service prosecutors said was a prostitution ring.

Vitter "admitted he's been dating prostitutes," said Letterman in one monologue. "And he was very generous with one girl: He paid her with a new highway project in her home state."

Vitter chose not to return fire at Letterman. When asked by The Associated Press for comment, Vitter's office declined.

So did former U.S. Sen. Gary Hart, whose run for the presidency was derailed by a sex scandal in 1987 and who became the butt of many of Letterman's jokes.

"Big weekend for Gary Hart," cracked Letterman when the Hart scandal broke: "He was campaigning his brains out."

Chris Smith, Hart's spokeswoman at the University of Colorado Denver School of Public Affairs, said Hart had no comment.

But South Carolina Gov. Mark Sanford offered Letterman his best wishes. "Both my thoughts and my prayers are with him," Sanford said Tuesday after a speaking engagement.

In June, Sanford disappeared from the state (and his wife) for a five-day rendezvous with an Argentine woman he called his soul mate. Sanford "didn't really enjoy this year's Fourth of July. He left his favourite firecracker in Argentina," Letterman joked soon after.

"There's a lot more introspection and soul-searching on the way down than there is on the way up," said Sanford. "He can be a better person for it."

THE ASSOCIATED PRESS

Kenya's Style
Kenya Hunt
Read the blog at metronews.ca/kenyasstyle

For complete online movie listings, trailers, reviews and tickets, visit:
metronews.ca/movies

35% OFF 1ST LOAN WITH AD
BORROW UP TO $1000.00 UNTIL PAYDAY
INSTANT APPROVAL By Phone/Fax/Email
LOWEST COST PAYDAY LOANS IN THE GTA
416-636-6333 or www.paydayanyday.com
PAYDAY LENDERS NOW ANY DAY CAN BE YOUR PAY DAY!
3121 Dufferin Street

Kids For TV
Boys & Girls up to 12 years old
- as well as teens and young adults - are invited to tryout for special evening or weekend TV Studio workshops in TV Acting, Movies & Modelling.
Places are limited. For your Studio Invitation call Susan Lee at
416 922 - 9727

Toronto relies on other cities for 50,000 units of blood each year.
You can change that.
1 888 2 DONATE
Canadian Blood Services
it's in you to give

TO	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
10/8/09 primetime	265	353	2 TVO	Super Structures (N)		The Agenda With Steve Paikin		The Jury (Part 2 of 6) (N)		Masterworks "Stolen"		
	211	331	3 GTV	ET Canada	Entertainment	Survivor: Samoa (N)		The Office "Niagara" (N)		90210 (HDTV) (N)		News Final
	215	343	4 OMN1	Two/Half Men	The Simpsons	Omni News: Italian Edition (N)		Vivere V	Omni News:	The Simpsons	King of the Hill	Metropia
	210	302	6 CBC	Wheel-Fortune	Jeopardy! (N)	Doc Zone "First Flight"		The Border "The Dead"		CBC News: The National		The Hour
	214	344	7 CITY	Law & Order: SVU		Community (N)	Parks-Recreat	30 Rock	30 Rock	The Jay Leno Show (N)		News
	212	313	8 CTV	The Vampire Diaries (N)		CSI: Crime Scene Invstgtn.		Grey's Anatomy (N)		(10:01) The Mentalist		CTV News
	218	345	11 CHCH	*Love Don't Cost a Thing* ★★ (2003, Romance-Comedy)				*The January Man* ★★ (1988, Crime Drama) Kevin Kline.				News at 11 (N)
	137	763	13 TFO	Panorama		Volt "Réseautage"		*Quai des orfèvres* ★★★ (1947, Policier) Louis Jouvet.				Clipperton
	-	-	14 -	Family Guy	The Office	Omni News: S. Asian Edition		Omni News: Cantonese Edition		Two/Half Men	King	Hong Kong Ex.
	213	326	15 SUN	The Insider (N)	George Lopez	Funniest Pets	Funniest Pets	Supernatural (HDTV) (N)		The Insider	Hitchcock Pres	Becker
	-	387	16 CBS	Inside Edition	Hollywood	Survivor: Samoa (N)		CSI: Crime Scene Invstgtn.		The Mentalist (HDTV) (N)		News 4 at 11
	-	385	17 NBC	The Insider (N)	Entertainment	Community (N)	Parks-Recreat	The Office "Niagara" (N)		The Jay Leno Show (N)		News
	-	386	18 ABC	Wheel-Fortune	Jeopardy! (N)	FlashForward (HDTV) (N)		Grey's Anatomy (N)		(10:01) Private Practice (N)		News
	219	346	20 ACH-B	TMZ (N)	Hollywood	FlashForward (HDTV) (N)		Fringe (HDTV) (N)		(10:01) Private Practice (N)		A News
	-	-	28 FOX	Judge Judy (N)	Two/Half Men	Bones (HDTV) (N)		Fringe (HDTV) (N)		Seinfeld	Two/Half Men	The Simpsons
	-	388	61 PBS	News-Lehrer	My Hero	Doc Martin		Monarchy With David Starkey		MI-5 "The Special"		Business Rpt.
	297	652	330 WPX	Two/Half Men	Family Guy	The Vampire Diaries (N)		Supernatural (HDTV) (N)		PIX News at Ten Tong.		Two/Half Men
	296	654	331 SBK	Wheel-Fortune	Jeopardy! (N)	Law & Order: SVU		WBZ News	Frasier	The Office	Name Is Earl	Frasier
	298	653	332 TLA	The Tyra Show (N)		According-Jim	Family Guy	KTLA News	KTLA News	Two/Half Men	Two/Half Men	Vamp. Diaries
news	502	390	26 NW	CBC News	Marketplace	CBC News: Tonight (N)		CBC News: The National		The Nature of Things		National
	500	500	33 CNN	Lou Dobbs Tonight		Campbell Brown (N)		Larry King Live		Anderson Cooper 360 (HDTV)		
	509	504	79 CNB	Kudlow Report		Big Mac: Inside McDonald's		Marijuana Inc.: Pot Industry		Biography Ben & Jerry.		Mad Money
sports	405	417	22 net	MLB Baseball: National League Division Series Game 2				Sportsnet Con.	MLB Baseball: National League Division Series Game 2			
	400	400	30 TSN	Golf: Presidents Cup		SportsCentre	Over the Bolts	2009 World Series of Poker		SportsCentre (HDTV) (Live)		
	411	457	58 OLN	Ghost Hunters		Bounty Hunter	Bounty Hunter	Survivorman Costa Rica.		Ghost Hunters		Bounty Hunter
	417	406	81 SC	(6) Barrett-Jackson Automobile Auction From Las Vegas. (Live)								Auction
family	551	542	25 YTV	Drake & Josh	Family Biz (N)	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz	Prank Patrol	Adrenaline Proj
	554	544	45 TEL	Stoked	Total Drama	Majority Rules	6TEEN	Futurama	King of the Hill	*Blade II* ★★ (2002, Horror), Ron Perlman		
	556	540	51 FAM	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
cable variety	602	567	27 W	Old Christine	Friends	Friends	Grocery	Confidential	Confidential	Divine Design	Divine Design	Love It-List It
	570	580	29 MM	Dance Crew	One Tree Hill		You Can Dance		Dance	Love Court	Instant Star	One Tree Hill
	615	520	31 A&E	Criminal Minds (HDTV)		The First 48 "Silenced"		The First 48 (HDTV)		The First 48 (HDTV)		Crime 360
	700	800	35 TLN	Centrovetrine	Sky TG 24	L'Insegnante				George Lopez	George Lopez	George Lopez
	571	581	36 MMM	The Daily Fix		Ranked!		Wild 'n Out	Wild 'n Out	Kylie Minogue-Homecoming		The Daily Fix
	575	583	38 CMT	Funniest Home Videos		Reba	Reba	According-Jim	According-Jim	Home Improve.	Home Improve.	Karaoke Star
	616	521	39 SHO	The Outer Limits		Da Vinci's City Hall		The Best Years (DVS)		Saving Grace (HDTV) (N)		NCIS
	620	523	40 BVO	Storytellers	Camera	Bathroom Divas-Opera Star		*Cake* (2005, Romance-Comedy) Heather Graham. (DVS)				Law & Order
	601	562	41 SLC	Rich Bride, Poor Bride		X-Weighted		X-Weighted		X-Weighted "Naomi"		ET Canada
	522	506	43 HIS	Ice Road Truckers		Ancient Discoveries		Underworld Histories		Life After People (N)		Jetman
	625	548	44 COM	Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Hot Box	Jon Dore Show	Daily Show
	600	564	46 H&G	House Hunters	Property Virgin	Holmes Inspection		Family Reno	Disaster DIY	House Hunters	House Hunters	Holmes Ins.
	294	529	47 TBS	Family Guy	Family Guy	House-Payne	House-Payne	Law & Order: SVU		*I Know What You Did Last Summer* ★		
	576	582	49 BET	106 & Park: BET's Top 10 Live		*Honey* ★★ (2003, Drama) Jessica Alba, Mekhi Phifer.				Frankie-Neffe	Frankie-Neffe	Mo'Nique Shw
	627	528	50 SPC	Stargate Atlantis (DVS)		Star Trek: Voyager		Primeval		Eureka (N)		InnerSpace (N)
	581	566	52 MTV	Over the Bolts	After	Disaster Date	Cribs	Fantasy Fact.	Beatdown	Nitro Circus (N)	Pranked	MTV Live
	618	524	54 TROP	Seinfeld	Seinfeld	The Outer Limits		ET Canada	TV Made, Do It	Family Guy	Seinfeld	Seinfeld
	603	561	56 FOOD	Ricardo	Road Grill	Restaurant Makeover		Perfection	Perfection	Ace of Cakes	Ace of Cakes	Family
	261	394	60 V	Murder, She Wrote		On the Buses	'Allo, 'Allo!	*The Name of the Rose* ★★ (1986, Mystery) Sean Connery, Elya Baskin.				
	621	527	63 STR	Look-A-Like	TMZ	The Ellen DeGeneres Show (N)		The View (HDTV) (N)		The Dr. Oz Show (N)		TMZ
	553	546	65 TRE	Backyardigans	Nght Grdn	Waybuloo	Franklin	Little Bear	Maggie-Beast	Babar	Zigby	Max & Ruby
	115	711	101 TVA	La Fièvre de la danse (SC)		Dieu Merci (N) (SC)		Le Gentleman (N) (SC)		TVA nouvelles	(10:45) Denis Lévesque	
	126	730	102 RDI	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI économie	Le National	Le Téléjournal
	526	507	249 VIVA	Judging Amy		Missing "Insomnia"		The Closer "Round File"		Da Vinci's Inquest		Psychic Inv.
	300	601	301 M1	(6:30) *The Incredible Hulk* (2008)			Nurse Jackie	*Nothing but the Truth* ★★★ (2008, Drama)				Penn & Teller
	305	612	306 PIX	*Pressure Point*	(7:20) *Colorado Territory* ★★★ (1949)			*Black Rain* ★★★ (1989, Crime Drama) Michael Douglas.				*Thirteen Ghosts*

critics'corner

According to Jim

Ozzie and Harriet are spinning in their graves. And at a nearby gravesite, a funeral is being held for our old friend, the family sitcom — the kind the whole family could watch. Those were the days. These aren't, as evidenced by sitcom episodes such as this, which finds Jim and Cheryl (Jim Belushi, Courtney Thorne-Smith) getting caught engaging in, um, a very adult form of recreation for two on the set of the school Thanksgiving play. 9:30 PM on CMT

Doc Zone

"Canada: Above and Beyond," a four-part series airing on consecutive Thursdays, marks 100 years of aviation in Canada. The opener, "First Flight," remembers the 1909 flight of the Silver Dart from Baddeck Bay, N.S., which started it all. It also profiles a group of retirees who are reconstructing the Silver Dart and checks in with some other Canadians who remember their first experiences in the air. 8 PM on CBC

Last-minute cooking tips before Thanksgiving ...

If turkey is frozen, allow enough time to thaw (5 hours per 500 g/1 lb) in the refrigerator or 1 hour per 500 g (1 lb) when submerged in cold water (refreshed hourly). And be sure to remove the bag of giblets hidden in the turkey before cooking. THE CANADIAN PRESS

Urban Foodie

●●●●● INSPIRED; ●●●● VERY GOOD; ●●● PALATABLE; ●● HO-HUM; ● NEVER AGAIN

Chinese food that stands above the rest

STEPHANIE DICKISON
TorontoUrbanFoodie@gmail.com

THE WOKKER
763 Queen St. E.
(416) 469-0700/(416) 469-5184

Rating: ●●●●½
Dinner for 2: $40

Owned and run by the same family since 1988, The Wokker may not look like much, but the food is spectacular.

Besides, the gold tin ceiling, brass railing and saggy red booths are kind of kitschy.

You could get Chicken Balls or Chow Mein, but there are a number of Cantonese and Szechuan Specialties you should seriously consider, as well as Family Dinner Specials.

I cannot resist the Set Dinner for One ($12.95) with soup of the day, spring roll, a choice of six mains, fried rice, mixed vegetables and ice cream to finish off the job.

The wonton soup is a mélange of silky chicken broth, thick slices of barbecued pork and bulging wontons of ground pork. The crunchy, flaky spring roll is tightly packed with cabbage, carrots and comes with a jar of homemade dipping sauce (who does that?!)

The Wokker Duckling is multilayered in its decadence: a thick coating of batter crowns a layer of savoury, fatty skin, followed by deep, dark rich meat — it may just elicit squeals of delight.

The fried rice is nuanced with soy,egg and little oil, plus the vegetables are crisp, garlicky and completely addictive.

And if that's not enough, they deliver too!

On the web

- Get recipes and more great food content at metronews.ca/food

STEPHANIE DICKISON/FOR METRO CANADA

The Wokker Duckling (above) may just elicit squeals of delight (Set Dinner for One: $12.95).

Global Peasant blog online

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Check out metronews.ca/globalpeasant for a recipe of Biscotti with Lemon and Anise Seeds

Dining out

CHARITABLE DINING
On Tuesday, the 14th annual Eat to the Beat took place at Roy Thomson Hall. The culinary evening — with food from 60 female chefs — benefited Willow Breast Cancer Support Canada. For more information on the event, go to eattothebeat.ca

RIGHT HERE, RIGHT NOW
Now until Sunday, Oct. 8, Localicious takes over our city! Local and sustainable foods will be served at participating restaurants with partial proceeds being donated to WWF-Canada. For more information you can click on the WWF Canada site at wwf.ca

In brief

SOLD
Toronto's Jamie Kennedy sold his wine bar. Don't worry – it's to focus on his core catering business, Jamie Kennedy Kitchens.

DRINK UP
Vintages has a collection of premium/ ultra-premium wines and spirits available exclusively online. New products every 2 weeks. vintagesshoponline.com

Baby daddy buffing up

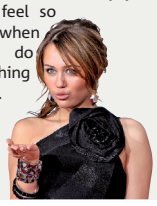
Levi Johnston is getting ready to bare all. "Team Levi is in the process of preparing for his Playgirl appearance," his lawyer Rex Butler tells usmagazine.com. "He is in the gym six days a week for the next three weeks." METRO NEWS SERVICES

Celebrity Buzz

Celebrity tweets

Jamie Kennedy has health concerns of his own, Miley Cyrus is doing great despite what you may have read, and Rivers Cuomo has a handy way to avoid disappointment.

• @jamiekennedy does anyone else feel like they have pig flu, mixed with sars??? • @mileycyrus I'm the happiest I've ever been & for that my family's SO grateful. So for LAME bloggers that don't know what they're talking about SHUT UP! • @riverscuomo It's good to be humble. That way you don't feel so bad when you do something stupid. METRO WORLD NEWS



Beyoncé speaks out on scandal

NO, NO, NO The other woman at the centre of the Kanye West Video Music Awards shout-out scandal is finally speaking out, people.com reports.

Beyoncé Knowles, whose loss to Taylor Swift in the Best Female Video category prompted West to storm the stage and steal the microphone from Swift at the Sept. 13 ceremony, says she understands the rapper's motivation.

"Well, I knew his intentions, and I knew he was standing up for art; and he told me before, when they said the nominees, he's like, 'You have this award,'" she told O: The Oprah Magazine editor-at-large Gayle King.

"When they didn't call my name he was, like, completely shocked," Knowles, 28, added. "And when he walked on the stage, I was like, 'No, no, no!' and then he spoke, and I was like, 'Oh, no, no, no!'"

When Beyoncé won Video of the Year later that evening, she called Swift back on stage to let the country star finish her speech.

"In the end, it ended up being a great night, and Taylor Swift did get her moment — and I didn't have to make an acceptance speech," Knowles said. METRO NEWS SERVICES

TomKat's style partnership works for missus

TOM'S FASHION SENSE Katie Holmes doesn't need to worry about the Fashion Police. She has husband Tom Cruise, usmagazine.com reports.

In the November issue of Elle, the actress, 30, says Cruise, 47, often critiques her clothes. "He usually likes everything, but sometimes I'll walk out and he'll say, 'I think that dress might be wearing you. You don't need that,'" she says. METRO NEWS SERVICES

Usher ushers out past with new album

MAKING LEMONADE When life hands you divorce ... turn it into a hit song?

That seems to be Usher's strategy with his still untitled new album, people.com reports.

He's taking an equally adversarial tone in his lilting first single, Papers, in which the R&B star sings that he's ready to move on.

The tune, which premiered online this week, references pivotal moments in Usher's personal life, including his decision to fire his mother as his manager.

The singer filed his divorce petition in June.

Usher's sixth album will be released on Dec. 8. METRO NEWS SERVICES

Trouble in paradise for Brangie?

TURNING TO AN EX Brad Pitt allegedly had a secret meeting with Jennifer Aniston in a hotel during a recent trip to New York during which he looked for advice about his reportedly floundering relationship with Angelina Jolie, according to Grazia magazine.

"Brad was unloading his emotional baggage on Jen, which isn't exactly fair considering their history," a source tells the magazine.

"She was quick to tell him she wanted no part in his breakup with Angelina." METRO NEWS SERVICES

Madonna 'broad' and 'retarded': Ex

ABOUT THE EX Guy Ritchie has mixed feelings about his ex-wife Madonna, usmagazine.com reports. "I still love her," he says in the November issue of Esquire. "But she's retarded, too."

Ritchie, 41, split from Madonna, 51, last December, but he still seems impressed by the pop icon.

"She's a manifester, if there ever was one," he says. "First-rate manifester. Madonna makes things happen. Put Madonna up against any 23-year-old, she'll outwork them, outdance them, outperform them. The woman is broad." METRO NEWS SERVICES

Kelly burns and not in a good way

OUCH Kelly Osbourne is furious at a British body spray brand that left her with burn marks all over her body, resulting in a quick wardrobe change for her latest appearance on Dancing with the Stars. METRO NEWS SERVICES

She'll always have Vegas

HO HUM Paris Hilton has grown tired of the L.A. party scene. "I work so much, I have to get up at 6 a.m. every day, so I don't really have time to be going to clubs like I used to," the heiress explains on her Twitter account.

But it's not just the she doesn't have the time. She admits when she does go out, what's become of the scene leaves her feeling cold. "I went out the other night and it was brutal — I didn't have fun. But Vegas is fun, we always have fun in Vegas." METRO NEWS SERVICES

Jonas affair to remember

THEY'RE A WILD BUNCH The Jonas Brothers may have a reputation for being a little vanilla, but before Kevin marries his fiancée Danielle Deleasa, his brothers are going to throw him a bachelor party to remember, people.com reports. METRO NEWS SERVICES

Be still his beating vampire heart

METEORIC RISE Robert Pattinson's life story is being made into a film, female-first.co.uk reports.

The 23-year-old British actor — who shot to worldwide fame playing vampire Edward Cullen in the Twilight franchise — will be the subject of Robsessed, a feature-length documentary following his rise to fame. METRO NEWS SERVICES

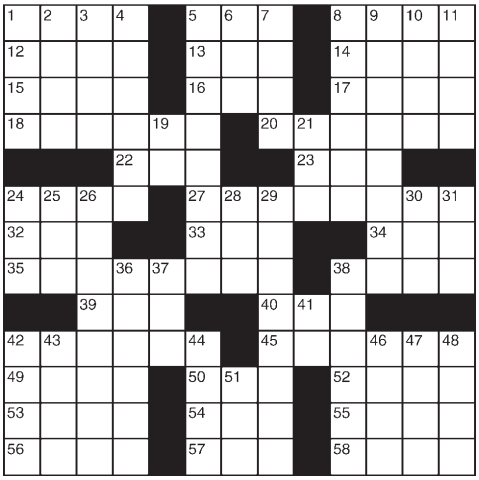
The Weather Network
TWN incorporates MSC data

Today Partly cloudy 18° / 9°
Friday Rain 80% 14° / 7°
Saturday Partly cloudy 12° / 4°

TAKE THE WEATHER WITH YOU
visit mobile.theweathernetwork.com

Take Five

For more delicious Metro recipes, visit: **metronews.ca/food**



ACROSS

1 Head light
5 Send out invitations
8 Lendl or Boesky
12 Warrior of legend
13 Prompt
14 Judicial garb
15 Secular
16 Gorilla
17 Many Louvre pieces
18 Quick mission
20 Jousting weapons
22 Wade opponent
23 Tall tale
24 Bankruptcy cause
27 Jewelry container, maybe
32 Past
33 End for mob or text
34 Sapporo sash
35 Positions for favorable viewing
38 Former mates
39 Total
40 Baltimore newspaper
42 Spur
45 Survivor setting, often
49 Laugh-a-minute
50 Smallest prime
52 Chilled
53 Farm fraction
54 Has the wherewithal
55 Antitoxins
56 Requirement
57 Time card abbr.
58 Helen's home

DOWN

1 Robust
2 Open somewhat
3 Den
4 Farm wagon of a sort
5 College life
6 Dine
7 Carina
8 Oddly funny
9 Larynx
10 Competent
11 Capone foe
19 "Just say —"
21 Foreman rival
24 Apply lightly
25 Swelled head
26 Sports-page summary
28 Last (Abbr.)
29 Meetings
30 U.K. award
31 Greek consonants
36 Fit
37 Ambulance worker (Abbr.)
38 Sign up
41 People competitor
42 Persia, now
43 Pleasant
44 Engrave, say
46 Maple genus
47 Infamous lyre player
48 Crucial time
51 Series of skirmishes

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	7		6		9			5
				4		9		7
				7		2	1	
	6						5	3
			1		4			
7	8						2	
	2	4		9				
5		7		8				
3			7		5		8	

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

6	9	2	3	1	5	7	4	8
3	7	8	4	2	9	6	1	5
1	5	4	8	7	6	2	9	3
4	2	7	5	8	1	9	3	6
8	1	9	7	6	3	5	2	4
5	3	6	9	4	2	8	7	1
9	6	3	1	5	7	4	8	2
7	4	5	2	3	8	1	6	9
2	8	1	6	9	4	3	5	7

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day

STEPHEN MACLEOD

Spicy Szechuan Pork or Chicken

Submitted by Kyle Longbotham, Summerland, B.C.

INGREDIENTS:

1 lb boneless pork loin (chicken would also work)
1 tbsp oil
1 bag store-bought broccoli or cole slaw, your choice
1 red pepper, julienne style
1/2 cup water
1/2 cup spicy Szechuan sauce (if you don't like it too spicy, only use 1/4 cup)
1 tbsp honey (more if you like it sweeter)
2 cups jasmine rice

METHOD:

1. Cook jasmine rice as the package directs.
2. Slice pork or chicken into strips.
3. Heat oil in heavy skillet or wok. Add broccoli or cole slaw and stir-fry 2-3 minutes until tender. Remove and set aside in a bowl.
4. Add meat to skillet or wok. Stir-fry over medium high heat until browned.
5. Add bell pepper and water. Cover and cook for 4 minutes until pork or chicken is tender.
6. Combine Szechuan sauce and honey. (If you don't like your food too spicy, add equal parts of Szechuan sauce and honey.)
7. Add the broccoli or cole slaw. Cook and stir for 2-3 minutes until hot.
8. Serve over jasmine rice.

SERVES 4
PREP TIME: 5 MINUTES
COOK TIME: 15 MINUTES

20 minute SUPPER CLUB

20 Minute Supper Club helps you get dinner ready in a snap at **20minute supperclub.com**. Visit 20minutesupperclub.com/metro to be entered to win a $50 President's Choice gift certificate!

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
There's no point blaming yourself for something you couldn't have known was going to happen. So accept that on this occasion you were taken by surprise.

TAURUS ♉
APRIL 21-MAY 21
Pace yourself carefully today because you could easily take on too much and do yourself harm. That applies to both your brain and your body.

GEMINI ♊
MAY 22-JUNE 21
Keep your thoughts to yourself today, especially if you are the kind of Gemini who tends to speak first and contemplate what you've said later, if at all.

CANCER ♋
JUNE 22-JULY 22
The planets warn if you try to do more than one thing at a time you will lose direction, and when you lose direction you lose power too.

LEO ♌
JULY 23-AUG 23
You could be lulled into a false sense of security about your money situation, making it easier for dishonest types to make a killing at your expense.

VIRGO ♍
AUG 24-SEPT 22
You may find it difficult to talk to others today but most likely it's only a temporary problem. On the weekend you'll be on the same wavelength again.

LIBRA ♎
SEPT 23-OCT 23
You don't mind working hard but you are under no obligation to work yourself into the ground for others. You've been taken in by sob stories.

SCORPIO ♏
OCT 24-NOV 22
You seem to be under the impression that time is running out and that a mistake you made is now set in stone. That's not true.

SAGITTARIUS ♐
NOV 23-DEC 21
Make sure others know what you're trying to tell them today, because if you get your wires crossed you'll get more than sparks!

CAPRICORN ♑
DEC 22-JAN 20
Listen to what friends say you should do to rectify a negative situation — then do the opposite. What other voices say is irrelevant.

AQUARIUS ♒
JAN 21-FEB 18
Be cautious when doing business with people you don't know on a personal level. The planets warn you cannot afford to take risks.

PISCES ♓
FEB 19-MARCH 20
Do you read the riot act to someone who's giving you a hard time for no good reason, or do you ignore them? The latter is the better course.

FLIGHT CENTRE Unbeatable

Las Vegas
Air + 3 Nights 4-Star
$275
Circus Circus
+ taxes & fees $241
Departs Nov 27/swg/wg.

1 877 923 2248 | flightcentre.ca

Conditions apply. Ex: Toronto. Package price is per person, based on double occupancy. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, GST and fuel supplements and are approximate and subject to change. swg/wg=sunwing. Head office address: 1 Dundas St W Suite 200, Toronto, ON. Call for retail locations. ONT. REG #4671384
TICO

TAKE A BREAK FROM WORK

Visit metronews.ca to watch
metrotube of the day

This day in history

1912: First Balkan War begins: Montenegro declares war against Turkey.
1967: Guerrilla leader Che Guevara and his men are captured in Bolivia.
1969: The opening rally of the Days of Rage occurs, organized by the Weather Underground in Chicago.
1982: Poland bans Solidarity and all trade unions.
2005: Martha Stewart begins her prison sentence after being convicted of securities fraud, obstruction of justice, and conspiracy in the ImClone stock trading case.

METRO NEWS SERVICES

Canadian Cancer Society

Lottery

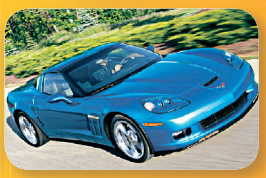
ONTARIO DIVISION

1 in 5† Odds of WINNING!

THE *Dream* STARTS HERE

NEW! 12 Incredible Grand Prizes

3 Mega Grand Prizes of $1 Million Cash
4 Cash and Car Grand Prize Packages
5 Grand Prizes of $100,000 Cash



Over 43,000 prizes worth over $9.4 Million and ALL PRIZES can be taken as CASH!

THANK YOU!
Your support funds life-saving cancer research.

Call today
1 888 990-9093
(416) 667-3259 Toronto Area

NEW *Order Tickets Online. Visit lottery.cancer.ca*

† Odds of winning are approximately 1 in 5. All inquiries, if any, on the "odds of winning" are to be made to the licensee prior to the purchase of ticket(s). Prizes may not be exactly as shown. There are only 235,000 tickets available. Tickets are $100 each or 3 for $250. The total value of all prizes is $9,402,247.24, inclusive of all taxes and freight. Tickets must be purchased in Ontario and all purchasers must be 18 years of age. For a complete listing of the prize pool, the rules and regulations and the draw details, see our full brochure or visit our website at lottery.cancer.ca. Lottery Licence Number 2035.

LAST CHANCE

HYUNDAI™ SMART ADVANTAGE

LOWER PRICES WITH ~~OR~~ 0% PURCHASE FINANCING◊

2009 ELANTRA "HIGHEST RANKED COMPACT CAR IN INITIAL QUALITY IN THE U.S."Ω

- J.D. POWER AND ASSOCIATES

Limited model shown

GL with Sport Package model shown

2009 ELANTRA L

LAST YEAR'S STARTING PRICE ~~$15,845~~

NOW FROM **$11,995**♦

WITH **0%** PURCHASE FINANCING FOR 36 MOS.◊

2009 ELANTRA TOURING L

STARTING FROM ~~$14,995~~

NOW FROM **$13,995**¥

WITH **0%** PURCHASE FINANCING FOR 36 MOS.◊

2009 TUCSON L

LAST YEAR'S STARTING PRICE ~~$21,185~~

NOW FROM **$17,995**♦

WITH **0%** PURCHASE FINANCING FOR 48 MOS.◊

Limited model shown

INTRODUCING THE 2010 SONATA GL

FEATURING **BEST-IN-CLASS FUEL ECONOMY**†

STARTING FROM ~~$22,499~~

NOW FROM **$18,999**¥

WITH **0%** PURCHASE FINANCING FOR 48 MOS.◊

Limited model shown

2009 SANTA FE 2.7L GL

LAST YEAR'S STARTING PRICE ~~$25,995~~

NOW FROM **$21,995**♦

WITH **0%** PURCHASE FINANCING FOR 48 MOS.◊

Limited model shown

HYUNDAI CLEANAIR™ COMMITMENT

PLUS GET UP TO $1,000‡ IN ADDITIONAL SAVINGS

OFF OUR ALREADY LOW PRICES AND FINANCING WHEN YOU TURN IN YOUR 1995 MODEL YEAR OR OLDER VEHICLE. THAT'S ON TOP OF THE $300 AVAILABLE FOR ELIGIBLE PARTICIPANTS OF CANADA'S RETIRE YOUR RIDE PROGRAM.

Retire Your Ride
Canada's Vehicle Recycling Program

cleanair FOUNDATION

Visit **www.hyundaicanada.com** for more Clean Air Commitment information or to locate your local Hyundai dealer.

5 YEAR
100,000 KM
WARRANTY
COMPREHENSIVE LIMITED WARRANTY††

HYUNDAI™

GRADUATE REBATE PROGRAM

"The Hyundai names, logos, product names, feature names, images and slogans are trade marks owned by Hyundai Auto Canada Corp., and used under licence. ♦Last year's starting price is the lease/finance starting price as of December 2008 for a 2009 Elantra L/2009 Tucson L/2009 Santa Fe 2.7L GL. Prices for models shown: 2009 Elantra Limited of $20,295/2009 Tucson Limited of $27,495/2009 Santa Fe Limited of $32,445. ¥Prices calculated after deducting price adjustments off the lease/finance starting prices. Price adjustments of $1,000/$3,500 available on a 2009 Elantra Touring L 5-speed/2010 Sonata GL 5-speed. Prices for models shown (after deducting price adjustments): 2009 Elantra Touring GL with Sport Package is $20,195/2010 Sonata Limited model shown is $30,499. ♦♦Delivery and Destination charges of $1,495 for 2009 Elantra/$1,495 for 2009 Elantra Touring/$1,765 for 2009 Tucson/$1,765 for 2009 Santa Fe/$1,565 for 2010 Sonata. Registration, insurance, license fees and all applicable taxes are excluded. Delivery and destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. ◊Purchase financing available O.A.C. from Hyundai Financial Services on 2009 Elantra/2009 Elantra Touring/2009 Tucson/2009 Santa Fe/2010 Sonata models with a finance rate of 0% for 36 months (2009 Elantra/2009 Elantra Touring) or 48 months (2009 Tucson/2009 Santa Fe/2010 Sonata). Monthly payment is $27.78 per $1,000 financed. Down payment may be required. Not all buyers will qualify. Offer may be changed or withdrawn at any time without notice. See dealer for complete details. Dealer may sell for less. Inventory is limited, dealer order may be required. ΩThe Hyundai Elantra received the lowest number of problems per 100 vehicles among compact cars in the proprietary J.D. Power and Associates 2009 U.S. Initial Quality Study℠. Study based on responses from 80,930 U.S. new-vehicle owners, measuring 245 models and measures owners after 90 days of ownership. Proprietary study results are based on experiences and perceptions of owners surveyed in February-May 2009. Your experiences may vary. Visit jdpower.com. †Fuel economy comparison based on combined fuel consumption rating for the 2010 Sonata GL auto (8.0ZL/100km) and 2009 EnerGuide combined fuel consumption ratings for the full size vehicle class. Fuel Consumption for 2010 Sonata GL automatic (HWY 6.2L/100km, 46 mpg; CITY 9.5L/100km, 30 mpg) is based on manufacturer testing. Actual fuel consumption may vary based on driving conditions and the condition of certain vehicle accessories. ‡You may qualify for an additional incentive ($300 in B.C.) if you turn in your 1995 model year and older vehicle and participate in the national Retire Your Ride program, funded by the Government of Canada. To qualify, your vehicle must be 1995 model year or older, in running condition and fully registered and insured in the participants province for the last 6 consecutive months (12 months in B.C.). Upon confirmation of eligibility for the Retire Your Ride program, Hyundai Auto Canada will provide an additional $300 Cash that must be applied to the purchase of a new Hyundai vehicle in the amount of $500 - 2009 Accent / $500 - 2009 Elantra sedan / $500 - 2009 Elantra Touring / $500 - 2009 Sonata / $1,000 - 2009 Tucson / $1,000 - 2009 Santa Fe / $1,000 - 2010 Sonata. Cash has no cash value. Limit one per customer. Offer may be changed or withdrawn at any time without notice. See dealer for complete details. Dealer may sell for less. Inventory is limited, dealer order may be required. Not all buyers will qualify. Offer may be changed or withdrawn at any time without notice. See dealer for complete details. ΔSee your dealer for eligible vehicles and full details of the Graduate Rebate Program. †Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions for any trade-in value for your old vehicle. For more information about the Retire Your Ride Program visit www.retireyourride.ca. Some conditions apply, see dealer for details.